

Peer support: What is it and does it work?



Summarising evidence from more than 1000 studies

Key themes

What is peer support?

People, families and communities can play a key role in managing their own health and wellbeing. Peer support involves people sharing knowledge, experience or practical help with each other. Many voluntary and community groups encourage peer support. Health and social care commissioners are beginning to recognise the potential benefits.

We compiled information from more than 1000 studies to help organisations and commissioners make decisions about investing in peer support. We found that peer support can take many forms, such as informal telephone calls, group get-togethers, online forums or structured training offered by paid peers in partnership with professionals. Peer support can be classified in terms of:

- **who** is involved (such as people with specific health conditions or from certain age or ethnic groups),
- **what** type of support is offered (such as education, coaching or informal discussions),
- **how** it is provided (such as in person, online or by telephone),
- **where** it is provided (such as in hospital, primary care clinics, schools, community venues or people's homes)
- and **when** peer support is offered (such as one hour every week or month).

Does peer support work?

There is evidence that peer support can help people feel more knowledgeable, confident and happy and less isolated and alone.

Peer support may also encourage people to take more care of their health which, in the longer term, could lead to better health outcomes such as improved blood pressure or blood sugar control or less anxiety. However, evidence about these sorts of benefits, as well as the cost-effectiveness of peer support, is mixed.

Different types of peer support may have varying benefits (see Table 1). The most promising types of peer support appear to be:

- face-to-face groups run by trained peers which focus on emotional support, sharing experiences, practical activities and education
- one-to-one support offered face-to-face or by telephone
- online forums, particularly for improving knowledge and anxiety
- support offered regularly (such as weekly) for three to six months

There is much left to learn about why some types of peer support are more effective than others and what may encourage people to take part. Peer support requires organisation and may have costs. Little research has explored cost-effectiveness and this gap needs to be filled to help make good decisions about commissioning and sustaining peer support.

Table 1: Key findings about the impact of different types of peer support

Components of peer support	Improves experience	Improves health behaviour and outcomes	Improves service use and costs
Who receives support	<ul style="list-style-type: none"> • people with long-term health issues • people with mental health issues • carers • people from certain age and ethnic groups and those with specific experiences • parents • at risk groups 	<ul style="list-style-type: none"> • people with long-term health issues • at risk groups 	<ul style="list-style-type: none"> • people with long-term health issues • people with mental health issues
Who facilitates support	<ul style="list-style-type: none"> • untrained peers • trained peers • paid peers • lay people • peers with professionals • professionals 	<ul style="list-style-type: none"> • trained peers • lay people • peers with professionals • professionals 	<ul style="list-style-type: none"> • lay people
How support is delivered	<ul style="list-style-type: none"> • one-to-one • small groups • larger groups • face-to-face • telephone • internet 	<ul style="list-style-type: none"> • one-to-one • larger groups • face-to-face • telephone 	<ul style="list-style-type: none"> • face-to-face
What support is provided	<ul style="list-style-type: none"> • education • emotional support • social support • discussion • befriending • activity-based • peer-delivered services 	<ul style="list-style-type: none"> • education • physical support • discussion • activity-based • peer-delivered services 	<p><i>(blank cells show there is insufficient research to draw conclusions)</i></p>
Where support is provided	<ul style="list-style-type: none"> • own home • hospital • other services 	<ul style="list-style-type: none"> • own home • hospital • other services 	
When support is provided	<ul style="list-style-type: none"> • one-off • up to six months 	<ul style="list-style-type: none"> • weekly • up to six months 	

What is peer support?

What is peer support?

There is increasing recognition of the role that individuals, families and communities can play in managing their wellbeing.¹ Peer support may be one component of this.² Peer support involves people drawing on shared personal experience to provide knowledge, social interaction, emotional assistance or practical help to each other, often in a way that is mutually beneficial.³ Peer support is different from other types of support because the source of support is a similar person with relevant experience.^{4,5} An example is people with specific health conditions meeting to share experiences and talk about what works for them. Such support may help people to manage their physical and mental health conditions more successfully and to cope with symptoms or flare-ups.^{6,7,8}

There are many different types of peer support in the UK and other parts of the world.^{9,10,11,12,13,14,15,16} In line with a policy focus on person-centred care, commissioners are beginning to consider the added value of peer support. Voluntary and community groups and commissioners of statutory services need accessible and accurate information to help guide decisions about whether peer support works and which types of peer support are most useful. We reviewed research evidence to build on what is already known. The review examined:

- What types of peer support have been tested?
- Does peer support work?
- What do we need to learn more about?

Why is this important?

Peer support is of interest to UK policy makers, statutory services and the voluntary and community sector.^{17,18} For example, NHS England's *Five Year Forward View* refers to peer support as one of the 'slow burn, high impact' interventions that should be seen as 'essential' to the future of the NHS.¹⁹ However, in policy and commissioning circles there may be limited understanding of the different forms peer support can take or the infrastructure and training needed.²⁰ There is a need to summarise what is already known in order to build on good practice.

National Voices argues in its *Person Centred Care 2020* position statement that peer support should be made widely available for all individuals and groups who could benefit from it.²¹ Much peer support is provided by the voluntary and community sector, including the national charities who are members of National Voices. Members have suggested that it is important to highlight the value of peer support and generate conversations about how to commission it. Therefore National Voices worked in partnership with the innovation charity Nesta, which has a programme exploring how to 'scale up' successful peer support, to commission a review of research evidence.

Identifying evidence

The review was undertaken by an independent organisation, The Evidence Centre. The review process followed best practice for identifying and summarising trends in research. Two reviewers searched ten bibliographic databases independently to identify studies published between January 2000 and January 2015. Research of any type was eligible, as long as it was published in English and focused on peer support in OECD countries (to allow some comparability with the UK). Research with people with long-term physical or mental health conditions or their carers was prioritised but other studies were included to illustrate how widely peer support has been used.

More than 20,000 studies were screened and 1,023 studies were identified for inclusion. In total, 524 of these studies examined the outcomes of peer support and the others described processes. The studies came from the UK (23%), Europe (27%), North America (41%) and many other parts of the world (9%). There were 27 reviews compiling findings from multiple studies and 147 randomised trials (which are thought to provide high quality evidence). The rest were lower quality non-experimental studies.

We used all 1,023 studies to develop a simple 'typology' showing the variety of initiatives that are labelled 'peer support.' We then looked at the results of the 524 outcome studies to identify which types of peer support were associated with improvements in people's experience (including knowledge and satisfaction), health behaviour and outcomes and service use and costs.

We used systematic processes to identify and analyse the material, but the review is not exhaustive. It aims to show trends in the research evidence and spark discussion rather than providing definitive answers about the most effective peer support or the findings of every study.

Types of peer support

Using 1,023 articles to classify the types of peer support available, we found that peer support differs in terms of:

Who is involved?

- Target group
- Who set up the support
- Who provides support
- Training and payment of facilitators

What type of support is provided?

- Support activities
- Support type

Why is support provided?

- Rationale

How is support provided?

- Mode of delivery
- Number of people involved

Where is support provided?

- Location

When is support provided?

- Duration
- Frequency

Table 2 provides a more detailed breakdown of these categories. This is not an exhaustive list, but seeks to demonstrate the variety of types of peer support that have been researched. Other types may also be available, but not widely written about.

Table 2: Typology of peer support components

Factor	Components	Examples of types
WHO		
Who is involved?	Target group	<ul style="list-style-type: none"> • People at risk (eg smoking, alcohol, poor diet) • People with long-term physical conditions • People with mental health conditions • Carers of people with physical or mental health conditions • Parents, including breastfeeding mothers • Children and young people • Students • Older people • Employees • Groups with specific experiences (eg veterans, sex workers) • Health and care professionals
Who provides support?	Set up by	<ul style="list-style-type: none"> • Professional group such as statutory services • Voluntary or community group • Peers themselves
	Facilitators	<ul style="list-style-type: none"> • Peers alone • Peers working with professionals • Professionals facilitating peer group • Lay-people (but not necessarily 'peers')
	Training	<ul style="list-style-type: none"> • Peers are trained • Peers are not trained
	Payment	<ul style="list-style-type: none"> • Peers are paid • Peers are volunteers

Component	Sub-components	Examples of types
WHAT		
What type of support is provided?	Support activities	<ul style="list-style-type: none"> • Discussion • Listening • Tutoring / mentoring • Coaching / motivational interviewing • Mediation • Navigation • Befriending • Activity-based (eg exercise) • Peer-delivered services (such as smoking cessation counselling)
	Support type	<ul style="list-style-type: none"> • Information / education provision • Emotional support • Social support • Physical support (such as help exercising) • Medication / clinical support • Practical support
WHY		
Why is support provided?	Purpose	<ul style="list-style-type: none"> • Specifically set up to provide peer support • Set up for other purposes (eg education, clinical appointments), with peer support occurring ad hoc
HOW		
How is support provided?	Mode of delivery	<ul style="list-style-type: none"> • Face-to-face • Telephone • Mobile phone • Social media (eg Facebook, Twitter, YouTube) • Other internet (eg email, websites, online forums)
	Number of people involved	<ul style="list-style-type: none"> • One-to-one • Small group (less than 10 people) • Larger group

Component	Sub-components	Examples of types
WHERE		
<i>Where is support provided?</i>	Location	<ul style="list-style-type: none"> • People's own home • Community venue • Hospital • Other health / social services (eg primary care) or institution such as schools
WHEN		
<i>How often is support provided?</i>	Duration	<ul style="list-style-type: none"> • One-off • Up to one month • Up to three months • Up to six months • Up to one year • Longer than one year
	Frequency	<ul style="list-style-type: none"> • Constantly available • Weekly • Fortnightly • Monthly • Less than once monthly • Ad hoc

Does peer support work?

This section examines the effect of various types of peer support on people's experience, behaviour and health outcomes and health service use. The impacts for peer supporters are also noted. The findings are based on 524 studies explicitly exploring the impact of peer support.

Table three summarises the overall trends. Green cells in the table indicate that many studies suggest benefits in a particular area, amber shows a moderate amount of evidence or mixed evidence and red suggests little published evidence of benefit. However, it is important to note that little published evidence does not necessarily mean that something is not effective, just that limited research is available.

In broad terms, this tells us that peer support has been found to:

- have the potential to improve experience, psycho-social outcomes, behaviour, health outcomes and service use among people with **long-term physical and mental health conditions**;
- potentially improve experience and emotional aspects for **carers**, people from certain age and ethnic groups and those at risk, though the impact on health outcomes and service use is unclear for these groups;
- be most effective for improving health outcomes when facilitated by **trained peers**, lay people (not necessarily peers) or professionals;
- be most effective for improving health outcomes when delivered **one-to-one or in groups** of more than ten people;
- work well when delivered **face-to-face, by telephone or online**;
- be most effective for improving health outcomes when it is based around specific activities (such as exercise or choirs) and focus on **education, social support and physical support**;
- work well in a **range of venues**, including people's own homes, community venues, hospitals and health services in the community.

Table 3: Summary of evidence about the benefits of different types of peer support

Components of peer support	Improves experience and emotions	Improves behaviour and health outcomes	Improves service use and costs
WHO receives support			
People with long-term health issues	Green	Green	Green
People with mental health issues	Green	Green	Green
Carers	Green	Red	Red
People from certain age, ethnic or experience groups	Green	Orange	Red
Parents	Red	Orange	Red
At risk groups	Green	Green	Red
WHO facilitates support			
Untrained peers	Green	Red	Red
Trained peers	Green	Green	Red
Paid peers	Green	Red	Red
Lay people	Green	Green	Green
Peers with professionals	Green	Green	Red
Professionals	Green	Green	Red
WHAT support is provided			
Education	Green	Green	Orange
Emotional support	Green	Orange	Red
Social support	Green	Green	Red
Physical support	Red	Green	Red
Medication / clinical support	Red	Red	Red
Practical support	Red	Red	Red
Discussion	Green	Orange	Red
Listening	Red	Red	Red
Mentoring	Orange	Red	Red
Coaching	Red	Red	Red
Navigation	Red	Red	Red
Befriending	Green	Red	Red
Activity-based	Green	Green	Red
Peer-delivered services	Green	Green	Red

Components of peer support	Improves experience	Improves health behaviour and outcomes	Improves service use and costs
HOW support is delivered			
One-to-one	Green	Green	Amber
Small groups	Green	Amber	Amber
Larger groups	Green	Green	Amber
Face-to-face	Green	Amber	Green
Telephone	Green	Amber	Amber
Internet	Green	Amber	Amber
WHERE support is provided			
Own home	Green	Green	Amber
Community venue	Green	Green	Amber
Hospital	Green	Amber	Amber
Other services	Green	Green	Amber
WHEN support is provided			
One-off	Green	Amber	Amber
Up to one month	Amber	Amber	Amber
Up to six months	Green	Amber	Amber
Up to one year	Amber	Amber	Amber
Longer than one year	Amber	Amber	Amber
Constantly available	Amber	Amber	Amber
Weekly	Amber	Amber	Amber
Fortnightly	Amber	Amber	Amber
Monthly	Amber	Amber	Amber
Less than once monthly	Amber	Amber	Amber
Ad hoc	Amber	Amber	Amber

Note: green indicates that many studies suggest benefits, amber shows a moderate amount of evidence or mixed evidence and red suggests little published evidence of benefit. If there is little published evidence this does not necessarily mean that something is not effective, just that there is limited research available.

Who

There are many different types of peer support so we have broken down the impacts according to the people involved in peer support (who), the type of support provided (what), the method of delivery (how) and the timing and duration (when). However it is important to note that **there has been little research comparing one type of peer support to another**. This means that the results focus on the impacts of a specific type of peer support, rather than whether this is better or worse than alternatives.

Below we present tables signposting to specific studies that have found benefits or no benefits from different types of peer support. This gives a sense of where there is a lot or a little published research about a topic as well as highlighting interesting studies to explore if readers want to find out more.

Who receives support

Whilst peer support involves 'peers' (or similar people), the exact type of people involved varies widely. Some peer support focuses on people who are at risk of developing specific conditions or who may be seeking to reduce or prevent unhealthy behaviours.²² An example is support groups for people who wish to stop smoking or want to do more physical activity. Other peer support may target people with particular physical^{23,24,25,26,27,28,29} or mental health conditions^{30,31,32,33,34,35,36,37,38,39,40,41,42,43,44,45,46} or their carers or family members.^{47,48,49,50,51} Groups with shared experiences^{52,53,54,55} such as armed forces veterans,^{56,57} parents (including breastfeeding mothers),^{58,59,60,61,62,63,64,65,66,67,68,69,70,71,72,73} children and young people,^{74,75,76,77,78,79} students,^{80,81} older people⁸² or employees of a particular company⁸³ may also be involved in peer support. Peer support activities have also been tested for health and social care professionals, though these are not the focus of this review.^{84,85,86,87,88,89,90,91,92,93}

Table 4 illustrates studies that have explored the impacts of peer support for various target groups. It shows that a number of studies have found that **peer support can improve experience, health outcomes and health service use amongst people with long-term physical conditions and mental health issues**. However, it is also important to note that a number of studies have not found benefits for these groups. The impact on service use and costs is particularly mixed, with some studies finding benefits and others not.

For carers, research has found improved psychological or emotional wellbeing, but few studies have explored whether this impacts on carers' long-term health or ability to continue caring behaviours.

Table 4: Studies about peer support for various target groups

Target	Experience and emotions		Behaviour and health outcomes		Impact on peer supporters		Health costs and service use	
	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits
People at risk / prevention	94,95,96,97,98,99,100		101,102,103,104,105,106,107,108,109,110,111,112,113,114,115,116,117,118,119,120	121,122,123,124,125	126		127,128	129,130
Long-term physical conditions	131,132,133,134,135,136,137,138,139,140,141,142,143,144,145,146,147,148,149,150,151,152,153,154,155,156,157,158,159,160,161,162,163,164,165,166	167,168,169,170,171	172,173,174,175,176,177,178,179,180,181,182,183,184,185,186,187,188	189,190,191,192,193,194,195,196,197,198,199	200,201,202,203,204,205,206,207	208	209,210,211,212,213,214	215,216,217,218
Mental health	219,220,221,222,223,224,225,226,227,228,229,230	231	232,233,234,235,236,237	238,239,240,241	242,243,244,245,246,247,248	249	250,251,252,253,254,255,256	257,258,259,260
Carers and family members	261,262,263,264,265,266,267,268,269	270	271	272				
Parents	273,274,275,276,277,278,279,280,281,282,283		284,285,286,287,288,289	290,291,292,293,294,295,296,297,298,299,300	301,302,303,304,305			306
Children, young people and students	307,308,309,310,311,312,313,314,315,316	317,318	319,320	321,322,323,324	325,326,327			
Older people	328,329		330,331				332	
Employees			333				334	
Specific experiences	335,336,337,338,339,340,341,342,343,344		345,346		347,348,349		350	

Note: For all of the tables, the citations show studies that have found benefits or no benefits from specific types of peer support. Usually the studies did not compare types of peer support. The citations give an indication of the number of studies available and where the gaps are. The list is not exhaustive.

Who facilitates support

There is variation in who provides support. The people providing support may include peers or laypeople alone,^{351,352,353} peers working with professionals^{354,355,356,357} or professionals facilitating a group of peers.

Most studies involve training peers to facilitate support.^{358,359,360,361,362,363,364,365,366,367,368,369} People providing each other with more ad hoc or informal support are not usually trained,³⁷⁰ though there are exceptions, such as training people in football teams or barber shops to offer ad hoc health promotion information.³⁷¹

Whilst the terms 'peer' and 'lay person' are sometimes used interchangeably, at other times these have specific meanings.^{372,373,374,375} 'Peer' generally refers to someone with similar characteristics and often refers to unpaid support. In contrast, in research a 'lay person' tends to be someone who is not a professional, but they may not always have similar characteristics or conditions to the people they are supporting.^{376,377,378,379,380,381,382,383,384,385} Often studies of 'lay person support' involve paid activities^{386,387,388,389,390,391,392} and the support may be more likely to be practical, educational and clinical (versus emotional / social with peer support).^{393,394,395,396,397,398} Many lay health worker initiatives focus on specific population groups such as people with low incomes or those from minority ethnic groups³⁹⁹ and aim to improve the uptake of activities such as cancer screening, smoking cessation, diet and exercise, safer sex or breastfeeding.^{400,401,402,403}

Peer support is often unpaid, with a focus on an 'equal' relationship between peers, but there are also examples of paid peer support roles.^{404,405,406,407,408,409,410,411,412,413,414}

Research suggests that **peer support facilitated by a variety of people can improve people's experience, behaviours and health outcomes** (see Table 5). Most studies do not compare peers alone versus professionals or joint peer and professional-led peer support. Those that do have found that peers are usually just as effective as professionals, particularly when the focus is on emotional or social support.

There is not enough evidence to draw conclusions about whether peers in paid roles are more effective than volunteers.

Most studies that have explored the impact of peer support on the peer supporters themselves have found benefits including increased knowledge and confidence, and in some cases improved health outcomes.

Some peer support initiatives are set up by peers themselves. Others are set up by voluntary or community groups or by professional or statutory groups, such as health or social care services.⁴¹⁵ Whilst the voluntary and community sector is heavily involved in peer support, most of the published research about peer support focuses on activities set up by statutory health or social care services (see Table 6). From the evidence available, it is not possible to draw conclusions about whether peer support set up by peers themselves, community groups or professionals are more or less effective than one another.

Table 5: Studies about peer support delivered by various facilitators

Facilitators	Experience and emotions		Behaviour and health outcomes		Impact on peer supporters		Health costs and service use	
	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits
Peers alone, untrained and unpaid	416,417,418,419,420,421	422	423,424,425	426,427	428			
Peers alone, trained	429,430,431,432,433,434,435,436,437,438,439,440		441,442,443,444,445,446,447,448	449,450,451,452,453,454,455,456	457,458,459		460,461	462,463
Peers alone, paid jobs	464,465,466,467,468		469		470,471,472	473	474	475
Lay people	476,477,478,479,480,481		482,483,484,485,486,487,488,489,490,491,492,493,494,495,496,497,498,499	500,501,502,503,504,505	506,507		508,509,510,511,512	513,514
Peers and professionals	515,516,517,518	519	520,521,522,523,524	525,526			527	
Professionals	528,529,530,531		532,533,534,535					

Table 6: Studies about peer support set up by various parties

Set up by	Experience and emotions		Behaviour and health outcomes		Impact on peer supporters		Health costs and service use	
	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits
Peers	536							
Professional or statutory group	537,538,539,540,541,542,543,544,545,546,547		548,549,550,551,552,553,554,555,556	557,558	559,560,561		562,563,564	565
Voluntary or community group	566		567,568		569			

What

A wide range of activities are offered under the remit of peer support. These may include listening to what people say, discussing ideas, mentoring,⁵⁷⁰ coaching,⁵⁷¹ befriending⁵⁷² or signposting or navigating towards specific services.^{573,574,575} Support focused around activities, such as exercise groups or book clubs, is common.⁵⁷⁶ Another type of peer support involves services delivered by (paid) peers such as dietary advice or education about how to manage health conditions.^{577,578}

Table 7 shows that **there is research about the benefits of activities such as discussions, activity-based support (such as choirs) and peer-delivered services.** These types of peer support have been found to improve both experience and health outcomes. Research about the benefits of navigation, coaching and mentoring is more sparse. Some types of peer support, such as befriending, have been found to improve experience and emotional outcomes, but little is known about whether this translates into improved physical health or reduced use of health services.

Just as the activities provided vary in peer support initiatives, so too do the exact types of support available. Peer support may involve information provision, emotional support, social support, physical support, support about clinical or medication issues⁵⁷⁹ and practical support, such as inserting stair rails or helping with gardening.

Table 8 shows that **there is most research evidence about the benefits of education, emotional support and social support.** These may all improve experience and emotional outcomes. There is some evidence for impacts on health behaviours and health status too. Physical support, such as helping people with exercise, has been found to improve people's physical wellbeing.

Another way to differentiate peer support is in terms of the reason it is provided. Some activities are specifically set up to provide peer support, such as regular group get-togethers. Other activities are set up for other purposes, such as education sessions or group clinical appointments, and peer support happens in an ad hoc manner.^{580,581,582,583,584,585,586,587,588,589,590,591,592,593} There is little evidence directly comparing these types of peer support so it is not possible to say whether organised and managed peer support is any more effective than more ad hoc support.

Table 7: Studies about peer support activities

Mode	Experience and emotions		Behaviour and health outcomes		Impact on peer supporters		Health costs and service use	
	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits
Discussion	594,595,596,597,598, 599,600,601,602,603, 604	605,606	607,608,609,610,611	612,613,614,615,616	617		618	
Listening							619	
Mentoring	620,621,622		623,624		625,626		627	
Coaching	628,629		630,631	632				
Navigation								
Befriending	633,634,635,636,637		638		639			
Activity-based eg exercise, choirs	640,641,642,643,644	645	646,647,648,649,650,651, 652					
Peer-delivered services	653,654,655,656,657, 658,659,660		661,662,663,664,665	666			667	

Table 8: Studies about different types of peer support

Type	Experience and emotions		Behaviour and health outcomes		Impact on peer supporters		Health costs and service use	
	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits
Information / education	668,669,670,671,672, 673,674,675,676,677, 678,679,680		681,682,683,684,685, 686,687,688,689	690,691,692,693,694	695		696,697,698	
Emotional support	699,700,701,702,703	704,705,706	707,708,709		710,711		712	
Social support	713,714,715,716		717	718				
Physical support		719	720,721,722,723,724					
Medication / clinical support			725				726	
Practical support	727							

How

Another way to classify peer support relates to how it is delivered.⁷²⁸ Options include face-to-face sessions,^{729,730,731,732,733,734} support through landlines or mobile phones,^{735,736,737,738,739,740,741,742} email, and social media,^{743,744,745,746} websites and other online forums.^{747,748,749,750,751,752,753,754,755,756,757,758,759,760,761,762,763,764,765,766,767,768,769} Novel approaches such as video phones have also been tested.⁷⁷⁰

Table 9 shows that **face-to-face, telephone and internet approaches have all been found to be useful ways of encouraging peer support**, particularly in terms of improving experience and emotional wellbeing. The impacts of various delivery methods on health outcomes are less clear, with some studies suggesting benefits and others not. Higher quality studies such as systematic reviews and randomised trials were just as likely as lower quality studies to have mixed findings.

It is not possible to suggest that one mode of delivery is any more effective than others. Most studies do not directly compare face-to-face versus telephone versus internet approaches, and those that do have inconclusive findings. An increasing number of initiatives are *combining* in-person, telephone and / or online approaches, with good effect.

The number of people involved in peer support activities can range from one-to-one individualised support,^{771,772,773,774} small groups (fewer than ten people)⁷⁷⁵ or larger groups. Some studies have tested building volunteer support teams around an individual with a long-term condition.^{776,777}

Table 10 illustrates that **many studies have found benefits from one-to-one, small group and larger group approaches**. It is not possible to say whether one of these approaches is more effective than others. All approaches have been found to improve experience and emotional wellbeing. The impact on physical health outcomes and health behaviours is more mixed.

There is limited evidence about whether individual or group approaches are likely to reduce health service use or costs.

Table 9: Studies about different methods of delivering peer support

Delivery	Experience and emotions		Behaviour and health outcomes		Impact on peer supporters		Health costs and service use	
	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits
Face-to-face	778,779,780,781,782,783, 784,785,786,787,788,789, 790,791,792,793,794,795, 796,797	798	799,800,801,802,803, 804,805,806,807,808, 809,810,811,812,813, 814,815,816	817,818,819,820,821,822	823,824		825,826,827,828,829, 830	
Telephone	831,832,833,834,835,836, 837		838,839,840,841,842, 843,844,845,846,847	848,849,850,851,852	853		854	855
Mobile app				856				
Social media	857,858			859				
Other internet, email and technology	860,861,862,863,864,865, 866,867,868,869,870,871, 872,873,874,875,876,877, 878,879	880,881,882,883	884,885,886	887,888,889,890,891, 892,893				

Table 10: Studies about peer support for small and larger groups

Number	Experience and emotions		Behaviour and health outcomes		Impact on peer supporters		Health costs and service use	
	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits
One-to one	894,895,896,897,898,899, 900,901,902,903,904,905, 906,907,908,909,910,911, 912		913,914,915,916,917,918, 919,920,921,922,923	924,925,926,927,928	929,930,931,932		933,934,935	936,937
Small group (<10)	938,939,940,941,942,943, 944,945,946,947,948		949,950,951	952			953	954
Larger group	955,956,957,958,959,960, 961,962,963,964,965	966,967	968,969,970,971,972,973, 974,975,976,977,978,979	980,981,982,983,984, 985	986		987,988,989	

Where

Peer support can be provided in people’s own homes,⁹⁹⁰ in community venues⁹⁹¹ such as churches^{992,993,994,995} or community centres, in hospital environments^{996,997,998} or on the premises of other health or social services, such as in primary care clinics.^{999,1000,1001} Novel approaches such as peer-led camps for children with long-term conditions¹⁰⁰² and houses set up to support people with alcohol and substance misuse issues have also been tested.¹⁰⁰³

Table 11 demonstrates that there is evidence that **peer support provided in a variety of venues can improve experience and health outcomes**. Peer support visits or internet or telephone support in people’s own homes have been found to improve emotional and physical wellbeing. Peer support offered in hospital is more likely to have been associated with improved experience, whereas peer support offered in other health or social care environments has been found to impact positively on both experience and health outcomes. There is evidence that peer support initiatives provided in community venues such as churches or community centres can improve health outcomes.

There is no evidence to suggest that one venue is any more effective than others. Nor is there evidence about whether specific venues are more or less likely to be cost-effective.

Table 11: Studies about peer support in various locations

Mode	Experience and emotions		Behaviour and health outcomes		Impact on peer supporters		Health costs and service use	
	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits
Own home	1004,1005,1006,1007		1008,1009,1010,1011	1012			1013	
Community venue	1014,1015		1016,1017,1018,1019,1020		1021,1022		1023	
Hospital	1024,1025,1026,1027,1028 1029,1030,1031,1032,1033		1034		1035			
Other health, social services or institutional setting	1036,1037,1038,1039,1040		1041,1042,1043,1044,1045, 1046	1047,1048			1049	1050

When

Peer support differs in terms of its duration and frequency. Some peer support activities occur only once or twice. Others continue for many months or years. Some peer support is constantly available, such as through website forums, whereas other types are ad hoc or occur at regular intervals such as weekly or monthly.¹⁰⁵¹

The most commonly researched peer support initiatives last around six to twelve weeks. Table 12 illustrates that one-off support and **support lasting for up to six months has been found to be useful**. There is little research about peer support services that extend for longer periods. This is not to suggest that ongoing initiatives are not available or worthwhile, just that their impacts are not commonly written about.

Table 13 shows that the most commonly researched peer support occurs weekly. Whilst some studies have found weekly support, whether by telephone, internet or in-person, to be associated with improved health outcomes, other studies have not found this to be the case.

There is limited evidence about whether the duration or frequency of peer support influences health service use or costs.

Table 12: Studies about peer support of various durations

Duration	Experience and emotions		Behaviour and health outcomes		Impact on peer supporters		Health costs and service use	
	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits
One-off	1052,1053,1054,1055							
Up to one month	1056		1057					
Up to six months	1058,1059,1060,1061,1062	1063	1064,1065,1066,1067,1068,1069,1070,1071,1072,1073,1074,1075,1076,1077,1078	1079,1080,1081,1082,1083,1084,1085,1086	1087			
Up to one year	1088			1089,1090			1091	
Longer than one year								

Table 13: Studies about peer support of varying frequency

Frequency	Experience and emotions		Behaviour and health outcomes		Impact on peer supporters		Health costs and service use	
	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits	Benefits	No benefits
Constantly available	1092	1093					1094	
Weekly	1095,1096	1097	1098,1099,1100,1101,1102,1103,1104,1105,1106	1107,1108,1109,1110	1111			1112
Fortnightly				1113				
Monthly	1114		1115	1116				
Less than once monthly								
Ad hoc	1117,1118,1119		1120,1121					

Where to from here?

What else do we need to know?

The review suggests that a great deal of work has been done to explore the potential for peer support, but there are some issues to consider.

Firstly, although a large quantity of research is available, it is not always of good quality. Systematic reviews and randomised controlled trials are often thought to provide the most robust evidence about whether activities are effective. Only 17% of the studies identified were reviews and randomised trials, and these tended to have less favourable findings than other studies.

Secondly, even where good quality evidence was available, it often did not include details about exactly how peer support was offered or what the most useful components were. Furthermore, peer support includes many varying components such as the type of participants, whether facilitators are trained or paid, the location and delivery method. Thus, even when peer support is associated with benefits, it is uncertain whether it was the location, delivery style, level of training and so on that made a difference.

Thirdly, although the review was limited to OECD countries to allow comparability with the UK context, much of the research is from North America where services and personal attitudes and attributes may be different from the UK. What works in one country cannot necessarily be transferred without adaption to another.

We also identified a number of gaps in knowledge about peer support, which current programmes could build in to their ongoing evaluations:

Participation

- What type of support do people prefer?
- What influences whether or not people participate in peer support?
- How could more people be encouraged to take part?

Implementation

- Is training needed to provide effective peer support?
- What is the best way to train people to provide peer support?
- Does the duration of peer support make a difference?

Impacts

- What are the longer-term impacts of peer support?
- How cost-effective are different types of peer support?

What influences effectiveness?

- Why are some types of peer support more effective than others?
- Does the effectiveness of specific types of peer support differ depending on the people involved (eg children versus adults, physical versus mental health, people at risk versus those diagnosed)?
- What are the fundamental characteristics needed to ensure successful peer support?
- What do peers do more effectively than professionals and what types of support may professionals provide more effectively than peers?

What should we invest in?

There is a lot left to learn, but the evidence available suggests that peer support is worth investing in, including commissioning more robust evaluations of the impacts and the reasons why peer support works better in some contexts and for some groups. Table 14 summarises the types of peer support that commissioners and groups wanting to encourage peer support might consider investing in. It is important to note that the cost-effectiveness of these initiatives remains uncertain.

Based on the totality of evidence, the top three most useful types of initiatives for improving emotional and physical well-being may be:

- face-to-face groups run by trained peers which focus on emotional support, sharing experiences, education and specific activities such as exercise or social activities. Running groups regularly, such as every week for three months, has been found to work well;
- one-to-one support offered face-to-face or by telephone. This may include a variety of information provision, emotional support, befriending and discussions. This type of one-to-one support may be more likely to result in reciprocal benefits for supporters and be more likely to involve volunteers rather than paid peer support facilitators;
- online platforms such as discussion forums. These have been found to be particularly useful for improving knowledge and reducing anxiety, though people may use them for a limited time.

Both experience and evidence suggests that peer support is valued by those who take part and that it can improve how people feel and what they do. The challenge for the voluntary and statutory sectors is how to make the case for embedding this in mainstream services without over-professionalising it and potentially losing some of the 'peer' approach.

Table 14: Summary of expected benefits from various types of peer support

Peer support	Expected return on investment
One-to-one telephone support delivered by unpaid peers	<ul style="list-style-type: none"> • Inexpensive to set up and manage • May have variation in quality • Difficult to reach large numbers • Likely to reduce anxiety and isolation
One-to-one telephone support delivered by paid peers	<ul style="list-style-type: none"> • Potentially more costly • Difficult to reach large numbers • Likely to reduce anxiety and isolation • Moderate uptake rates
One-to-one in-person support delivered by unpaid peers	<ul style="list-style-type: none"> • Inexpensive to set up • Some management may be needed • High uptake rates • Likely to reduce anxiety and isolation • May improve health outcomes and behaviours
One-to-one in-person support delivered by paid peers	<ul style="list-style-type: none"> • Some costs for set up and management • High uptake rates • Difficult to reach large numbers • Likely to reduce anxiety and isolation • May improve health outcomes and behaviours
Support groups led by trained but unpaid peers	<ul style="list-style-type: none"> • Some investment in organisation required • Likely to reduce anxiety and isolation • Easier to reach larger numbers
Educational groups co-led by paid peers and professionals	<ul style="list-style-type: none"> • Investment in organisation required • Likely to reduce anxiety and isolation • Easier to reach larger numbers • May improve health outcomes and behaviours
Online support groups / forums	<ul style="list-style-type: none"> • Inexpensive to set up and manage • May have lower uptake rates and high drop out • Likely to improve knowledge and reduce anxiety by helping people feel less alone

References

- 1 Sarrami-Foroushani P, Travaglia J, Debono D, Braithwaite J. Key concepts in consumer and community engagement: a scoping meta-review. *BMC Health Serv Res* 2014;14:250.
- 2 Sarrami-Foroushani P, Travaglia J, Debono D, Braithwaite J. Implementing strategies in consumer and community engagement in health care: results of a large-scale, scoping meta-review. *BMC Health Serv Res* 2014;14:402.
- 3 Canadian Agency for Drugs and Technologies in Health. *Peer support for diabetes, heart disease and HIV/AIDS: a review of the clinical effectiveness, cost-effectiveness, and guidelines*. Ottawa: Canadian Agency for Drugs and Technologies in Health, 2013.
- 4 Colella TJ, King KM. Peer support. An under-recognized resource in cardiac recovery. *Eur J Cardiovasc Nurs* 2004;3(3):211-217.
- 5 Solomon P. Peer support/peer provided services underlying processes, benefits, and critical ingredients. *Psychiatr Rehabil J* 2004;27(4):392-401.
- 6 Davidson L. Peer support: coming of age of and/or miles to go before we sleep? an introduction. *J Behav Health Serv Res* 2015;42(1):96-99.
- 7 Whitford DL, Paul G, Smith SM. Patient generated "frequently asked questions": identifying informational needs in a RCT of peer support in type 2 diabetes. *Prim Care Diabetes* 2013;7(2):103-109.
- 8 Brownson CA, Heisler M. The role of peer support in diabetes care and self-management. *Patient* 2009;2(1):5-17.
- 9 Fisher EB, Coufal MM, Parada H, Robinette JB, Tang PY, Urlaub DM, Castillo C, Guzman-Corrales LM, Hino S, Hunter J, Katz AW, Symes YR, Worley HP, Xu C. Peer support in health care and prevention: cultural, organizational, and dissemination issues. *Annu Rev Public Health* 2014;35:363-383.
- 10 Daniels AS, Cate R, Bergeson S, Forquer S, Niewenhous G, Epps B. Level-of-care criteria for peer support services: a best-practice guide. *Psychiatr Serv* 2013;64(12):1190-1192.
- 11 Ahmed AO, Doane NJ, Mabe PA, Buckley PF, Birgenheir D, Goodrum NM. Peers and peer-led interventions for people with schizophrenia. *Psychiatr Clin North Am* 2012;35(3):699-715.
- 12 Alberta AJ, Ploski RR, Carlson SL. Addressing challenges to providing peer-based recovery support. *J Behav Health Serv Res* 2012;39(4):481-491.
- 13 Creamer MC, Varker T, Bisson J, Darte K, Greenberg N, Lau W, Moreton G, O'Donnell M, Richardson D, Ruzek J, Watson P, Forbes D. Guidelines for peer support in high-risk organizations: an international consensus study using the Delphi method. *J Trauma Stress* 2012;25(2):134-141.
- 14 Taleghani F, Babazadeh S, Mosavi S, Tavazohi H. The effects of peer support group on promoting quality of life in patients with breast cancer. *Iran J Nurs Midwifery Res* 2012;17(2 Suppl 1):S125-S130.
- 15 Fisher EB, Boothroyd RI, Coufal MM, Baumann LC, Mbanya JC, Rotheram-Borus MJ, Sanguanprasit B, Tanasugarn C. Peer support for self-management of diabetes improved outcomes in international settings. *Health Aff* 2012;31(1):130-139.
- 16 Boothroyd RI, Fisher EB. Peers for progress: promoting peer support for health around the world. *Fam Pract* 2010;27 (Suppl 1):i62-i68.
- 17 South J, Kinsella K, Meah A. Lay perspectives on lay health worker roles, boundaries and participation within three UK community-based health promotion projects. *Health Educ Res* 2012;27(4):656-670.
- 18 Wilson PM. The UK Expert Patients Program: lessons learned and implications for cancer survivors' self-care support programs. *J Cancer Surviv* 2008;2(1):45-52.
- 19 www.england.nhs.uk/ourwork/futurenhs/ (accessed February 2015)
- 20 Kemp V, Henderson AR. Challenges faced by mental health peer support workers: peer support from the peer supporter's point of view. *Psychiatr Rehabil J* 2012;35(4):337-340.
- 21 www.nationalvoices.org.uk/person-centred-care-2020 (accessed February 2015)
- 22 Kenyon S, Jolly K, Hemming K, Ingram L, Gale N, Dann SA, Chambers J, MacArthur C. Evaluation of Lay Support in Pregnant women with Social risk (ELSIPS): a randomised controlled trial. *BMC Pregnancy Childbirth* 2012;12:11.
- 23 Mase R, Halasyamani L, Choi H, Heisler M. Who signs up for and engages in a peer support heart failure self-management intervention. *J Cardiovasc Nurs* (Published online June 2014).
- 24 Dutcher MV, Phicil SN, Goldenkranz SB, Rajabiun S, Franks J, Loscher BS, Mabachi NM. "Positive Examples": a bottom-up approach to identifying best practices in HIV care and treatment based on the experiences of peer educators. *AIDS Patient Care STDS* 2011;25(7):403-411.
- 25 Sallinen M, Kukkurainen ML, Peltokallio L. Finally heard, believed and accepted - peer support in the narratives of women with fibromyalgia. *Patient Educ Couns* 2011;85(2):e126-e130.
- 26 Legg M, Occhipinti S, Ferguson M, Dunn J, Chambers SK. When peer support may be most beneficial: the relationship between upward comparison and perceived threat. *Psychooncology* 2011;20(12):1358-1362.
- 27 Marino P, Simoni JM, Silverstein LB. Peer support to promote medication adherence among people living with HIV/AIDS: the benefits to peers. *Soc Work Health Care* 2007;45(1):67-80.
- 28 Locock L, Brown JB. 'All in the same boat'? Patient and carer attitudes to peer support and social comparison in Motor Neurone Disease (MND). *Soc Sci Med* 2010;71(8):1498-1505.
- 29 Hilding C, Fridlund B. Patient participation in peer support groups after a cardiac event. *Br J Nurs* 2001;10(20):1357-1363.
- 30 Campos F, Sousa A, Rodrigues V, Marques A, Queirós C, Dores A. Practical guidelines for peer support programmes for mental health problems. *Rev Psiquiatr Salud Ment* (Published online December 2014).
- 31 Highton-Williamson E, Priebe S, Giacco D. Online social networking in people with psychosis: A systematic review. *Int J Soc Psychiatry* (Published online November 2014).
- 32 Austin E, Ramakrishnan A, Hopper K. Embodying recovery: a qualitative study of peer work in a consumer-run service setting. *Community Ment Health J* 2014;50(8):879-885.

- 33 van der Krieke L, Wunderink L, Emerencia AC, de Jonge P, Sytema S. E-mental health self-management for psychotic disorders: state of the art and future perspectives. *Psychiatr Serv* 2014;65(1):33-49.
- 34 Jones CC, Jomeen J, Hayter M. The impact of peer support in the context of perinatal mental illness: a meta-ethnography. *Midwifery* 2014;30(5):491-498.
- 35 Kaehne A, Beyer S. Supported employment for young people with intellectual disabilities facilitated through peer support: a pilot study. *J Intellect Disabil* 2013;17(3):236-251.
- 36 Cramer H, Horwood J, Payne S, Araya R, Lester H, Salisbury C. Do depressed and anxious men do groups? What works and what are the barriers to help seeking? *Prim Health Care Res Dev* 2014;15(3):287-301.
- 37 Weingarten R. The development of peer support in the Netherlands, Brazil, and Israel. *Psychiatr Rehabil J* 2012;35(6):476-477.
- 38 Nimrod G. Online depression communities: members' interests and perceived benefits. *Health Commun* 2013;28(5):425-434.
- 39 Davidson L, Bellamy C, Guy K, Miller R. Peer support among persons with severe mental illnesses: a review of evidence and experience. *World Psychiatry* 2012;11(2):123-128.
- 40 O'Dea B, Campbell A. Healthy connections: online social networks and their potential for peer support. *Stud Health Technol Inform* 2011;168:133-140.
- 41 Morriss RK, Lobban F, Jones S, Riste L, Peters S, Roberts C, Davies L, Mayes D. Pragmatic randomised controlled trial of group psychoeducation versus group support in the maintenance of bipolar disorder. *BMC Psychiatry* 2011;11:114.
- 42 Melling B, Houquet-Pincham T. Online peer support for individuals with depression: a summary of current research and future considerations. *Psychiatr Rehabil J* 2011;34(3):252-254.
- 43 Coniglio FD, Hancock N, Ellis LA. Peer support within Clubhouse: a grounded theory study. *Community Ment Health J* 2012;48(2):153-160.
- 44 Coatsworth-Puspoky R, Forchuk C, Ward-Griffin C. Peer support relationships: an unexplored interpersonal process in mental health. *J Psychiatr Ment Health Nurs* 2006;13(5):490-497.
- 45 Davidson L, Chinman M, Sells D, Rowe M. Peer support among adults with serious mental illness: a report from the field. *Schizophr Bull* 2006;32(3):443-450.
- 46 Chinman MJ, Weingarten R, Stayner D, Davidson L. Chronicity reconsidered: improving person-environment fit through a consumer-run service. *Community Ment Health J* 2001;37(3):215-229.
- 47 Wynter K, Hammarberg K, Sartore GM, Cann W, Fisher J. Brief online surveys to monitor and evaluate facilitated peer support groups for caregivers of children with special needs. *Eval Program Plann* 2014;49C:70-75.
- 48 Akre C, Ramelet AS, Berchtold A, Suris JC. Educational intervention for parents of adolescents with chronic illness: a pre-post test pilot study. *Int J Adolesc Med Health* (Published online August 2014).
- 49 Duckworth K, Halpern L. Peer support and peer-led family support for persons living with schizophrenia. *Curr Opin Psychiatry* 2014;27(3):216-221.
- 50 Coulehan MB, Rossie KM, Ross AJ. Developing a novel Internet-based psychoeducational intervention for dementia caregivers. *AMIA Annu Symp Proc* 2008:915.
- 51 Sabir M, Pillemer K, Sutor J, Patterson M. Predictors of successful relationships in a peer support program for Alzheimer's caregivers. *Am J Alzheimers Dis Other Dement* 2003;18(2):115-122.
- 52 Baratz AB, Sharp MK, Sandberg DE. Disorders of sex development peer support. *Endocr Dev* 2014;27:99-112.
- 53 Crawford S, Bath N. Peer support models for people with a history of injecting drug use undertaking assessment and treatment for hepatitis C virus infection. *Clin Infect Dis* 2013;57(Suppl 2):S75-S79.
- 54 MacEachen E, Kosny A, Ferrier S. Unexpected barriers in return to work: lessons learned from injured worker peer support groups. *Work* 2007;29(2):155-164.
- 55 Lyons T, Chandra G, Goldstein J. Stimulant use and HIV risk behavior: the influence of peer support group participation. *AIDS Educ Prev* 2006;18(5):461-473.
- 56 Castellano C, Everly GS Jr. Large group intervention for military reintegration: peer support & Yellow Ribbon enhancements. *Int J Emerg Ment Health* 2010;12(3):171-177.
- 57 Greden JF, Valenstein M, Spinner J, Blow A, Gorman LA, Dalack GW, Marcus S, Kees M. Buddy-to-Buddy, a citizen soldier peer support program to counteract stigma, PTSD, depression, and suicide. *Ann N Y Acad Sci* 2010;1208:90-97.
- 58 Rossman B, Greene MM, Meier PP. The role of peer support in the development of maternal identity for "NICU moms". *J Obstet Gynecol Neonatal Nurs* (Published online January 2015).
- 59 Whelan B, Kearney JM. Breast-feeding support in Ireland: a qualitative study of health-care professionals' and women's views. *Public Health Nutr* 2014;1:1-9.
- 60 Leger J, Letourneau N. New mothers and postpartum depression: a narrative review of peer support intervention studies. *Health Soc Care Community* (Published online October 2014).
- 61 Kristoff KC, Wessner R, Spatz DL. The birth of the GEMs group: implementation of breastfeeding peer support in a children's hospital. *Adv Neonatal Care* 2014;14(4):274-280.
- 62 Darwent KL, Kempenaar LE. A comparison of breastfeeding women's, peer supporters' and student midwives' breastfeeding knowledge and attitudes. *Nurse Educ Pract* 2014;14(3):319-325.
- 63 Niela-Vilén H, Axelin A, Melender HL, Salanterä S. Aiming to be a breastfeeding mother in a neonatal intensive care unit and at home: a thematic analysis of peer-support group discussion in social media. *Matern Child Nutr* (Published online February 2014).
- 64 Caramlau I, Barlow J, Sembi S, McKenzie-McHarg K, McCabe C. Mums 4 Mums: structured telephone peer-support for women experiencing postnatal depression. Pilot and exploratory RCT of its clinical and cost effectiveness. *Trials* 2011;12:88.
- 65 Schmied V, Beake S, Sheehan A, McCourt C, Dykes F. Women's perceptions and experiences of breastfeeding support: a metasynthesis. *Birth* 2011;38(1):49-60.
- 66 Kruske S, Schmied V, Cook M. The 'Earlybird' gets the breastmilk: findings from an evaluation of combined professional and peer support groups to improve breastfeeding duration in the first eight weeks after birth. *Matern Child Nutr* 2007;3(2):108-119.
- 67 Dykes F. Government funded breastfeeding peer support projects: implications for practice. *Matern Child Nutr* 2005;1(1):21-31.
- 68 Kruske S, Schmied V, Sutton I, O'hare J. Mothers' experiences of facilitated peer support groups and individual child health nursing support: a comparative evaluation. *J Perinat Educ* 2004;13(3):31-38.
- 69 Noel-Weiss J, Hébert D. Breastfeeding peer support programs. *Can Nurse* 2004;100(8):29-33.
- 70 Raine P. Promoting breast-feeding in a deprived area: the influence of a peer support initiative. *Health Soc Care Community* 2003;11(6):463-469.

- 71 Glenton C, Colvin CJ, Carlsen B, Swartz A, Lewin S, Noyes J, Rashidian A. Barriers and facilitators to the implementation of lay health worker programmes to improve access to maternal and child health: qualitative evidence synthesis. *Cochrane Database Syst Rev* 2013;10:CD010414.
- 72 Sheppard VB, Williams KP, Richardson JT. Women's priorities for lay health home visitors: implications for eliminating health disparities among underserved women. *J Health Soc Policy* 2004;18(3):19-35.
- 73 Perkins ER, MacFarlane J. Family support by lay workers: a health visiting initiative. *Br J Community Nurs* 2001;6(1):26-32.
- 74 Francomano JA, Harpin SB. Utilizing social networking sites to promote adolescents' health: a pragmatic review of the literature. *Comput Inform Nurs* 2015;33(1):10-20.
- 75 Oldknow H, Williamson K, Etheridge K. Peer support to assist in transition to adult services. *Nurs Times* 2014;110(6):20-21.
- 76 Gladstone BM, McKeever P, Seeman M, Boydell KM. Analysis of a support group for children of parents with mental illnesses: managing stressful situations. *Qual Health Res* 2014;24(9):1171-1182.
- 77 Reupert AE, Cuff R, Drost L, Foster K, van Doesum KT, van Santvoort F. Intervention programs for children whose parents have a mental illness: a review. *Med J Aust* 2013;199(3 Suppl):S18-S22.
- 78 Stewart M, Masuda JR, Letourneau N, Anderson S, McGhan S. "I want to meet other kids like me": support needs of children with asthma and allergies. *Issues Compr Pediatr Nurs* 2011;34(2):62-78.
- 79 Vision in Preschoolers Study Group. Preschool vision screening tests administered by nurse screeners compared with lay screeners in the vision in preschoolers study. *Invest Ophthalmol Vis Sci* 2005;46(8):2639-2648.
- 80 Horgan A, McCarthy G, Sweeney J. An evaluation of an online peer support forum for university students with depressive symptoms. *Arch Psychiatr Nurs* 2013;27(2):84-89.
- 81 Varvel SJ, Cronk NJ, Harris KJ, Scott AB. Adaptation of a lay health advisor model as a recruitment and retention strategy in a clinical trial of college student smokers. *Health Promot Pract* 2010;11(5):751-759.
- 82 Coull AJ, Taylor VH, Elton R, Murdoch PS, Hargreaves AD. A randomised controlled trial of senior Lay Health Mentoring in older people with ischaemic heart disease: The Braveheart Project. *Age Ageing* 2004;33(4):348-354.
- 83 Linnan L, Fisher EB, Hood S. The power and potential of peer support in workplace interventions. *Am J Health Promot* 2013;28(1):TAHP2-10.
- 84 Kemper KJ, Yun J. Group online mindfulness training: proof of concept. *J Evid Based Complementary Altern Med* 2015;20(1):73-75.
- 85 Shapiro J, Whittemore A, Tsen LC. Instituting a culture of professionalism: the establishment of a center for professionalism and peer support. *Jt Comm J Qual Patient Saf* 2014;40(4):168-177.
- 86 Castellano C. Reciprocal peer support (RPS): a decade of not so random acts of kindness. *Int J Emerg Ment Health* 2012;14(2):105-110.
- 87 Eagle S, Creel A, Alexandrov A. The effect of facilitated peer support sessions on burnout and grief management among health care providers in pediatric intensive care units: a pilot study. *J Palliat Med* 2012;15(11):1178-1180.
- 88 Hu YY, Fix ML, Hevelone ND, Lipsitz SR, Greenberg CC, Weissman JS, Shapiro J. Physicians' needs in coping with emotional stressors: the case for peer support. *Arch Surg* 2012;147(3):212-217.
- 89 Richardson B, Brown K. Enhancing peer support for pre-registration students. *Paediatr Nurs* 2009;21(7):40-43.
- 90 Brooks N, Moriarty A. Implementation of a peer-support system in the clinical setting. *Nurs Stand* 2009;23(27):35-39.
- 91 van Pelt F. Peer support: healthcare professionals supporting each other after adverse medical events. *Qual Saf Health Care* 2008;17(4):249-252.
- 92 Visser SM, McCabe MP, Hudgson C, Buchanan G, Davison TE, George K. Managing behavioural symptoms of dementia: effectiveness of staff education and peer support. *Aging Ment Health* 2008;12(1):47-55.
- 93 Edwards H, Walsh A, Courtney M, Monaghan S, Wilson J, Young J. Promoting evidence-based childhood fever management through a peer education programme based on the theory of planned behaviour. *J Clin Nurs* 2007;16(10):1966-1979.
- 94 White VM, Young MA, Farrelly A, Meiser B, Jefford M, Williamson E, Ieropoli S, Duffy J, Winship I. Randomized controlled trial of a telephone-based peer-support program for women carrying a BRCA1 or BRCA2 mutation: impact on psychological distress. *J Clin Oncol* 2014;32(36):4073-4080.
- 95 Kulik NL, Fisher EB, Ward DS, Ennett ST, Bowling JM, Tate DF. Peer support enhanced social support in adolescent females during weight loss. *Am J Health Behav* 2014;38(5):789-800.
- 96 Henderson AR, Kemp V. Australian consumer perceptions of peer support. *Asia Pac Psychiatry* 2013;5(3):152-156.
- 97 Malak AT, Bektash M, Turgay AS, Tuna A, Genç RE. Effects of peer education, social support and self esteem on breast self examination performance and knowledge level. *Asian Pac J Cancer Prev* 2009;10(4):605-608.
- 98 Quandt SA, Grzywacz JG, Talton JW, Trejo G, Tapia J, D'Agostino RB Jr, Mirabelli MC, Arcury TA. Evaluating the effectiveness of a lay health promoter-led, community-based participatory pesticide safety intervention with farmworker families. *Health Promot Pract* 2013;14(3):425-432.
- 99 Grzywacz JG, Arcury TA, Marin A, Carrillo L, Coates ML, Quandt SA. Using lay health promoters in occupational health: outcome evaluation in a sample of Latino poultry-processing workers. *New Solut* 2009;19(4):449-466.
- 100 Kaphingst KA, Lachance CR, Gepp A, D'Anna LH, Rios-Ellis B. Educating underserved Latino communities about family health history using lay health advisors. *Public Health Genomics* 2011;14(4-5):211-221.
- 101 Ford P, Clifford A, Gussy K, Gartner C. A systematic review of peer-support programs for smoking cessation in disadvantaged groups. *Int J Environ Res Public Health* 2013;10(11):5507-5522.
- 102 Thomas GN, Macfarlane DJ, Guo B, Cheung BM, McGhee SM, Chou KL, Deeks JJ, Lam TH, Tomlinson B. Health promotion in older Chinese: a 12-month cluster randomized controlled trial of pedometry and "peer support". *Med Sci Sports Exerc* 2012;44(6):1157-1166.
- 103 Buman MP, Giacobbini PR Jr, Dzierzewski JM, Aiken Morgan A, McCrae CS, Roberts BL, Marsiske M. Peer volunteers improve long-term maintenance of physical activity with older adults: a randomized controlled trial. *J Phys Act Health* 2011;8 (Suppl 2):S257-S266.

- 104 Grebely J, Knight E, Genoway KA, Viljoen M, Khara M, Elliott D, Gallagher L, Storms M, Raffa JD, DeVlaming S, Duncan F, Conway B. Optimizing assessment and treatment for hepatitis C virus infection in illicit drug users: a novel model incorporating multidisciplinary care and peer support. *Eur J Gastroenterol Hepatol* 2010;22(3):270-277.
- 105 Dorgo S, Robinson KM, Bader J. The effectiveness of a peer-mentored older adult fitness program on perceived physical, mental, and social function. *J Am Acad Nurse Pract* 2009;21(2):116-122.
- 106 Solomon LJ, Scharoun GM, Flynn BS, Secker-Walker RH, Sepinwall D. Free nicotine patches plus proactive telephone peer support to help low-income women stop smoking. *Prev Med* 2000;31(1):68-74.
- 107 Tsai AG, Felton S. Six month outcomes of a primary care-based weight loss trial using a lay-trained counselor. *J Obes Weight Loss Ther* 2014;4(1):209.
- 108 Visram S, Clarke C, White M. Making and maintaining lifestyle changes with the support of a lay health advisor: longitudinal qualitative study of health trainer services in northern England. *PLoS One* 2014;9(5):e94749.
- 109 Taylor VM, Bastani R, Burke N, Talbot J, Sos C, Liu Q, Do H, Jackson JC, Yasui Y. Evaluation of a hepatitis B lay health worker intervention for Cambodian Americans. *J Community Health* 2013;38(3):546-553.
- 110 Glenton C, Scheel IB, Lewin S, Swingler GH. Can lay health workers increase the uptake of childhood immunisation? Systematic review and typology. *Trop Med Int Health* 2011;16(9):1044-1053.
- 111 Paskett ED, McLaughlin JM, Lehman AM, Katz ML, Tatum CM, Oliveri JM. Evaluating the efficacy of lay health advisors for increasing risk-appropriate Pap test screening: a randomized controlled trial among Ohio Appalachian women. *Cancer Epidemiol Biomarkers Prev* 2011;20(5):835-843.
- 112 Nguyen TT, Love MB, Liang C, Fung LC, Nguyen T, Wong C, Gildengorin G, Woo K. A pilot study of lay health worker outreach and colorectal cancer screening among Chinese Americans. *J Cancer Educ* 2010;25(3):405-412.
- 113 Russell KM, Champion VL, Monahan PO, Millon-Underwood S, Zhao Q, Spacey N, Rush NL, Paskett ED. Randomized trial of a lay health advisor and computer intervention to increase mammography screening in African American women. *Cancer Epidemiol Biomarkers Prev* 2010;19(1):201-210.
- 114 Wewers ME, Ferketich AK, Harness J, Paskett ED. Effectiveness of a nurse-managed, lay-led tobacco cessation intervention among Ohio Appalachian women. *Cancer Epidemiol Biomarkers Prev* 2009;18(12):3451-3458.
- 115 Rhodes SD, Hergenrather KC, Bloom FR, Leichter JS, Montañó J. Outcomes from a community-based, participatory lay health adviser HIV/STD prevention intervention for recently arrived immigrant Latino men in rural North Carolina. *AIDS Educ Prev* 2009;21(5 Suppl):103-108.
- 116 Nguyen TT, Le G, Nguyen T, Le K, Lai K, Gildengorin G, Tsoh J, Bui-Tong N, McPhee SJ. Breast cancer screening among Vietnamese Americans: a randomized controlled trial of lay health worker outreach. *Am J Prev Med* 2009;37(4):306-313.
- 117 Taylor VM, Hislop TG, Tu SP, Teh C, Acorda E, Yip MP, Woodall E, Yasui Y. Evaluation of a hepatitis B lay health worker intervention for Chinese Americans and Canadians. *J Community Health* 2009;34(3):165-172.
- 118 Han HR, Lee H, Kim MT, Kim KB. Tailored lay health worker intervention improves breast cancer screening outcomes in non-adherent Korean-American women. *Health Educ Res* 2009;24(2):318-329.
- 119 Crump SR, Shipp MP, McCray GG, Morris SJ, Okoli JA, Caplan LS, Thorne SL, Blumenthal DS. Abnormal mammogram follow-up: do community lay health advocates make a difference? *Health Promot Pract* 2008;9(2):140-148.
- 120 Lam TK, McPhee SJ, Mock J, Wong C, Doan HT, Nguyen T, Lai KQ, Ha-Iaconis T, Luong TN. Encouraging Vietnamese-American women to obtain Pap tests through lay health worker outreach and media education. *J Gen Intern Med* 2003;18(7):516-524.
- 121 Chang T, Chopra V, Zhang C, Woolford SJ. The role of social media in online weight management: systematic review. *J Med Internet Res* 2013;15(11):e262.
- 122 Goodall M, Barton GR, Bower P, Byrne P, Cade JE, Capewell S, Cleghorn CL, Kennedy LA, Martindale AM, Roberts C, Woolf S, Gabbay MB. Food for thought: pilot randomized controlled trial of lay health trainers supporting dietary change to reduce cardiovascular disease in deprived communities. *J Public Health* 2014;36(4):635-643.
- 123 Taylor VM, Jackson JC, Yasui Y, Nguyen TT, Woodall E, Acorda E, Li L, Ramsey S. Evaluation of a cervical cancer control intervention using lay health workers for Vietnamese American women. *Am J Public Health* 2010;100(10):1924-1929.
- 124 Martinez-Donate AP. Using lay health advisors to promote breast and cervical cancer screening among Latinas: a review. *WMJ* 2009;108(5):259-262.
- 125 Arcury TA, Marín A, Snively BM, Hernández-Pelletier M, Quandt SA. Reducing farmworker residential pesticide exposure: evaluation of a lay health advisor intervention. *Health Promot Pract* 2009;10(3):447-455.
- 126 Allicock M, Haynes-Maslow L, Carr C, Orr M, Kahwati LC, Weiner BJ, Kinsinger L. Training veterans to provide peer support in a weight-management program: MOVE! *Prev Chronic Dis* 2013;10:E185.
- 127 Barton GR, Goodall M, Bower P, Woolf S, Capewell S, Gabbay MB. Increasing heart-health lifestyles in deprived communities: economic evaluation of lay health trainers. *J Eval Clin Pract* 2012;18(4):835-840.
- 128 Longmuir SQ, Pfeifer W, Leon A, Olson RJ, Short L, Scott WE. Nine-year results of a volunteer lay network photoscreening program of 147 809 children using a photoscreener in Iowa. *Ophthalmology* 2010;117(10):1869-1875.
- 129 Pennington M, Visram S, Donaldson C, White M, Lhussier M, Deane K, Forster N, Carr SM. Cost-effectiveness of health-related lifestyle advice delivered by peer or lay advisors: synthesis of evidence from a systematic review. *Cost Eff Resour Alloc* 2013;11(1):30.
- 130 Corluka A, Walker DG, Lewin S, Glenton C, Scheel IB. Are vaccination programmes delivered by lay health workers cost-effective? A systematic review. *Hum Resour Health* 2009;7:81.
- 131 Meyer A, Coroiu A, Korner A. One-to-one peer support in cancer care: a review of scholarship published between 2007 and 2014. *Eur J Cancer Care* (Published online December 2014).
- 132 Batenburg A, Das E. Emotional approach coping and the effects of online peer-led support group participation among patients with breast cancer: a longitudinal study. *J Med Internet Res* 2014;16(11):e256.
- 133 Doyle M. Peer support and mentorship in a us rare disease community: findings from the cystinosis in emerging adulthood study. *Patient* (Published online September 2014).

- 134 McCarron A. An exploration of the perceived effects of a support group for individuals with rheumatoid arthritis. *J Am Assoc Nurse Pract* (Published online July 2014).
- 135 Muller M, Toth-Cohen S, Mulcahey MJ. Development and evaluation of a hospital-based peer support group for younger individuals with stroke. *Occup Ther Health Care* 2014;28(3):277-295.
- 136 Kessler D, Egan M, Kubina LA. Peer support for stroke survivors: a case study. *BMC Health Serv Res* 2014;14:256.
- 137 Lockhart E, Foreman J, Mase R, Heisler M. Heart failure patients' experiences of a self-management peer support program: a qualitative study. *Heart Lung* 2014;43(4):292-298.
- 138 Hanson LC, Green MA, Hayes M, Diehl SJ, Warnock S, Corbie-Smith G, Lin FC, Earp JA. Circles of care: implementation and evaluation of support teams for African Americans with cancer. *Health Educ Behav* 2013;41(3):291-298.
- 139 Moulton A, Balbierz A, Eisenman S, Neustein E, Walther V, Epstein I. Woman to woman: a peer to peer support program for women with gynecologic cancer. *Soc Work Health Care* 2013;52(10):913-929.
- 140 Allicock M, Carr C, Johnson LS, Smith R, Lawrence M, Kaye L, Gellin M, Manning M. Implementing a one-on-one peer support program for cancer survivors using a motivational interviewing approach: results and lessons learned. *J Cancer Educ* 2014;29(1):91-98.
- 141 Wittmann D, He C, Mitchell S, Wood DP Jr, Hola V, Thelen-Perry S, Montie JE. A one-day couple group intervention to enhance sexual recovery for surgically treated men with prostate cancer and their partners: a pilot study. *Urol Nurs* 2013;33(3):140-147.
- 142 Sandhu S, Veinot P, Embuldeniya G, Brooks S, Sale J, Huang S, Zhao A, Richards D, Bell MJ. Peer-to-peer mentoring for individuals with early inflammatory arthritis: feasibility pilot. *BMJ Open* 2013;3(3).
- 143 Wu CJ, Chang AM, Courtney M, Kostner K. Peer supporters for cardiac patients with diabetes: a randomized controlled trial. *Int Nurs Rev* 2012;59(3):345-352.
- 144 Gillespie P, O'Shea E, Paul G, O'Dowd T, Smith SM. Cost effectiveness of peer support for type 2 diabetes. *Int J Technol Assess Health Care* 2012;28(1):3-11.
- 145 Peterson JL, Rintamaki LS, Brashers DE, Goldsmith DJ, Neidig JL. The forms and functions of peer social support for people living with HIV. *J Assoc Nurses AIDS Care* 2012;23(4):294-305.
- 146 Sims LM, Haines SL. Challenges of a pharmacist-directed peer support program among adolescents with diabetes. *J Am Pharm Assoc* 2011;51(6):766-769.
- 147 Morris R, Morris P. Participants' experiences of hospital-based peer support groups for stroke patients and carers. *Disabil Rehabil* 2012;34(4):347-354.
- 148 Seçkin G. I am proud and hopeful: age-based comparisons in positive coping affect among women who use online peer-support. *J Psychosoc Oncol* 2011;29(5):573-591.
- 149 Haltiwanger EP, Brutus H. A culturally sensitive diabetes peer support for older Mexican-Americans. *Occup Ther Int* 2012;19(2):67-75.
- 150 Pistrang N, Jay Z, Gessler S, Barker C. Telephone peer support for women with gynaecological cancer: recipients' perspectives. *Psychooncology* 2012;21(10):1082-1090.
- 151 Chambers SK, Foley E, Galt E, Ferguson M, Clutton S. Mindfulness groups for men with advanced prostate cancer: a pilot study to assess feasibility and effectiveness and the role of peer support. *Support Care Cancer* 2012;20(6):1183-1192.
- 152 Kumar K, John H, Gordhan C, Situnayake D, Raza K, Bacon PA. Breaking communication barriers for RA patients of South Asian origin: the use of a bilingual educational audio CD and linguistically appropriate peer support and education. *Musculoskeletal Care* 2011;9(1):11-18.
- 153 Heisler M, Spencer M, Forman J, Robinson C, Shultz C, Palmisano G, Graddy-Dansby G, Kieffer E. Participants' assessments of the effects of a community health worker intervention on their diabetes self-management and interactions with healthcare providers. *Am J Prev Med* 2009;37(6 Suppl 1):S270-S279.
- 154 Griffiths KM, Calear AL, Banfield M. Systematic review on Internet Support Groups (ISGs) and depression (1): Do ISGs reduce depressive symptoms? *J Med Internet Res* 2009;11(3):e40.
- 155 Hughes J, Wood E, Smith G. Exploring kidney patients' experiences of receiving individual peer support. *Health Expect* 2009;12(4):396-406.
- 156 Percy CA, Gibbs T, Potter L, Boardman S. Nurse-led peer support group: experiences of women with polycystic ovary syndrome. *J Adv Nurs* 2009;65(10):2046-2055.
- 157 Setoyama Y, Nakayama K, Yamazaki Y. Peer support from online community on the internet among patients with breast cancer in Japan. *Stud Health Technol Inform* 2009;146:886.
- 158 Harris GE, Larsen D. HIV peer counseling and the development of hope: perspectives from peer counselors and peer counseling recipients. *AIDS Patient Care STDS* 2007;21(11):843-860.
- 159 Weber BA, Roberts BL, Yarandi H, Mills TL, Chumbler NR, Wajzman Z. The impact of dyadic social support on self-efficacy and depression after radical prostatectomy. *J Aging Health* 2007;19(4):630-645.
- 160 Ussher J, Kirsten L, Butow P, Sandoval M. What do cancer support groups provide which other supportive relationships do not? The experience of peer support groups for people with cancer. *Soc Sci Med* 2006;62(10):2565-2576.
- 161 Mohr DC, Burke H, Beckner V, Merluzzi N. A preliminary report on a skills-based telephone-administered peer support programme for patients with multiple sclerosis. *Mult Scler* 2005;11(2):222-226.
- 162 Campbell HS, Phaneuf MR, Deane K. Cancer peer support programs-do they work? *Patient Educ Couns* 2004;55(1):3-15.
- 163 Hibbard MR, Cantor J, Charatz H, Rosenthal R, Ashman T, Gundersen N, Ireland-Knight L, Gordon W, Avner J, Gartner A. Peer support in the community: initial findings of a mentoring program for individuals with traumatic brain injury and their families. *J Head Trauma Rehabil* 2002;17(2):112-131.
- 164 Horner SD, Fouladi RT. Improvement of rural children's asthma self-management by lay health educators. *J Sch Health* 2008;78(9):506-513.
- 165 Newbould J, Taylor D, Bury M. Lay-led self-management in chronic illness: a review of the evidence. *Chronic Illn* 2006;2(4):249-261.
- 166 Griffiths C, Motlib J, Azad A, Ramsay J, Eldridge S, Feder G, Khanam R, Munni R, Garrett M, Turner A, Barlow J. Randomised controlled trial of a lay-led self-management programme for Bangladeshi patients with chronic disease. *Br J Gen Pract* 2005;55(520):831-837.
- 167 Høybye MT, Dalton SO, Deltour I, Bidstrup PE, Frederiksen K, Johansen C. Effect of Internet peer-support groups on psychosocial adjustment to cancer: a randomised study. *Br J Cancer* 2010;102(9):1348-1354.
- 168 Salzer MS, Palmer SC, Kaplan K, Brusilovskiy E, Ten Have T, Hampshire M, Metz J, Coyne JC. A randomized, controlled study of Internet peer-to-peer interactions among women newly diagnosed with breast cancer. *Psychooncology* 2010;19(4):441-446.
- 169 Hoey LM, Ieropoli SC, White VM, Jefford M. Systematic review of peer-support programs for people with cancer. *Patient Educ Couns* 2008;70(3):315-337.

- 170 Hill W, Schillo L, Weinert C. Effect of a computer-based intervention on social support for chronically ill rural women. *Rehabil Nurs* 2004;29(5):169-173.
- 171 Molassiotis A, Callaghan P, Twinn SF, Lam SW, Chung WY, Li CK. A pilot study of the effects of cognitive-behavioral group therapy and peer support/counseling in decreasing psychologic distress and improving quality of life in Chinese patients with symptomatic HIV disease. *AIDS Patient Care STDS* 2002;16(2):83-96.
- 172 Small N, Blickem C, Blakeman T, Panagioti M, Chew-Graham CA, Bower P. Telephone based self-management support by 'lay health workers' and 'peer support workers' to prevent and manage vascular diseases: a systematic review and meta-analysis. *BMC Health Serv Res* 2013;13:533.
- 173 Shaya FT, Chirikov VV, Howard D, Foster C, Costas J, Snitker S, Frimpter J, Kucharski K. Effect of social networks intervention in type 2 diabetes: a partial randomised study. *J Epidemiol Community Health* 2014;68(4):326-332.
- 174 Sandhu S, Veinot P, Embuldeniya G, Brooks S, Sale J, Huang S, Zhao A, Richards D, Bell MJ. Peer-to-peer mentoring for individuals with early inflammatory arthritis: feasibility pilot. *BMJ Open* 2013;3(3).
- 175 Chapin RK, Sergeant JF, Landry S, Leedahl SN, Rachlin R, Koenig T, Graham A. Reclaiming joy: pilot evaluation of a mental health peer support program for older adults who receive Medicaid. *Gerontologist* 2013;53(2):345-352.
- 176 Tehrani AM, Farajzadegan Z, Rajabi FM, Zamani AR. Belonging to a peer support group enhance the quality of life and adherence rate in patients affected by breast cancer: A non-randomized controlled clinical trial. *J Res Med Sci* 2011;16(5):658-665.
- 177 Haltiwanger EP, Brutus H. A culturally sensitive diabetes peer support for older Mexican-Americans. *Occup Ther Int* 2012;19(2):67-75.
- 178 Clark AM, Munday C, McLaughlin D, Catto S, McLaren A, Macintyre PD. Peer support to promote physical activity after completion of centre-based cardiac rehabilitation: evaluation of access and effects. *Eur J Cardiovasc Nurs* 2012;11(4):388-395.
- 179 Heisler M, Vijan S, Makki F, Piette JD. Diabetes control with reciprocal peer support versus nurse care management: a randomized trial. *Ann Intern Med* 2010;153(8):507-515.
- 180 Parry M, Watt-Watson J. Peer support intervention trials for individuals with heart disease: a systematic review. *Eur J Cardiovasc Nurs* 2010;9(1):57-67.
- 181 Murrock CJ, Higgins PA, Killion C. Dance and peer support to improve diabetes outcomes in African American women. *Diabetes Educ* 2009;35(6):995-1003.
- 182 Heisler M, Piette JD. "I help you, and you help me": facilitated telephone peer support among patients with diabetes. *Diabetes Educ* 2005;31(6):869-879.
- 183 Funck-Brentano I, Dalban C, Veber F, Quartier P, Hefez S, Costagliola D, Blanche S. Evaluation of a peer support group therapy for HIV-infected adolescents. *AIDS* 2005;19(14):1501-1508.
- 184 Hildingh C, Fridlund B. A 3-year follow-up of participation in peer support groups after a cardiac event. *Eur J Cardiovasc Nurs* 2004;3(4):315-320.
- 185 Penttinen J, Nevala-Puranen N, Airaksinen O, Jääskeläinen M, Sintonen H, Takala J. Randomized controlled trial of back school with and without peer support. *J Occup Rehabil* 2002;12(1):21-29.
- 186 Leung YY, Kwan J, Chan P, Poon PK, Leung C, Tam LS, Li EK, Kwok A. A pilot evaluation of Arthritis Self-Management Program by lay leaders in patients with chronic inflammatory arthritis in Hong Kong. *Clin Rheumatol* (Published online October 2014).
- 187 Roth AM, Holmes AM, Stump TE, Aalsma MC, Ackermann RT, Carney TS, Katz BP, Kesterson J, Erdman SM, Balt CA, Inui TS. Can lay health workers promote better medical self-management by persons living with HIV? An evaluation of the Positive Choices program. *Patient Educ Couns* 2012;89(1):184-190.
- 188 Foster G, Taylor SJ, Eldridge SE, Ramsay J, Griffiths CJ. Self-management education programmes by lay leaders for people with chronic conditions. *Cochrane Database Syst Rev* 2007;(4):CD005108.
- 189 Chan JC, Sui Y, Oldenburg B, Zhang Y, Chung HH, Goggins W, Au S, Brown N, Ozaki R, Wong RY, Ko GT, Fisher E. Effects of telephone-based peer support in patients with type 2 diabetes mellitus receiving integrated care: a randomized clinical trial. *JAMA Intern Med* 2014;174(6):972-981.
- 190 Wong EY, Jennings CA, Rodgers WM, Selzler AM, Simmonds LG, Hamir R, Stickland MK. Peer educator vs. respiratory therapist support: which form of support better maintains health and functional outcomes following pulmonary rehabilitation? *Patient Educ Couns* 2014;95(1):118-125.
- 191 Heisler M, Halasyamani L, Cowen ME, Davis MD, Resnicow K, Strawderman RL, Choi H, Mase R, Piette JD. Randomized controlled effectiveness trial of reciprocal peer support in heart failure. *Circ Heart Fail* 2013;6(2):246-253.
- 192 Dale JR, Williams SM, Bowyer V. What is the effect of peer support on diabetes outcomes in adults? A systematic review. *Diabet Med* 2012;29(11):1361-1377.
- 193 Rotheram-Borus MJ, Tomlinson M, Gwegwe M, Comulada WS, Kaufman N, Keim M. Diabetes buddies: peer support through a mobile phone buddy system. *Diabetes Educ* 2012;38(3):357-365.
- 194 Smith SM, Paul G, Kelly A, Whitford DL, O'Shea E, O'Dowd T. Peer support for patients with type 2 diabetes: cluster randomised controlled trial. *BMJ* 2011;342:d715.
- 195 Greenhalgh T, Campbell-Richards D, Vijayaraghavan S, Collard A, Malik F, Griffin M, Morris J, Claydon A, Macfarlane F. New models of self-management education for minority ethnic groups: pilot randomized trial of a story-sharing intervention. *J Health Serv Res Policy* 2011;16(1):28-36.
- 196 Dale J, Caramlau I, Sturt J, Friede T, Walker R. Telephone peer-delivered intervention for diabetes motivation and support: the telecare exploratory RCT. *Patient Educ Couns* 2009;75(1):91-98.
- 197 Simoni JM, Pantalone DW, Plummer MD, Huang B. A randomized controlled trial of a peer support intervention targeting antiretroviral medication adherence and depressive symptomatology in HIV-positive men and women. *Health Psychol* 2007;26(4):488-495.
- 198 Messmer Uccelli M, Mancuso Mohr L, Battaglia MA, Zagami P, Mohr DC. Peer support groups in multiple sclerosis: current effectiveness and future directions. *Mult Scler* 2004;10(1):80-84.
- 199 Furze G, Cox H, Morton V, Chuang LH, Lewin RJ, Nelson P, Carty R, Norris H, Patel N, Elton P. Randomized controlled trial of a lay-facilitated angina management programme. *J Adv Nurs* 2012;68(10):2267-2279.
- 200 Kessler D, Egan M, Kubina LA. Peer support for stroke survivors: a case study. *BMC Health Serv Res* 2014;14:256.
- 201 Sandhu S, Veinot P, Embuldeniya G, Brooks S, Sale J, Huang S, Zhao A, Richards D, Bell MJ. Peer-to-peer mentoring for individuals with early inflammatory arthritis: feasibility pilot. *BMJ Open* 2013;3(3).

- 202 Pistrang N, Jay Z, Gessler S, Barker C. Telephone peer support for women with gynaecological cancer: benefits and challenges for supporters. *Psychooncology* 2013;22(4):886-894.
- 203 Chambers SK, Schover L, Halford K, Ferguson M, Gardiner RA, Occhipinti S, Dunn J. ProsCan for Couples: a feasibility study for evaluating peer support within a controlled research design. *Psychooncology* 2013;22(2):475-479.
- 204 Hayes A, Morzinski J, Ertl K, Wurm C, Patterson L, Wilke N, Whittle J. Preliminary description of the feasibility of using peer leaders to encourage hypertension self-management. *WMJ* 2010;109(2):85-90.
- 205 Brunier G, Graydon J, Rothman B, Sherman C, Liadsky R. The psychological well-being of renal peer support volunteers. *J Adv Nurs* 2002;38(1):40-49.
- 206 Barlow JH, Bancroft GV, Turner AP. Volunteer, lay tutors' experiences of the Chronic Disease Self-Management Course: being valued and adding value. *Health Educ Res* 2005;20(2):128-136.
- 207 Hainsworth J, Barlow J. Volunteers' experiences of becoming arthritis self-management lay leaders: "It's almost as if I've stopped aging and started to get younger!". *Arthritis Rheum* 2001;45(4):378-383.
- 208 Skea ZC, MacLennan SJ, Entwistle VA, N'Dow J. Enabling mutual helping? Examining variable needs for facilitated peer support. *Patient Educ Couns* 2011;85(2):e120-e125.
- 209 Gillespie P, O'Shea E, Paul G, O'Dowd T, Smith SM. Cost effectiveness of peer support for type 2 diabetes. *Int J Technol Assess Health Care* 2012;28(1):3-11.
- 210 Parry M, Watt-Watson J. Peer support intervention trials for individuals with heart disease: a systematic review. *Eur J Cardiovasc Nurs* 2010;9(1):57-67.
- 211 Raphael JL, Rueda A, Lion KC, Giordano TP. The role of lay health workers in pediatric chronic disease: a systematic review. *Acad Pediatr* 2013;13(5):408-420.
- 212 Bryant-Stephens T, Kurian C, Guo R, Zhao H. Impact of a household environmental intervention delivered by lay health workers on asthma symptom control in urban, disadvantaged children with asthma. *Am J Public Health* 2009;99(Suppl 3):S657-S665.
- 213 Partridge MR, Caress AL, Brown C, Hennings J, Luker K, Woodcock A, Campbell M. Can lay people deliver asthma self-management education as effectively as primary care based practice nurses? *Thorax* 2008;63(9):778-783.
- 214 Kennedy A, Reeves D, Bower P, Lee V, Middleton E, Richardson G, Gardner C, Gately C, Rogers A. The effectiveness and cost effectiveness of a national lay-led self care support programme for patients with long-term conditions: a pragmatic randomised controlled trial. *J Epidemiol Community Health* 2007;61(3):254-261.
- 215 Heisler M, Halasyamani L, Cowen ME, Davis MD, Resnicow K, Strawderman RL, Choi H, Mase R, Piette JD. Randomized controlled effectiveness trial of reciprocal peer support in heart failure. *Circ Heart Fail* 2013;6(2):246-253.
- 216 Riegel B, Carlson B. Is individual peer support a promising intervention for persons with heart failure? *J Cardiovasc Nurs* 2004;19(3):174-183.
- 217 Roberts NJ, Boyd KA, Briggs AH, Caress AL, Partridge MR. Nurse led versus lay educators support for those with asthma in primary care: a costing study. *BMC Pulm Med* 2012;12:52.
- 218 Foster G, Taylor SJ, Eldridge SE, Ramsay J, Griffiths CJ. Self-management education programmes by lay leaders for people with chronic conditions. *Cochrane Database Syst Rev* 2007;(4):CD005108.
- 219 Gidugu V, Rogers ES, Harrington S, Maru M, Johnson G, Cohee J, Hinkel J. Individual Peer Support: A qualitative study of mechanisms of its effectiveness. *Community Ment Health J* (Published online December 2014).
- 220 Naslund JA, Grande SW, Aschbrenner KA, Elwyn G. Naturally occurring peer support through social media: the experiences of individuals with severe mental illness using YouTube. *PLoS One* 2014;9(10):e110171.
- 221 Mahlke CI, Krämer UM, Becker T, Bock T. Peer support in mental health services. *Curr Opin Psychiatry* 2014;27(4):276-281.
- 222 Keyes SE, Clarke CL, Wilkinson H, Alexjuk EJ, Wilcockson J, Robinson L, Reynolds J, McClelland S, Corner L, Cattan M. "We're all thrown in the same boat ... ": A qualitative analysis of peer support in dementia care. *Dementia* (Published online April 2014).
- 223 Jones N, Corrigan PW, James D, Parker J, Larson N. Peer support, self-determination, and treatment engagement: a qualitative investigation. *Psychiatr Rehabil J* 2013;36(3):209-214.
- 224 Greenwood N, Habibi R, Mackenzie A, Drennan V, Easton N. Peer support for carers: a qualitative investigation of the experiences of carers and peer volunteers. *Am J Alzheimers Dis Other Demen* 2013;28(6):617-626.
- 225 Carpenter-Song E, Hipolito MM, Whitley R. "Right here is an oasis": how "recovery communities" contribute to recovery for people with serious mental illnesses. *Psychiatr Rehabil J* 2012;35(6):435-440.
- 226 Bouchard L, Montreuil M, Gros C. Peer support among inpatients in an adult mental health setting. *Issues Ment Health Nurs* 2010;31(9):589-598.
- 227 Castelein S, Bruggeman R, van Busschbach JT, van der Gaag M, Stant AD, Knegtering H, Wiersma D. The effectiveness of peer support groups in psychosis: a randomized controlled trial. *Acta Psychiatr Scand* 2008;118(1):64-72.
- 228 Lawn S, Battersby MW, Pols RG, Lawrence J, Parry T, Urukalo M. The mental health expert patient: findings from a pilot study of a generic chronic condition self-management programme for people with mental illness. *Int J Soc Psychiatry* 2007;53(1):63-74.
- 229 Weidle B, Bolme B, Hoeyland AL. Are peer support groups for adolescents with Asperger's syndrome helpful? *Clin Child Psychol Psychiatry* 2006;11(1):45-62.
- 230 Corrigan PW. Impact of consumer-operated services on empowerment and recovery of people with psychiatric disabilities. *Psychiatr Serv* 2006;57(10):1493-1496.
- 231 Simpson A, Flood C, Rowe J, Quigley J, Henry S, Hall C, Evans R, Sherman P, Bowers L. Results of a pilot randomised controlled trial to measure the clinical and cost effectiveness of peer support in increasing hope and quality of life in mental health patients discharged from hospital in the UK. *BMC Psychiatry* 2014;14:30.
- 232 Boardman G, McCann T, Kerr D. A peer support programme for enhancing adherence to oral antipsychotic medication in consumers with schizophrenia. *J Adv Nurs* 2014;70(10):2293-2302.
- 233 Stanish HI, Temple VA. Efficacy of a peer-guided exercise programme for adolescents with intellectual disability. *J Appl Res Intellect Disabil* 2012;25(4):319-328.
- 234 Pfeiffer PN, Heisler M, Piette JD, Rogers MA, Valenstein M. Efficacy of peer support interventions for depression: a meta-analysis. *Gen Hosp Psychiatry* 2011;33(1):29-36.
- 235 Travis J, Roeder K, Walters H, Piette J, Heisler M, Ganoczy D, Valenstein M, Pfeiffer P. Telephone-based mutual peer support for depression: a pilot study. *Chronic Illn* 2010;6(3):183-191.

- 236 Rowe M, Bellamy C, Baranoski M, Wieland M, O'Connell MJ, Benedict P, Davidson L, Buchanan J, Sells D. A peer-support, group intervention to reduce substance use and criminality among persons with severe mental illness. *Psychiatr Serv* 2007;58(7):955-961.
- 237 Dennis CL. The effect of peer support on postpartum depression: a pilot randomized controlled trial. *Can J Psychiatry* 2003;48(2):115-124.
- 238 Proudfoot J, Parker G, Manicavasagar V, Hadzi-Pavlovic D, Whitton A, Nicholas J, Smith M, Burckhardt R. Effects of adjunctive peer support on perceptions of illness control and understanding in an online psychoeducation program for bipolar disorder: a randomised controlled trial. *J Affect Disord* 2012;142(1-3):98-105.
- 239 Rabenschlag F, Hoffmann H, Conca A, Schusterschitz C. Who benefits from peer support in psychiatric institutions? *Psychiatr Q* 2012;83(2):209-220.
- 240 Kaplan K, Salzer MS, Solomon P, Brusilovskiy E, Cousounis P. Internet peer support for individuals with psychiatric disabilities: A randomized controlled trial. *Soc Sci Med* 2011;72(1):54-62.
- 241 Hunkeler EM, Meresman JF, Hargreaves WA, Fireman B, Berman WH, Kirsch AJ, Groebe J, Hurt SW, Braden P, Getzell M, Feigenbaum PA, Peng T, Salzer M. Efficacy of nurse telehealth care and peer support in augmenting treatment of depression in primary care. *Arch Fam Med* 2000;9(8):700-708.
- 242 Mahlke CI, Krämer UM, Becker T, Bock T. Peer support in mental health services. *Curr Opin Psychiatry* 2014;27(4):276-281.
- 243 Salzer MS, Darr N, Calhoun G, Boyer W, Loss RE, Goessel J, Schwenk E, Brusilovskiy E. Benefits of working as a certified peer specialist: results from a statewide survey. *Psychiatr Rehabil J* 2013;36(3):219-221.
- 244 Greenwood N, Habibi R, Mackenzie A, Drennan V, Easton N. Peer support for carers: a qualitative investigation of the experiences of carers and peer volunteers. *Am J Alzheimers Dis Other Demen* 2013;28(6):617-626.
- 245 Walker G, Bryant W. Peer support in adult mental health services: a metasynthesis of qualitative findings. *Psychiatr Rehabil J* 2013;36(1):28-34.
- 246 Miyamoto Y, Sono T. Lessons from peer support among individuals with mental health difficulties: a review of the literature. *Clin Pract Epidemiol Ment Health* 2012;8:22-29.
- 247 Moran GS, Russinova Z, Gidugu V, Yim JY, Sprague C. Benefits and mechanisms of recovery among peer providers with psychiatric illnesses. *Qual Health Res* 2012;22(3):304-319.
- 248 Salzer MS, Shear SL. Identifying consumer-provider benefits in evaluations of consumer-delivered services. *Psychiatr Rehabil J* 2002;25(3):281-288.
- 249 Lloyd-Evans B, Mayo-Wilson E, Harrison B, Istead H, Brown E, Pilling S, Johnson S, Kendall T. A systematic review and meta-analysis of randomised controlled trials of peer support for people with severe mental illness. *BMC Psychiatry* 2014;14:39.
- 250 Chinman M, George P, Dougherty RH, Daniels AS, Ghose SS, Swift A, Delphin-Rittmon ME. Peer support services for individuals with serious mental illnesses: assessing the evidence. *Psychiatr Serv* 2014;65(4):429-441.
- 251 Chien WT, Thompson DR. An RCT with three-year follow-up of peer support groups for Chinese families of persons with schizophrenia. *Psychiatr Serv* 2013;64(10):997-1005.
- 252 Repper J, Carter T. A review of the literature on peer support in mental health services. *J Ment Health* 2011;20(4):392-411.
- 253 Dalgin RS, Maline S, Driscoll P. Sustaining recovery through the night: impact of a peer-run warm line. *Psychiatr Rehabil J* 2011;35(1):65-68.
- 254 Sledge WH, Lawless M, Sells D, Wieland M, O'Connell MJ, Davidson L. Effectiveness of peer support in reducing readmissions of persons with multiple psychiatric hospitalizations. *Psychiatr Serv* 2011;62(5):541-544.
- 255 Landers GM, Zhou M. An analysis of relationships among peer support, psychiatric hospitalization, and crisis stabilization. *Community Ment Health J* 2011;47(1):106-112.
- 256 Min SY, Whitecraft J, Rothbard AB, Salzer MS. Peer support for persons with co-occurring disorders and community tenure: a survival analysis. *Psychiatr Rehabil J* 2007;30(3):207-213.
- 257 Landers G, Zhou M. The impact of Medicaid peer support utilization on cost. *Medicare Medicaid Res Rev* 2014;4(1).
- 258 Lloyd-Evans B, Mayo-Wilson E, Harrison B, Istead H, Brown E, Pilling S, Johnson S, Kendall T. A systematic review and meta-analysis of randomised controlled trials of peer support for people with severe mental illness. *BMC Psychiatry* 2014;14:39.
- 259 Simpson A, Flood C, Rowe J, Quigley J, Henry S, Hall C, Evans R, Sherman P, Bowers L. Results of a pilot randomised controlled trial to measure the clinical and cost effectiveness of peer support in increasing hope and quality of life in mental health patients discharged from hospital in the UK. *BMC Psychiatry* 2014;14:30.
- 260 Stant AD, Castelein S, Bruggeman R, van Busschbach JT, van der Gaag M, Knegtering H, Wiersma D. Economic aspects of peer support groups for psychosis. *Community Ment Health J* 2011;47(1):99-105.
- 261 Akre C, Ramelet AS, Berchtold A, Suris JC. Educational intervention for parents of adolescents with chronic illness: a pre-post test pilot study. *Int J Adolesc Med Health* (Published online August 2014).
- 262 McKechnie V, Barker C, Stott J. The effectiveness of an Internet support forum for carers of people with dementia: a pre-post cohort study. *J Med Internet Res* 2014;16(2):e68.
- 263 Hammarberg K, Sartore G, Cann W, Fisher JR. Barriers and promoters of participation in facilitated peer support groups for carers of children with special needs. *Scand J Caring Sci* 2014;28(4):775-783.
- 264 Nicholas DB, Chahauver A, Brownstone D, Hetherington R, McNeill T, Bouffet E. Evaluation of an online peer support network for fathers of a child with a brain tumor. *Soc Work Health Care* 2012;51(3):232-245.
- 265 Kingsnorth S, Gall C, Beayni S, Rigby P. Parents as transition experts? Qualitative findings from a pilot parent-led peer support group. *Child Care Health Dev* 2011;37(6):833-840.
- 266 Stewart M, Letourneau N, Masuda JR, Anderson S, McGhan S. Online solutions to support needs and preferences of parents of children with asthma and allergies. *J Fam Nurs* 2011;17(3):357-379.
- 267 Powell J, Chiu T, Eysenbach G. A systematic review of networked technologies supporting carers of people with dementia. *J Telemed Telecare* 2008;14(3):154-156.
- 268 Munn-Giddings C, McVicar A. Self-help groups as mutual support: what do carers value? *Health Soc Care Community* 2007;15(1):26-34.
- 269 Gregg ME, Toumbourou JW. Sibling peer support group for young people with a sibling using drugs: a pilot study. *J Psychoactive Drugs* 2003;35(3):311-319.

- 270 Parker D, Mills S, Abbey J. Effectiveness of interventions that assist caregivers to support people with dementia living in the community: a systematic review. *Int J Evid Based Healthc* 2008;6(2):137-172.
- 271 Smith R, Greenwood N. The impact of volunteer mentoring schemes on carers of people with dementia and volunteer mentors: a systematic review. *Am J Alzheimers Dis Other Demen* 2014;29(1):8-17.
- 272 McKechnie V, Barker C, Stott J. The effectiveness of an Internet support forum for carers of people with dementia: a pre-post cohort study. *J Med Internet Res* 2014;16(2):e68.
- 273 Rossman B, Greene MM, Meier PP. The role of peer support in the development of maternal identity for "NICU moms". *J Obstet Gynecol Neonatal Nurs* (Published online January 2015).
- 274 Shilling V, Bailey S, Logan S, Morris C. Peer support for parents of disabled children part 1: perceived outcomes of a one-to-one service, a qualitative study. *Child Care Health Dev* (Published online December 2014).
- 275 Dennis CL. The process of developing and implementing a telephone-based peer support program for postpartum depression: evidence from two randomized controlled trials. *Trials* 2014;15:131.
- 276 Ingram J. A mixed methods evaluation of peer support in Bristol, UK: mothers', midwives' and peer supporters' views and the effects on breastfeeding. *BMC Pregnancy Childbirth* 2013;13:192.
- 277 Nieuwboer CC, Fukkink RG, Hermanns JM. Peer and professional parenting support on the Internet: a systematic review. *Cyberpsychol Behav Soc Netw* 2013;16(7):518-528.
- 278 Shilling V, Morris C, Thompson-Coon J, Ukoumunne O, Rogers M, Logan S. Peer support for parents of children with chronic disabling conditions: a systematic review of quantitative and qualitative studies. *Dev Med Child Neurol* 2013;55(7):602-609.
- 279 Montgomery P, Mossey S, Adams S, Bailey PH. Stories of women involved in a postpartum depression peer support group. *Int J Ment Health Nurs* 2012;21(6):524-532.
- 280 Thomson G, Crossland N, Dykes F. Giving me hope: women's reflections on a breastfeeding peer support service. *Matern Child Nutr* 2012;8(3):340-353.
- 281 Aho AL, Paavilainen E, Kaunonen M. Mothers' experiences of peer support via an Internet discussion forum after the death of a child. *Scand J Caring Sci* 2012;26(3):417-426.
- 282 Wade D, Haining S, Day A. Breastfeeding peer support: are there additional benefits? *Community Pract* 2009;82(12):30-33.
- 283 Preyde M, Ardal F. Effectiveness of a parent "buddy" program for mothers of very preterm infants in a neonatal intensive care unit. *CMAJ* 2003;168(8):969-973.
- 284 Kamalifard M, Yavarikia P, Babapour Kheiroddin J, Salehi Pourmehr H, Irajii Iranagh R. The effect of peers support on postpartum depression: a single-blind randomized clinical trial. *J Caring Sci* 2013;2(3):237-244.
- 285 Scheiwe A, Hardy R, Watt RG. Four-year follow-up of a randomized controlled trial of a social support intervention on infant feeding practices. *Matern Child Nutr* 2010;6(4):328-337.
- 286 Ingram J, Rosser J, Jackson D. Breastfeeding peer supporters and a community support group: evaluating their effectiveness. *Matern Child Nutr* 2005;1(2):111-118.
- 287 Hoddinott P, Lee AJ, Pill R. Effectiveness of a breastfeeding peer coaching intervention in rural Scotland. *Birth* 2006;33(1):27-36.
- 288 Stremler J, Lovera D. Insight from a breastfeeding peer support pilot program for husbands and fathers of Texas WIC participants. *J Hum Lact* 2004;20(4):417-422.
- 289 Dennis CL, Hodnett E, Gallop R, Chalmers B. The effect of peer support on breast-feeding duration among primiparous women: a randomized controlled trial. *CMAJ* 2002;166(1):21-28.
- 290 Niela-Vilén H, Axelin A, Salanterä S, Melender HL. Internet-based peer support for parents: a systematic integrative review. *Int J Nurs Stud* 2014;51(11):1524-1537.
- 291 Jolly K, Ingram L, Khan KS, Deeks JJ, Freemantle N, MacArthur C. Systematic review of peer support for breastfeeding continuation: metaregression analysis of the effect of setting, intensity, and timing. *BMJ* 2012;344:d8287.
- 292 Jolly K, Ingram L, Freemantle N, Khan K, Chambers J, Hamburger R, Brown J, Dennis CL, MacArthur C. Effect of a peer support service on breast-feeding continuation in the UK: a randomised controlled trial. *Midwifery* 2012;28(6):740-745.
- 293 Letourneau N, Stewart M, Dennis CL, Hegadoren K, Duffett-Leger L, Watson B. Effect of home-based peer support on maternal-infant interactions among women with postpartum depression: a randomized, controlled trial. *Int J Ment Health Nurs* 2011;20(5):345-357.
- 294 Lovera D, Sanderson M, Bogle ML, Vela Acosta MS. Evaluation of a breastfeeding peer support program for fathers of Hispanic participants in a Texas special supplemental nutrition program for women, infants, and children. *J Am Diet Assoc* 2010;110(11):1696-1702.
- 295 Ingram L, MacArthur C, Khan K, Deeks JJ, Jolly K. Effect of antenatal peer support on breastfeeding initiation: a systematic review. *CMAJ* 2010;182(16):1739-1746.
- 296 Meglio GD, McDermott MP, Klein JD. A randomized controlled trial of telephone peer support's influence on breastfeeding duration in adolescent mothers. *Breastfeed Med* 2010;5(1):41-47.
- 297 Simoni JM, Huh D, Frick PA, Pearson CR, Andrasik MP, Dunbar PJ, Hooton TM. Peer support and pager messaging to promote antiretroviral modifying therapy in Seattle: a randomized controlled trial. *J Acquir Immune Defic Syndr* 2009;52(4):465-473.
- 298 MacArthur C, Jolly K, Ingram L, Freemantle N, Dennis CL, Hamburger R, Brown J, Chambers J, Khan K. Antenatal peer support workers and initiation of breast feeding: cluster randomised controlled trial. *BMJ* 2009;338:b131.
- 299 Dennis CL, Hodnett E, Kenton L, Weston J, Zupancic J, Stewart DE, Kiss A. Effect of peer support on prevention of postnatal depression among high risk women: multisite randomised controlled trial. *BMJ* 2009;338:a3064.
- 300 Muirhead PE, Butcher G, Rankin J, Munley A. The effect of a programme of organised and supervised peer support on the initiation and duration of breastfeeding: a randomised trial. *Br J Gen Pract* 2006;56(524):191-197.
- 301 Shilling V, Bailey S, Logan S, Morris C. Peer support for parents of disabled children part 1: perceived outcomes of a one-to-one service, a qualitative study. *Child Care Health Dev* (Published online December 2014).
- 302 Leger J, Letourneau N. New mothers and postpartum depression: a narrative review of peer support intervention studies. *Health Soc Care Community* (Published online October 2014).
- 303 Dennis CL. Peer support for postpartum depression: volunteers' perceptions, recruitment strategies and training from a randomized controlled trial. *Health Promot Int* 2013;28(2):187-196.
- 304 Kempenaar LE, Darwent KL. The impact of peer support training on mothers' attitudes towards and knowledge of breastfeeding. *Matern Child Nutr* 2013;9(3):359-368.
- 305 Dennis CL. Breastfeeding peer support: maternal and volunteer perceptions from a randomized controlled trial. *Birth* 2002;29(3):169-176.

- 306 Dukhovny D, Dennis CL, Hodnett E, Weston J, Stewart DE, Mao W, Zupancic JA. Prospective economic evaluation of a peer support intervention for prevention of postpartum depression among high-risk women in Ontario, Canada. *Am J Perinatol* 2013;30(8):631-642.
- 307 Foster K, Lewis P, McCloughen A. Experiences of peer support for children and adolescents whose parents and siblings have mental illness. *J Child Adolesc Psychiatr Nurs* 2014;27(2):61-67.
- 308 Sattoe JN, Jedeloo S, van Staa A. Effective peer-to-peer support for young people with end-stage renal disease: a mixed methods evaluation of Camp COOL. *BMC Nephrol* 2013;14:279.
- 309 Boogerd EA, Noordam C, Kremer JA, Prins JB, Verhaak CM. Teaming up: feasibility of an online treatment environment for adolescents with type 1 diabetes. *Pediatr Diabetes* 2014;15(5):394-402.
- 310 Stewart M, Letourneau N, Masuda JR, Anderson S, McGhan S. Impacts of online peer support for children with asthma and allergies: It just helps you every time you can't breathe well". *J Pediatr Nurs* 2013;28(5):439-452.
- 311 Thompson C, Russell-Mayhew S, Saraceni R. Evaluating the effects of a peer-support model: reducing negative body esteem and disordered eating attitudes and behaviours in grade eight girls. *Eat Disord* 2012;20(2):113-126.
- 312 Giesbers J, Verdonck-de Leeuw IM, van Zuuren FJ, Kleverlaan N, van der Linden MH. Coping with parental cancer: web-based peer support in children. *Psychooncology* 2010;19(8):887-892.
- 313 Walker RL, Ashby J, Hoskins OD, Greene FN. Peer-support suicide prevention in a non-metropolitan U.S. community. *Adolescence* 2009;44(174):335-346.
- 314 Ellis LA, Marsh HW, Craven RG. Addressing the challenges faced by early adolescents: a mixed-method evaluation of the benefits of peer support. *Am J Community Psychol* 2009;44(1-2):54-75.
- 315 McCurdy EE, Cole CL. Use of a peer support intervention for promoting academic engagement of students with autism in general education settings. *J Autism Dev Disord* 2014;44(4):883-893.
- 316 Sidhu R, Passmore A, Baker D. The effectiveness of a peer support camp for siblings of children with cancer. *Pediatr Blood Cancer* 2006;47(5):580-588.
- 317 Klavina A, Block ME. The effect of peer tutoring on interaction behaviors in inclusive physical education. *Adapt Phys Activ Q* 2008;25(2):132-158.
- 318 Webster RA, Hunter M, Keats JA. Evaluating the effects of a peer support programme on adolescents' knowledge, attitudes and use of alcohol and tobacco. *Drug Alcohol Rev* 2002;21(1):7-16.
- 319 Klatt C, Berg CJ, Thomas JL, Ehlinger E, Ahluwalia JS, An LC. The role of peer e-mail support as part of a college smoking-cessation website. *Am J Prev Med* 2008;35(6 Suppl):S471-S478.
- 320 McVey GL, Lieberman M, Voorberg N, Wardrope D, Blackmore E. School-based peer support groups: a new approach to the prevention of disordered eating. *Eat Disord* 2003;11(3):169-185.
- 321 Mosnaim G, Li H, Martin M, Richardson D, Belice PJ, Avery E, Ryan N, Bender B, Powell L. The impact of peer support and mp3 messaging on adherence to inhaled corticosteroids in minority adolescents with asthma: a randomized, controlled trial. *J Allergy Clin Immunol Pract* 2013;1(5):485-493.
- 322 Horgan A, McCarthy G, Sweeney J. An evaluation of an online peer support forum for university students with depressive symptoms. *Arch Psychiatr Nurs* 2013;27(2):84-89.
- 323 McVey GL, Lieberman M, Voorberg N, Wardrope D, Blackmore E, Tweed S. Replication of a peer support program designed to prevent disordered eating: is a life skills approach sufficient for all middle school students? *Eat Disord* 2003;11(3):187-195.
- 324 Webster RA, Hunter M, Keats JA. Evaluating the effects of a peer support programme on adolescents' knowledge, attitudes and use of alcohol and tobacco. *Drug Alcohol Rev* 2002;21(1):7-16.
- 325 Doyle M. Peer support and mentorship in a us rare disease community: findings from the cystinosis in emerging adulthood study. *Patient* (Published online September 2014).
- 326 Sattoe JN, Jedeloo S, van Staa A. Effective peer-to-peer support for young people with end-stage renal disease: a mixed methods evaluation of Camp COOL. *BMC Nephrol* 2013;14:279.
- 327 Houlston C, Smith PK. The impact of a peer counselling scheme to address bullying in an all-girl London secondary school: a short-term longitudinal study. *Br J Educ Psychol* 2009;79(Pt 1):69-86.
- 328 McDonald RM, Brown PJ. Exploration of social support systems for older adults: a preliminary study. *Contemp Nurse* 2008;29(2):184-194.
- 329 Ezumi H, Ochiai N, Oda M, Saito S, Ago M, Fukuma N, Takenami S. Peer support via video-telephony among frail elderly people living at home. *J Telemed Telecare* 2003;9(1):30-34.
- 330 West DS, Bursac Z, Cornell CE, Felix HC, Fausett JK, Krukowski RA, Lensing S, Love SJ, Prewitt TE, Beck C. Lay health educators translate a weight-loss intervention in senior centers: a randomized controlled trial. *Am J Prev Med* 2011;41(4):385-391.
- 331 Coull AJ, Taylor VH, Elton R, Murdoch PS, Hargreaves AD. A randomised controlled trial of senior Lay Health Mentoring in older people with ischaemic heart disease: The Braveheart Project. *Age Ageing* 2004;33(4):348-354.
- 332 Krukowski RA, Pope RA, Love S, Lensing S, Felix HC, Prewitt TE, West D. Examination of costs for a lay health educator-delivered translation of the Diabetes Prevention Program in senior centers. *Prev Med* 2013;57(4):400-402.
- 333 Peterson U, Bergström G, Samuelsson M, Asberg M, Nygren A. Reflecting peer-support groups in the prevention of stress and burnout: randomized controlled trial. *J Adv Nurs* 2008;63(5):506-516.
- 334 Odeen M, Ihlebæk C, Indahl A, Wormgoor ME, Lie SA, Eriksen HR. Effect of peer-based low back pain information and reassurance at the workplace on sick leave: a cluster randomized trial. *J Occup Rehabil* 2013;23(2):209-219.
- 335 Kornhaber R, Wilson A, Abu-Qamar M, McLean L, Vandervord J. Inpatient peer support for adult burn survivors-A valuable resource: A phenomenological analysis of the Australian experience. *Burns* 2015;41(1):110-117.
- 336 Kozłowski D, Provost SC, Tucker J, van der Zwan R. Dusted community: piloting a virtual peer-to-peer support community for people with an asbestos-related diagnosis and their families. *J Psychosoc Oncol* 2014;32(4):463-475.
- 337 Davis T, Gorgens K, Shriberg J, Godleski M, Meyer L. Making meaning in a burn peer support group: qualitative analysis of attendee interviews. *J Burn Care Res* 2014;35(5):416-425.
- 338 Tolley JS, Foroushani PS. What do we know about one-to-one peer support for adults with a burn injury? A scoping review. *J Burn Care Res* 2014;35(3):233-242.
- 339 Yopp JM, Rosenstein DL. A support group for fathers whose partners died from cancer. *Clin J Oncol Nurs* 2013;17(2):169-173.
- 340 Tsai J, Rosenheck RA. Outcomes of a group intensive peer-support model of case management for supported housing. *Psychiatr Serv* 2012;63(12):1186-1194.
- 341 Barlow CA, Schiff JW, Chugh U, Rawlinson D, Hides E, Leith J. An evaluation of a suicide bereavement peer support program. *Death Stud* 2010;34(10):915-930.

- 342 Badger K, Royse D. Adult burn survivors' views of peer support: a qualitative study. *Soc Work Health Care* 2010;49(4):299-313.
- 343 Resnick SG, Rosenheck RA. Integrating peer-provided services: a quasi-experimental study of recovery orientation, confidence, and empowerment. *Psychiatr Serv* 2008;59(11):1307-1314.
- 344 Boisvert RA, Martin LM, Grosek M, Clarie AJ. Effectiveness of a peer-support community in addiction recovery: participation as intervention. *Occup Ther Int* 2008;15(4):205-220.
- 345 Pitkala KH, Routasalo P, Kautiainen H, Sintonen H, Tilvis RS. Effects of socially stimulating group intervention on lonely, older people's cognition: a randomized, controlled trial. *Am J Geriatr Psychiatry* 2011;19(7):654-663.
- 346 Mérelle SY, Sorbi MJ, van Doornen LJ, Passchier J. Lay trainers with migraine for a home-based behavioral training: a 6-month follow-up study. *Headache* 2008;48(9):1311-1325.
- 347 Tolley JS, Ferooshani PS. What do we know about one-to-one peer support for adults with a burn injury? A scoping review. *J Burn Care Res* 2014;35(3):233-242.
- 348 Auzoult L, Abdellaoui S. Perceptions of a peer suicide prevention program by inmates and professionals working in prisons. *Crisis* 2013;34(4):289-292.
- 349 Broadhead RS, Heckathorn DD, Altice FL, van Hulst Y, Carbone M, Friedland GH, O'Connor PG, Selwyn PA. Increasing drug users' adherence to HIV treatment: results of a peer-driven intervention feasibility study. *Soc Sci Med* 2002;55(2):235-246.
- 350 Bean KF, Shafer MS, Glennon M. The impact of housing first and peer support on people who are medically vulnerable and homeless. *Psychiatr Rehabil J* 2013;36(1):48-50.
- 351 Murray NJ, Gasper AV, Irvine L, Scarpello TJ, Sampson MJ. A motivational peer support program for type 2 diabetes prevention delivered by people with type 2 diabetes: the UEA-IFG feasibility study. *Diabetes Educ* 2012;38(3):366-376.
- 352 Nápoles-Springer AM, Ortiz C, O'Brien H, Díaz-Méndez M. Developing a culturally competent peer support intervention for Spanish-speaking Latinas with breast cancer. *J Immigr Minor Health* 2009;11(4):268-280.
- 353 Macvean ML, White VM, Sanson-Fisher R. One-to-one volunteer support programs for people with cancer: a review of the literature. *Patient Educ Couns* 2008;70(1):10-24.
- 354 Curtis P, Woodhill R, Stapleton H. The peer-professional interface in a community-based, breast feeding peer-support project. *Midwifery* 2007;23(2):146-156.
- 355 Winder PA, Hiltunen EF, Sethares KA, Butzlaff A. Partnerships in mending hearts: nurse and peer intervention for recovering cardiac elders. *J Cardiovasc Nurs* 2004;19(3):184-191.
- 356 Mandalia PK, Stone MA, Davies MJ, Khunti K, Carey ME. Diabetes self-management education: acceptability of using trained lay educators. *Postgrad Med J* 2014;90(1069):638-642.
- 357 Sharma S, Wallace LM, Kosmala-Anderson J, Turner A. A process evaluation using a Self Determination Theory measure of the co-delivery of self management training by clinicians and by lay tutors. *Patient Educ Couns* 2013;90(1):38-45.
- 358 Tang TS, Funnell MM, Gillard M, Nwankwo R, Heisler M. Training peers to provide ongoing diabetes self-management support (DSMS): results from a pilot study. *Patient Educ Couns* 2011;85(2):160-168.
- 359 Kinnane NA, Waters T, Aranda S. Evaluation of a pilot 'peer support' training programme for volunteers in a hospital-based cancer information and support centre. *Support Care Cancer* 2011;19(1):81-90.
- 360 Baksi AK. Experiences in peer-to-peer training in diabetes mellitus: challenges and implications. *Fam Pract* 2010;27(Suppl 1):i40-i45.
- 361 Simmons D, Voyle J, Rush E, Dear M. The New Zealand experience in peer support interventions among people with diabetes. *Fam Pract* 2010;27(Suppl 1):i53-i61.
- 362 Price M, Butow P, Kirsten L. Support and training needs of cancer support group leaders: a review. *Psychooncology* 2006;15(8):651-663.
- 363 Meehan T, Bergen H, Coveney C, Thornton R. Development and evaluation of a training program in peer support for former consumers. *Int J Ment Health Nurs* 2002;11(1):34-39.
- 364 Lorhan S, Wright M, Hodgson S, van der Westhuizen M. The development and implementation of a volunteer lay navigation competency framework at an outpatient cancer center. *Support Care Cancer* 2014;22(9):2571-2580.
- 365 Dewing S, Mathews C, Cloete A, Schaay N, Simbayi L, Louw J. Lay counselors' ability to deliver counseling for behavior change. *J Consult Clin Psychol* 2014;82(1):19-29.
- 366 Kagee A. Training lay counsellors to provide psychosocial support to ART users: successes and failures. *AIDS Care* 2013;25(4):496-502.
- 367 Shelton RC, Thompson HS, Jandorf L, Varela A, Oliveri B, Villagra C, Valdimarsdottir HB, Redd WH. Training experiences of lay and professional patient navigators for colorectal cancer screening. *J Cancer Educ* 2011;26(2):277-284.
- 368 Mérelle SY, Sorbi MJ, Duivenvoorden HJ, Passchier J. Qualities and health of lay trainers with migraine for behavioral attack prevention. *Headache* 2010;50(4):613-625.
- 369 Thompson HS, Edwards T, Erwin DO, Lee SH, Bovbjerg D, Jandorf L, Littles M, Valdimarsdottir HB, Lewis T, Karsif K, Petersen B, Romero J. Training lay health workers to promote post-treatment breast cancer surveillance in African American breast cancer survivors: development and implementation of a curriculum. *J Cancer Educ* 2009;24(4):267-274.
- 370 Hogg C, Warne T. Ordinary people, extraordinary voices: The emotional labour of lay people caring for and about people with a mental health problem. *Int J Ment Health Nurs* 2010;19(5):297-306.
- 371 Fraser M, Brown H, Homel P, Macchia RJ, LaRosa J, Clare R, Davis-King D, Collins P, Samuel T, Macalino G, Browne RC. Barbers as lay health advocates - developing a prostate cancer curriculum. *J Natl Med Assoc* 2009;101(7):690-697.
- 372 Enriquez M, Farnan R, Neville S. What experienced HIV-infected lay peer educators working in Midwestern U.S. HIV medical care settings think about their role and contributions to patient care. *AIDS Patient Care STDS* 2013;27(8):474-480.
- 373 South J, Meah A, Bagnall AM, Jones R. Dimensions of lay health worker programmes: results of a scoping study and production of a descriptive framework. *Glob Health Promot* 2013;20(1):5-15.
- 374 Gilat I, Tobin Y, Shahar G. Responses to suicidal messages in an online support group: comparison between trained volunteers and lay individuals. *Soc Psychiatry Psychiatr Epidemiol* 2012;47(12):1929-1935.
- 375 South J, Meah A, Branney PE. 'Think differently and be prepared to demonstrate trust': findings from public hearings, England, on supporting lay people in public health roles. *Health Promot Int* 2012;27(2):284-294.
- 376 Zijlstra JA, Stieglis R, Riedijk F, Smeekes M, van der Worp WE, Koster RW. Local lay rescuers with AEDs, alerted by text messages, contribute to early defibrillation in a Dutch out-of-hospital cardiac arrest dispatch system. *Resuscitation* 2014;85(11):1444-1449.

- 377 Stanley MA, Wilson NL, Amspoker AB, Kraus-Schuman C, Wagener PD, Calleo JS, Cully JA, Teng E, Rhoades HM, Williams S, Masozera N, Horsfield M, Kunik ME. Lay providers can deliver effective cognitive behavior therapy for older adults with generalized anxiety disorder: a randomized trial. *Depress Anxiety* 2014;31(5):391-401.
- 378 Washburn LT, Cornell CE, Phillips M, Felix H, Traywick L. Strength training in community settings: impact of lay leaders on program access and sustainability for rural older adults. *J Phys Act Health* 2014;11(7):1408-1414.
- 379 Thurling CH, Harris C. Prevention of mother to child transmission lay counsellors: Are they adequately trained? *Curationis* 2012;35(1):E1-E7.
- 380 Stimpson A, Kroese BS, MacMahon P, Rose N, Townson J, Felce D, Hood K, Jahoda A, Rose J, Willner P. The experiences of staff taking on the role of lay therapist in a group-based cognitive behavioural therapy anger management intervention for people with intellectual disabilities. *J Appl Res Intellect Disabil* 2013;26(1):63-70.
- 381 Krukowski RA, Lensing S, Love S, Prewitt TE, Adams B, Cornell CE, Felix HC, West D. Training of lay health educators to implement an evidence-based behavioral weight loss intervention in rural senior centers. *Gerontologist* 2013;53(1):162-171.
- 382 Nelson P, Cox H, Furze G, Lewin RJ, Morton V, Norris H, Patel N, Elton P, Carty R. Participants' experiences of care during a randomized controlled trial comparing a lay-facilitated angina management programme with usual care: a qualitative study using focus groups. *J Adv Nurs* 2013;69(4):840-850.
- 383 Teal R, Moore AA, Long DG, Vines AI, Leeman J. A community-academic partnership to plan and implement an evidence-based lay health advisor program for promoting breast cancer screening. *J Health Care Poor Underserved* 2012;23(2 Suppl):109-120.
- 384 Yuan NP, Castañeda H, Nichter M, Nichter M, Wind S, Carruth L, Muramoto M. Lay health influencers: how they tailor brief tobacco cessation interventions. *Health Educ Behav* 2012;39(5):544-554.
- 385 Castrén M, Nurmi J, Laakso JP, Kinnunen A, Backman R, Niemi-Murola L. Teaching public access defibrillation to lay volunteers--a professional health care provider is not a more effective instructor than a trained lay person. *Resuscitation* 2004;63(3):305-310.
- 386 Wagoner KG, Downs M, Alonzo J, Daniel-Ulloa J, Rhodes SD. Latino men's qualitative perspectives on a lay health advisor intervention to promote their sexual health. *Health Soc Care Community* (Published online December 2014).
- 387 Sun CJ, García M, Mann L, Alonzo J, Eng E, Rhodes SD. Latino sexual and gender identity minorities promoting sexual health within their social networks: process evaluation findings from a lay health advisor intervention. *Health Promot Pract* (Published online November 2014).
- 388 Visram S, Carr SM, Geddes L. Can lay health trainers increase uptake of NHS health checks in hard-to-reach populations? A mixed-method pilot evaluation. *J Public Health* (Published online July 2014).
- 389 Glenton C, Khanna R, Morgan C, Nilsen ES. The effects, safety and acceptability of compact, pre-filled, autodisable injection devices when delivered by lay health workers. *Trop Med Int Health* 2013;18(8):1002-1016.
- 390 Gwede CK, Ashley AA, McGinnis K, Montiel-Ishino FA, Standifer M, Baldwin J, Williams C, Sneed KB, Wathington D, Dash-Pitts L, Green BL. Designing a community-based lay health advisor training curriculum to address cancer health disparities. *Health Promot Pract* 2013;14(3):415-424.
- 391 Carter-Pokras OD, Jaschek G, Martinez IL, Brown PB, Mora SE, Newton N, Luciani I. Perspectives on Latino lay health promoter programs: Maryland, 2009. *Am J Public Health* 2011;101(12):2281-2286.
- 392 English KC, Merzel C, Moon-Howard J. Translating public health knowledge into practice: development of a lay health advisor perinatal tobacco cessation program. *J Public Health Manag Pract* 2010;16(3):E9-E19.
- 393 Richert ML, Webb AJ, Morse NA, O'Toole ML, Brownson CA. Move More Diabetes: using Lay Health Educators to support physical activity in a community-based chronic disease self-management program. *Diabetes Educ* 2007;33(Suppl 6):179S-184S.
- 394 Hood NE, Ferketich AK, Paskett ED, Wewers ME. Treatment adherence in a lay health adviser intervention to treat tobacco dependence. *Health Educ Res* 2013;28(1):72-82.
- 395 Glenton C, Lewin S, Scheel IB. Still too little qualitative research to shed light on results from reviews of effectiveness trials: a case study of a Cochrane review on the use of lay health workers. *Implement Sci* 2011;6:53.
- 396 Ayala GX, Vaz L, Earp JA, Elder JP, Cherrington A. Outcome effectiveness of the lay health advisor model among Latinos in the United States: an examination by role. *Health Educ Res* 2010;25(5):815-840.
- 397 Yuan NP, Wind S, Nichter M, Nichter M, Castañeda H, Carruth L, Muramoto M. Types of lay health influencers in tobacco cessation: a qualitative study. *Am J Health Behav* 2010;34(5):607-617.
- 398 Barlow J, Turner A, Edwards R, Gilchrist M. A randomised controlled trial of lay-led self-management for people with multiple sclerosis. *Patient Educ Couns* 2009;77(1):81-89.
- 399 Lewin S, Munabi-Babigumira S, Glenton C, Daniels K, Bosch-Capblanch X, van Wyk BE, Odgaard-Jensen J, Johansen M, Aja GN, Zwarenstein M, Scheel IB. Lay health workers in primary and community health care for maternal and child health and the management of infectious diseases. *Cochrane Database Syst Rev* 2010;(3):CD004015.
- 400 Fleury J, Keller C, Perez A, Lee SM. The role of lay health advisors in cardiovascular risk reduction: a review. *Am J Community Psychol* 2009;44(1-2):28-42.
- 401 Vissman AT, Eng E, Aronson RE, Bloom FR, Leichter JS, Montañó J, Rhodes SD. What do men who serve as lay health advisers really do?: Immigrant Latino men share their experiences as Navegantes to prevent HIV. *AIDS Educ Prev* 2009;21(3):220-232.
- 402 Kennedy LA, Milton B, Bundred P. Lay food and health worker involvement in community nutrition and dietetics in England: roles, responsibilities and relationship with professionals. *J Hum Nutr Diet* 2008;21(3):210-224.
- 403 Kennedy LA, Milton B, Bundred P. Lay food and health worker involvement in community nutrition and dietetics in England: definitions from the field. *J Hum Nutr Diet* 2008;21(3):196-209.
- 404 Gillard S, Gibson SL, Holley J, Lucock M. Developing a change model for peer worker interventions in mental health services: a qualitative research study. *Epidemiol Psychiatr Sci* 2014;1-11.
- 405 Gillard SG, Edwards C, Gibson SL, Owen K, Wright C. Introducing peer worker roles into UK mental health service teams: a qualitative analysis of the organisational benefits and challenges. *BMC Health Serv Res* 2013;13:188.
- 406 Simpson A, Quigley J, Henry SJ, Hall C. Evaluating the selection, training, and support of peer support workers in the United Kingdom. *J Psychosoc Nurs Ment Health Serv* 2014;52(1):31-40.

- 407 Chinman M, Salzer M, O'Brien-Mazza D. National survey on implementation of peer specialists in the VA: implications for training and facilitation. *Psychiatr Rehabil J* 2012;35(6):470-473.
- 408 Jacobson N, Trojanowski L, Dewa CS. What do peer support workers do? A job description. *BMC Health Serv Res* 2012;12:205.
- 409 Franke CC, Paton BC, Gassner LA. Implementing mental health peer support: a South Australian experience. *Aust J Prim Health* 2010;16(2):179-186.
- 410 van Erp NH, Hendriksen-Favier AI, Boer M. Training and employment of consumer provider employees in Dutch mental health care. *Psychiatr Rehabil J* 2010;34(1):65-67.
- 411 Chinman M, Shoai R, Cohen A. Using organizational change strategies to guide peer support technician implementation in the Veterans Administration. *Psychiatr Rehabil J* 2010;33(4):269-277.
- 412 Moll S, Holmes J, Geronimo J, Sherman D. Work transitions for peer support providers in traditional mental health programs: unique challenges and opportunities. *Work* 2009;33(4):449-458.
- 413 Nestor P, Galletly C. The employment of consumers in mental health services: politically correct tokenism or genuinely useful? *Australas Psychiatry* 2008;16(5):344-347.
- 414 Leggatt MS. Minimising collateral damage: family peer support and other strategies. *Med J Aust* 2007;187(7 Suppl):S61-S63.
- 415 Mathers J, Taylor R, Parry J. The challenge of implementing peer-led interventions in a professionalized health service: a case study of the national health trainers service in England. *Milbank Q* 2014;92(4):725-753.
- 416 Doyle M. Peer support and mentorship in a us rare disease community: findings from the cystinosis in emerging adulthood study. *Patient* (Published online September 2014).
- 417 Kornhaber R, Wilson A, Abu-Qamar M, McLean L, Vandervord J. Inpatient peer support for adult burn survivors-A valuable resource: A phenomenological analysis of the Australian experience. *Burns* 2015;41(1):110-117.
- 418 Bouchard L, Montreuil M, Gros C. Peer support among inpatients in an adult mental health setting. *Issues Ment Health Nurs* 2010;31(9):589-598.
- 419 Hughes J, Wood E, Smith G. Exploring kidney patients' experiences of receiving individual peer support. *Health Expect* 2009;12(4):396-406.
- 420 Ezumi H, Ochiai N, Oda M, Saito S, Ago M, Fukuma N, Takenami S. Peer support via video-telephony among frail elderly people living at home. *J Telemed Telecare* 2003;9(1):30-34.
- 421 Parent N, Fortin F. A randomized, controlled trial of vicarious experience through peer support for male first-time cardiac surgery patients: impact on anxiety, self-efficacy expectation, and self-reported activity. *Heart Lung* 2000;29(6):389-400.
- 422 Høybye MT, Dalton SO, Deltour I, Bidstrup PE, Frederiksen K, Johansen C. Effect of Internet peer-support groups on psychosocial adjustment to cancer: a randomised study. *Br J Cancer* 2010;102(9):1348-1354.
- 423 Shaya FT, Chirikov VV, Howard D, Foster C, Costas J, Snitker S, Frimpter J, Kucharski K. Effect of social networks intervention in type 2 diabetes: a partial randomised study. *J Epidemiol Community Health* 2014;68(4):326-332.
- 424 Klatt C, Berg CJ, Thomas JL, Ehlinger E, Ahluwalia JS, An LC. The role of peer e-mail support as part of a college smoking-cessation website. *Am J Prev Med* 2008;35(6 Suppl):S471-S478.
- 425 Heisler M, Piette JD. "I help you, and you help me": facilitated telephone peer support among patients with diabetes. *Diabetes Educ* 2005;31(6):869-879.
- 426 Proudfoot J, Parker G, Manicavasagar V, Hadzi-Pavlovic D, Whitton A, Nicholas J, Smith M, Burckhardt R. Effects of adjunctive peer support on perceptions of illness control and understanding in an online psychoeducation program for bipolar disorder: a randomised controlled trial. *J Affect Disord* 2012;142(1-3):98-105.
- 427 Rotheram-Borus MJ, Tomlinson M, Gwegwe M, Comulada WS, Kaufman N, Keim M. Diabetes buddies: peer support through a mobile phone buddy system. *Diabetes Educ* 2012;38(3):357-365.
- 428 Doyle M. Peer support and mentorship in a us rare disease community: findings from the cystinosis in emerging adulthood study. *Patient* (Published online September 2014).
- 429 Rossman B, Greene MM, Meier PP. The role of peer support in the development of maternal identity for "NICU moms". *J Obstet Gynecol Neonatal Nurs* (Published online January 2015).
- 430 Shilling V, Bailey S, Logan S, Morris C. Peer support for parents of disabled children part 1: perceived outcomes of a one-to-one service, a qualitative study. *Child Care Health Dev* (Published online December 2014).
- 431 White VM, Young MA, Farrelly A, Meiser B, Jefford M, Williamson E, Ieropoli S, Duffy J, Winship I. Randomized controlled trial of a telephone-based peer-support program for women carrying a BRCA1 or BRCA2 mutation: impact on psychological distress. *J Clin Oncol* 2014;32(36):4073-4080.
- 432 Moulton A, Balbierz A, Eisenman S, Neustein E, Walther V, Epstein I. Woman to woman: a peer to peer support program for women with gynecologic cancer. *Soc Work Health Care* 2013;52(10):913-929.
- 433 Jones N, Corrigan PW, James D, Parker J, Larson N. Peer support, self-determination, and treatment engagement: a qualitative investigation. *Psychiatr Rehabil J* 2013;36(3):209-214.
- 434 Kingsnorth S, Gall C, Beayni S, Rigby P. Parents as transition experts? Qualitative findings from a pilot parent-led peer support group. *Child Care Health Dev* 2011;37(6):833-840.
- 435 Haltiwanger EP, Brutus H. A culturally sensitive diabetes peer support for older Mexican-Americans. *Occup Ther Int* 2012;19(2):67-75.
- 436 Pistrang N, Jay Z, Gessler S, Barker C. Telephone peer support for women with gynaecological cancer: recipients' perspectives. *Psychooncology* 2012;21(10):1082-1090.
- 437 Kumar K, John H, Gordhan C, Situnayake D, Raza K, Bacon PA. Breaking communication barriers for RA patients of South Asian origin: the use of a bilingual educational audio CD and linguistically appropriate peer support and education. *Musculoskeletal Care* 2011;9(1):11-18.
- 438 Lawn S, Battersby MW, Pols RG, Lawrence J, Parry T, Urukalo M. The mental health expert patient: findings from a pilot study of a generic chronic condition self-management programme for people with mental illness. *Int J Soc Psychiatry* 2007;53(1):63-74.
- 439 Mohr DC, Burke H, Beckner V, Merluzzi N. A preliminary report on a skills-based telephone-administered peer support programme for patients with multiple sclerosis. *Mult Scler* 2005;11(2):222-226.
- 440 Griffiths C, Motlib J, Azad A, Ramsay J, Eldridge S, Feder G, Khanam R, Munni R, Garrett M, Turner A, Barlow J. Randomised controlled trial of a lay-led self-management programme for Bangladeshi patients with chronic disease. *Br J Gen Pract* 2005;55(520):831-837.
- 441 Kamalifard M, Yavarikia P, Babapour Kheiroddin J, Salehi Pourmehr H, Irajii Iranagh R. The effect of peers support on postpartum depression: a single-blind randomized clinical trial. *J Caring Sci* 2013;2(3):237-244.

- 442 Small N, Blickem C, Blakeman T, Panagioti M, Chew-Graham CA, Bower P. Telephone based self-management support by 'lay health workers' and 'peer support workers' to prevent and manage vascular diseases: a systematic review and meta-analysis. *BMC Health Serv Res* 2013;13:533.
- 443 Chapin RK, Sergeant JF, Landry S, Leedahl SN, Rachlin R, Koenig T, Graham A. Reclaiming joy: pilot evaluation of a mental health peer support program for older adults who receive Medicaid. *Gerontologist* 2013;53(2):345-352.
- 444 Buman MP, Giacobbi PR Jr, Dzierzewski JM, Aiken Morgan A, McCrae CS, Roberts BL, Marsiske M. Peer volunteers improve long-term maintenance of physical activity with older adults: a randomized controlled trial. *J Phys Act Health* 2011;8 (Suppl 2):S257-S266.
- 445 Haltiwanger EP, Brutus H. A culturally sensitive diabetes peer support for older Mexican-Americans. *Occup Ther Int* 2012;19(2):67-75.
- 446 Scheiwe A, Hardy R, Watt RG. Four-year follow-up of a randomized controlled trial of a social support intervention on infant feeding practices. *Matern Child Nutr* 2010;6(4):328-337.
- 447 Heisler M, Vijan S, Makki F, Piette JD. Diabetes control with reciprocal peer support versus nurse care management: a randomized trial. *Ann Intern Med* 2010;153(8):507-515.
- 448 Travis J, Roeder K, Walters H, Piette J, Heisler M, Ganoczy D, Valenstein M, Pfeiffer P. Telephone-based mutual peer support for depression: a pilot study. *Chronic Illn* 2010;6(3):183-191.
- 449 Chan JC, Sui Y, Oldenburg B, Zhang Y, Chung HH, Goggins W, Au S, Brown N, Ozaki R, Wong RY, Ko GT, Fisher E. Effects of telephone-based peer support in patients with type 2 diabetes mellitus receiving integrated care: a randomized clinical trial. *JAMA Intern Med* 2014;174(6):972-981.
- 450 Wong EY, Jennings CA, Rodgers WM, Selzler AM, Simmonds LG, Hamir R, Stickland MK. Peer educator vs. respiratory therapist support: which form of support better maintains health and functional outcomes following pulmonary rehabilitation? *Patient Educ Couns* 2014;95(1):118-125.
- 451 Heisler M, Halasyamani L, Cowen ME, Davis MD, Resnicow K, Strawderman RL, Choi H, Mase R, Piette JD. Randomized controlled effectiveness trial of reciprocal peer support in heart failure. *Circ Heart Fail* 2013;6(2):246-253.
- 452 Letourneau N, Stewart M, Dennis CL, Hegadoren K, Duffett-Leger L, Watson B. Effect of home-based peer support on maternal-infant interactions among women with postpartum depression: a randomized, controlled trial. *Int J Ment Health Nurs* 2011;20(5):345-357.
- 453 Smith SM, Paul G, Kelly A, Whitford DL, O'Shea E, O'Dowd T. Peer support for patients with type 2 diabetes: cluster randomised controlled trial. *BMJ* 2011;342:d715.
- 454 Dennis CL, Hodnett E, Kenton L, Weston J, Zupancic J, Stewart DE, Kiss A. Effect of peer support on prevention of postnatal depression among high risk women: multisite randomised controlled trial. *BMJ* 2009;338:a3064.
- 455 Dale J, Caramlau I, Sturt J, Friede T, Walker R. Telephone peer-delivered intervention for diabetes motivation and support: the telecare exploratory RCT. *Patient Educ Couns* 2009;75(1):91-98.
- 456 Messmer Uccelli M, Mancuso Mohr L, Battaglia MA, Zagami P, Mohr DC. Peer support groups in multiple sclerosis: current effectiveness and future directions. *Mult Scler* 2004;10(1):80-84.
- 457 Shilling V, Bailey S, Logan S, Morris C. Peer support for parents of disabled children part 1: perceived outcomes of a one-to-one service, a qualitative study. *Child Care Health Dev* (Published online December 2014).
- 458 Hayes A, Morzinski J, Ertl K, Wurm C, Patterson L, Wilke N, Whittle J. Preliminary description of the feasibility of using peer leaders to encourage hypertension self-management. *WMJ* 2010;109(2):85-90.
- 459 Brunier G, Graydon J, Rothman B, Sherman C, Liadsky R. The psychological well-being of renal peer support volunteers. *J Adv Nurs* 2002;38(1):40-49.
- 460 Dalgin RS, Maline S, Driscoll P. Sustaining recovery through the night: impact of a peer-run warm line. *Psychiatr Rehabil J* 2011;35(1):65-68.
- 461 Kennedy A, Reeves D, Bower P, Lee V, Middleton E, Richardson G, Gardner C, Gately C, Rogers A. The effectiveness and cost effectiveness of a national lay-led self care support programme for patients with long-term conditions: a pragmatic randomised controlled trial. *J Epidemiol Community Health* 2007;61(3):254-261.
- 462 Heisler M, Halasyamani L, Cowen ME, Davis MD, Resnicow K, Strawderman RL, Choi H, Mase R, Piette JD. Randomized controlled effectiveness trial of reciprocal peer support in heart failure. *Circ Heart Fail* 2013;6(2):246-253.
- 463 Dukhovny D, Dennis CL, Hodnett E, Weston J, Stewart DE, Mao W, Zupancic JA. Prospective economic evaluation of a peer support intervention for prevention of postpartum depression among high-risk women in Ontario, Canada. *Am J Perinatol* 2013;30(8):631-642.
- 464 Rossman B, Greene MM, Meier PP. The role of peer support in the development of maternal identity for "NICU moms". *J Obstet Gynecol Neonatal Nurs* (Published online January 2015).
- 465 Sattoe JN, Jedeloo S, van Staa A. Effective peer-to-peer support for young people with end-stage renal disease: a mixed methods evaluation of Camp COOL. *BMC Nephrol* 2013;14:279.
- 466 Ingram J. A mixed methods evaluation of peer support in Bristol, UK: mothers', midwives' and peer supporters' views and the effects on breastfeeding. *BMC Pregnancy Childbirth* 2013;13:192.
- 467 Heisler M, Spencer M, Forman J, Robinson C, Shultz C, Palmisano G, Graddy-Dansby G, Kieffer E. Participants' assessments of the effects of a community health worker intervention on their diabetes self-management and interactions with healthcare providers. *Am J Prev Med* 2009;37(6 Suppl 1):S270-S279.
- 468 Barber JA, Rosenheck RA, Armstrong M, Resnick SG. Monitoring the dissemination of peer support in the VA Healthcare System. *Community Ment Health J* 2008;44(6):433-441.
- 469 Stremler J, Lovera D. Insight from a breastfeeding peer support pilot program for husbands and fathers of Texas WIC participants. *J Hum Lact* 2004;20(4):417-422.
- 470 Johnson G, Magee C, Maru M, Furlong-Norman K, Rogers ES, Thompson K. Personal and societal benefits of providing peer support: a survey of peer support specialists. *Psychiatr Serv* 2014;65(5):678-680.
- 471 Salzer MS, Darr N, Calhoun G, Boyer W, Loss RE, Goessel J, Schwenk E, Brusilovskiy E. Benefits of working as a certified peer specialist: results from a statewide survey. *Psychiatr Rehabil J* 2013;36(3):219-221.
- 472 Broadhead RS, Heckathorn DD, Altice FL, van Hulst Y, Carbone M, Friedland GH, O'Connor PG, Selwyn PA. Increasing drug users' adherence to HIV treatment: results of a peer-driven intervention feasibility study. *Soc Sci Med* 2002;55(2):235-246.

- 473 Aiken A, Thomson G. Professionalisation of a breast-feeding peer support service: issues and experiences of peer supporters. *Midwifery* 2013;29(12):e145-e151.
- 474 Repper J, Carter T. A review of the literature on peer support in mental health services. *J Ment Health* 2011;20(4):392-411.
- 475 Landers G, Zhou M. The impact of Medicaid peer support utilization on cost. *Medicare Medicaid Res Rev* 2014;4(1).
- 476 Hanson LC, Green MA, Hayes M, Diehl SJ, Warnock S, Corbie-Smith G, Lin FC, Earp JA. Circles of care: implementation and evaluation of support teams for African Americans with cancer. *Health Educ Behav* 2013;41(3):291-298.
- 477 White J, Woodward J, South J. Addressing inequalities in health - what is the contribution of health trainers? *Perspect Public Health* 2013;133(4):213-220.
- 478 Quandt SA, Grzywacz JG, Talton JW, Trejo G, Tapia J, D'Agostino RB Jr, Mirabelli MC, Arcury TA. Evaluating the effectiveness of a lay health promoter-led, community-based participatory pesticide safety intervention with farmworker families. *Health Promot Pract* 2013;14(3):425-432.
- 479 Barlow J, Edwards R, Turner A. The experience of attending a lay-led, chronic disease self-management programme from the perspective of participants with multiple sclerosis. *Psychol Health* 2009;24(10):1167-1180.
- 480 Kaphingst KA, Lachance CR, Gepp A, D'Anna LH, Rios-Ellis B. Educating underserved Latino communities about family health history using lay health advisors. *Public Health Genomics* 2011;14(4-5):211-221.
- 481 Horner SD, Fouladi RT. Improvement of rural children's asthma self-management by lay health educators. *J Sch Health* 2008;78(9):506-513.
- 482 Stanish HI, Temple VA. Efficacy of a peer-guided exercise programme for adolescents with intellectual disability. *J Appl Res Intellect Disabil* 2012;25(4):319-328.
- 483 Tsai AG, Felton S. Six month outcomes of a primary care-based weight loss trial using a lay-trained counselor. *J Obes Weight Loss Ther* 2014;4(1):209.
- 484 Leung YY, Kwan J, Chan P, Poon PK, Leung C, Tam LS, Li EK, Kwok A. A pilot evaluation of Arthritis Self-Management Program by lay leaders in patients with chronic inflammatory arthritis in Hong Kong. *Clin Rheumatol* (Published online October 2014).
- 485 Visram S, Clarke C, White M. Making and maintaining lifestyle changes with the support of a lay health advisor: longitudinal qualitative study of health trainer services in northern England. *PLoS One* 2014;9(5):e94749.
- 486 Taylor VM, Bastani R, Burke N, Talbot J, Sos C, Liu Q, Do H, Jackson JC, Yasui Y. Evaluation of a hepatitis B lay health worker intervention for Cambodian Americans. *J Community Health* 2013;38(3):546-553.
- 487 Roth AM, Holmes AM, Stump TE, Aalsma MC, Ackermann RT, Carney TS, Katz BP, Kesterson J, Erdman SM, Balt CA, Inui TS. Can lay health workers promote better medical self-management by persons living with HIV? An evaluation of the Positive Choices program. *Patient Educ Couns* 2012;89(1):184-190.
- 488 West DS, Bursac Z, Cornell CE, Felix HC, Fausett JK, Krukowski RA, Lensing S, Love SJ, Prewitt TE, Beck C. Lay health educators translate a weight-loss intervention in senior centers: a randomized controlled trial. *Am J Prev Med* 2011;41(4):385-391.
- 489 Glenton C, Scheel IB, Lewin S, Swingler GH. Can lay health workers increase the uptake of childhood immunisation? Systematic review and typology. *Trop Med Int Health* 2011;16(9):1044-1053.
- 490 Paskett ED, McLaughlin JM, Lehman AM, Katz ML, Tatum CM, Oliveri JM. Evaluating the efficacy of lay health advisors for increasing risk-appropriate Pap test screening: a randomized controlled trial among Ohio Appalachian women. *Cancer Epidemiol Biomarkers Prev* 2011;20(5):835-843.
- 491 Lewin S, Munabi-Babigumira S, Glenton C, Daniels K, Bosch-Capblanch X, van Wyk BE, Odgaard-Jensen J, Johansen M, Aja GN, Zwarenstein M, Scheel IB. Lay health workers in primary and community health care for maternal and child health and the management of infectious diseases. *Cochrane Database Syst Rev* 2010;(3):CD004015.
- 492 Nguyen TT, Love MB, Liang C, Fung LC, Nguyen T, Wong C, Gildengorin G, Woo K. A pilot study of lay health worker outreach and colorectal cancer screening among Chinese Americans. *J Cancer Educ* 2010;25(3):405-412.
- 493 Russell KM, Champion VL, Monahan PO, Millon-Underwood S, Zhao Q, Spacey N, Rush NL, Paskett ED. Randomized trial of a lay health advisor and computer intervention to increase mammography screening in African American women. *Cancer Epidemiol Biomarkers Prev* 2010;19(1):201-210.
- 494 Nguyen TT, Le G, Nguyen T, Le K, Lai K, Gildengorin G, Tsoh J, Bui-Tong N, McPhee SJ. Breast cancer screening among Vietnamese Americans: a randomized controlled trial of lay health worker outreach. *Am J Prev Med* 2009;37(4):306-313.
- 495 Taylor VM, Hislop TG, Tu SP, Teh C, Acorda E, Yip MP, Woodall E, Yasui Y. Evaluation of a hepatitis B lay health worker intervention for Chinese Americans and Canadians. *J Community Health* 2009;34(3):165-172.
- 496 Mérelle SY, Sorbi MJ, van Doornen LJ, Passchier J. Lay trainers with migraine for a home-based behavioral training: a 6-month follow-up study. *Headache* 2008;48(9):1311-1325.
- 497 Han HR, Lee H, Kim MT, Kim KB. Tailored lay health worker intervention improves breast cancer screening outcomes in non-adherent Korean-American women. *Health Educ Res* 2009;24(2):318-329.
- 498 Crump SR, Shipp MP, McCray GG, Morris SJ, Okoli JA, Caplan LS, Thorne SL, Blumenthal DS. Abnormal mammogram follow-up: do community lay health advocates make a difference? *Health Promot Pract* 2008;9(2):140-148.
- 499 Coull AJ, Taylor VH, Elton R, Murdoch PS, Hargreaves AD. A randomised controlled trial of senior Lay Health Mentoring in older people with ischaemic heart disease: The Braveheart Project. *Age Ageing* 2004;33(4):348-354.
- 500 Goodall M, Barton GR, Bower P, Byrne P, Cade JE, Capewell S, Cleghorn CL, Kennedy LA, Martindale AM, Roberts C, Woolf S, Gabbay MB. Food for thought: pilot randomized controlled trial of lay health trainers supporting dietary change to reduce cardiovascular disease in deprived communities. *J Public Health* 2014;36(4):635-643.
- 501 Furze G, Cox H, Morton V, Chuang LH, Lewin RJ, Nelson P, Carty R, Norris H, Patel N, Elton P. Randomized controlled trial of a lay-facilitated angina management programme. *J Adv Nurs* 2012;68(10):2267-2279.
- 502 Taylor VM, Jackson JC, Yasui Y, Nguyen TT, Woodall E, Acorda E, Li L, Ramsey S. Evaluation of a cervical cancer control intervention using lay health workers for Vietnamese American women. *Am J Public Health* 2010;100(10):1924-1929.
- 503 Martínez-Donate AP. Using lay health advisors to promote breast and cervical cancer screening among Latinas: a review. *WMJ* 2009;108(5):259-262.

- 504 Barlow JH, Turner AP, Gilchrist M. A randomised controlled trial of lay-led self-management for myocardial infarction patients who have completed cardiac rehabilitation. *Eur J Cardiovasc Nurs* 2009;8(4):293-301.
- 505 Arcury TA, Marin A, Snively BM, Hernández-Pelletier M, Quandt SA. Reducing farmworker residential pesticide exposure: evaluation of a lay health advisor intervention. *Health Promot Pract* 2009;10(3):447-455.
- 506 Gammonley D. Psychological well-being and social support among elders employed as lay helpers. *J Gerontol Soc Work* 2009;52(1):64-80.
- 507 Plescia M, Groblewski M, Chavis L. A lay health advisor program to promote community capacity and change among change agents. *Health Promot Pract* 2008;9(4):434-439.
- 508 Raphael JL, Rueda A, Lion KC, Giordano TP. The role of lay health workers in pediatric chronic disease: a systematic review. *Acad Pediatr* 2013;13(5):408-420.
- 509 Krukowski RA, Pope RA, Love S, Lensing S, Felix HC, Prewitt TE, West D. Examination of costs for a lay health educator-delivered translation of the Diabetes Prevention Program in senior centers. *Prev Med* 2013;57(4):400-402.
- 510 Barton GR, Goodall M, Bower P, Woolf S, Capewell S, Gabbay MB. Increasing heart-health lifestyles in deprived communities: economic evaluation of lay health trainers. *J Eval Clin Pract* 2012;18(4):835-840.
- 511 Bryant-Stephens T, Kurian C, Guo R, Zhao H. Impact of a household environmental intervention delivered by lay health workers on asthma symptom control in urban, disadvantaged children with asthma. *Am J Public Health* 2009;99(Suppl 3):S657-S665.
- 512 Partridge MR, Caress AL, Brown C, Hennings J, Luker K, Woodcock A, Campbell M. Can lay people deliver asthma self-management education as effectively as primary care based practice nurses? *Thorax* 2008;63(9):778-783.
- 513 Roberts NJ, Boyd KA, Briggs AH, Caress AL, Partridge MR. Nurse led versus lay educators support for those with asthma in primary care: a costing study. *BMC Pulm Med* 2012;12:52.
- 514 Corluka A, Walker DG, Lewin S, Glenton C, Scheel IB. Are vaccination programmes delivered by lay health workers cost-effective? A systematic review. *Hum Resour Health* 2009;7:81.
- 515 Viverito KM, Cardin SA, Johnson LA, Owen RR. Lessons learned from two peer-led mutual support groups. *Int J Group Psychother* 2013;63(4):593-600.
- 516 Stewart M, Letourneau N, Masuda JR, Anderson S, McGhan S. Impacts of online peer support for children with asthma and allergies: It just helps you every time you can't breathe well". *J Pediatr Nurs* 2013;28(5):439-452.
- 517 Castelein S, Bruggeman R, van Busschbach JT, van der Gaag M, Stant AD, Knegtering H, Wiersma D. The effectiveness of peer support groups in psychosis: a randomized controlled trial. *Acta Psychiatr Scand* 2008;118(1):64-72.
- 518 Newbould J, Taylor D, Bury M. Lay-led self-management in chronic illness: a review of the evidence. *Chronic Illn* 2006;2(4):249-261.
- 519 Klavina A, Block ME. The effect of peer tutoring on interaction behaviors in inclusive physical education. *Adapt Phys Activ Q* 2008;25(2):132-158.
- 520 Kaunonen M, Hannula L, Tarkka MT. A systematic review of peer support interventions for breastfeeding. *J Clin Nurs* 2012;21(13-14):1943-1954.
- 521 Thomas GN, Macfarlane DJ, Guo B, Cheung BM, McGhee SM, Chou KL, Deeks JJ, Lam TH, Tomlinson B. Health promotion in older Chinese: a 12-month cluster randomized controlled trial of pedometer and "peer support". *Med Sci Sports Exerc* 2012;44(6):1157-1166.
- 522 Penttinen J, Nevala-Puranen N, Airaksinen O, Jääskeläinen M, Sintonen H, Takala J. Randomized controlled trial of back school with and without peer support. *J Occup Rehabil* 2002;12(1):21-29.
- 523 Carey ME, Mandalia PK, Daly H, Gray LJ, Hale R, Martin Stacey L, Taub N, Skinner TC, Stone M, Heller S, Khunti K, Davies MJ. Increasing capacity to deliver diabetes self-management education: results of the DESMOND lay educator non-randomized controlled equivalence trial. *Diabet Med* 2014;31(11):1431-1438.
- 524 Wewers ME, Ferketich AK, Harness J, Paskett ED. Effectiveness of a nurse-managed, lay-led tobacco cessation intervention among Ohio Appalachian women. *Cancer Epidemiol Biomarkers Prev* 2009;18(12):3451-3458.
- 525 Tang TS, Sohal PS, Garg AK. Rethinking peer support for diabetes in Vancouver's South-Asian community: a feasibility study. *Diabet Med* (Published online December 2014).
- 526 Greenhalgh T, Campbell-Richards D, Vijayaraghavan S, Collard A, Malik F, Griffin M, Morris J, Claydon A, Macfarlane F. New models of self-management education for minority ethnic groups: pilot randomized trial of a story-sharing intervention. *J Health Serv Res Policy* 2011;16(1):28-36.
- 527 Chinman M, George P, Dougherty RH, Daniels AS, Ghose SS, Swift A, Delphin-Rittmon ME. Peer support services for individuals with serious mental illnesses: assessing the evidence. *Psychiatr Serv* 2014;65(4):429-441.
- 528 Sims LM, Haines SL. Challenges of a pharmacist-directed peer support program among adolescents with diabetes. *J Am Pharm Assoc* 2011;51(6):766-769.
- 529 Chambers SK, Foley E, Galt E, Ferguson M, Clutton S. Mindfulness groups for men with advanced prostate cancer: a pilot study to assess feasibility and effectiveness and the role of peer support. *Support Care Cancer* 2012;20(6):1183-1192.
- 530 Walker RL, Ashby J, Hoskins OD, Greene FN. Peer-support suicide prevention in a non-metropolitan U.S. community. *Adolescence* 2009;44(174):335-346.
- 531 Percy CA, Gibbs T, Potter L, Boardman S. Nurse-led peer support group: experiences of women with polycystic ovary syndrome. *J Adv Nurs* 2009;65(10):2046-2055.
- 532 Pitkala KH, Routasalo P, Kautiainen H, Sintonen H, Tilvis RS. Effects of socially stimulating group intervention on lonely, older people's cognition: a randomized, controlled trial. *Am J Geriatr Psychiatry* 2011;19(7):654-663.
- 533 Murrock CJ, Higgins PA, Killion C. Dance and peer support to improve diabetes outcomes in African American women. *Diabetes Educ* 2009;35(6):995-1003.
- 534 Vari PM, Camburn J, Henly SJ. Professionally mediated peer support and early breastfeeding success. *J Perinat Educ* 2000;9(1):22-30.
- 535 McVey GL, Lieberman M, Voorberg N, Wardrope D, Blackmore E. School-based peer support groups: a new approach to the prevention of disordered eating. *Eat Disord* 2003;11(3):169-185.
- 536 Bouchard L, Montreuil M, Gros C. Peer support among inpatients in an adult mental health setting. *Issues Ment Health Nurs* 2010;31(9):589-598.
- 537 Muller M, Toth-Cohen S, Mulcahey MJ. Development and evaluation of a hospital-based peer support group for younger individuals with stroke. *Occup Ther Health Care* 2014;28(3):277-295.
- 538 Kessler D, Egan M, Kubina LA. Peer support for stroke survivors: a case study. *BMC Health Serv Res* 2014;14:256.

- 539 Moulton A, Balbierz A, Eisenman S, Neustein E, Walther V, Epstein I. Woman to woman: a peer to peer support program for women with gynecologic cancer. *Soc Work Health Care* 2013;52(10):913-929.
- 540 Ingram J. A mixed methods evaluation of peer support in Bristol, UK: mothers', midwives' and peer supporters' views and the effects on breastfeeding. *BMC Pregnancy Childbirth* 2013;13:192.
- 541 Sandhu S, Veinot P, Embuldeniya G, Brooks S, Sale J, Huang S, Zhao A, Richards D, Bell MJ. Peer-to-peer mentoring for individuals with early inflammatory arthritis: feasibility pilot. *BMJ Open* 2013;3(3).
- 542 Gillespie P, O'Shea E, Paul G, O'Dowd T, Smith SM. Cost effectiveness of peer support for type 2 diabetes. *Int J Technol Assess Health Care* 2012;28(1):3-11.
- 543 Kingsnorth S, Gall C, Beayni S, Rigby P. Parents as transition experts? Qualitative findings from a pilot parent-led peer support group. *Child Care Health Dev* 2011;37(6):833-840.
- 544 Morris R, Morris P. Participants' experiences of hospital-based peer support groups for stroke patients and carers. *Disabil Rehabil* 2012;34(4):347-354.
- 545 Hughes J, Wood E, Smith G. Exploring kidney patients' experiences of receiving individual peer support. *Health Expect* 2009;12(4):396-406.
- 546 Percy CA, Gibbs T, Potter L, Boardman S. Nurse-led peer support group: experiences of women with polycystic ovary syndrome. *J Adv Nurs* 2009;65(10):2046-2055.
- 547 Griffiths C, Motlib J, Azad A, Ramsay J, Eldridge S, Feder G, Khanam R, Munni R, Garrett M, Turner A, Barlow J. Randomised controlled trial of a lay-led self-management programme for Bangladeshi patients with chronic disease. *Br J Gen Pract* 2005;55(520):831-837.
- 548 Kamalifard M, Yavarikia P, Babapour Kheiroddin J, Salehi Pourmehr H, Iraj Iranagh R. The effect of peers support on postpartum depression: a single-blind randomized clinical trial. *J Caring Sci* 2013;2(3):237-244.
- 549 Boardman G, McCann T, Kerr D. A peer support programme for enhancing adherence to oral antipsychotic medication in consumers with schizophrenia. *J Adv Nurs* 2014;70(10):2293-2302.
- 550 Sandhu S, Veinot P, Embuldeniya G, Brooks S, Sale J, Huang S, Zhao A, Richards D, Bell MJ. Peer-to-peer mentoring for individuals with early inflammatory arthritis: feasibility pilot. *BMJ Open* 2013;3(3).
- 551 Chapin RK, Sergeant JF, Landry S, Leedahl SN, Rachlin R, Koenig T, Graham A. Reclaiming joy: pilot evaluation of a mental health peer support program for older adults who receive Medicaid. *Gerontologist* 2013;53(2):345-352.
- 552 Heisler M, Vijan S, Makki F, Piette JD. Diabetes control with reciprocal peer support versus nurse care management: a randomized trial. *Ann Intern Med* 2010;153(8):507-515.
- 553 Travis J, Roeder K, Walters H, Piette J, Heisler M, Ganoczy D, Valenstein M, Pfeiffer P. Telephone-based mutual peer support for depression: a pilot study. *Chronic Illn* 2010;6(3):183-191.
- 554 Murrock CJ, Higgins PA, Killion C. Dance and peer support to improve diabetes outcomes in African American women. *Diabetes Educ* 2009;35(6):995-1003.
- 555 Klatt C, Berg CJ, Thomas JL, Ehlinger E, Ahluwalia JS, An LC. The role of peer e-mail support as part of a college smoking-cessation website. *Am J Prev Med* 2008;35(6 Suppl):S471-S478.
- 556 Penttinen J, Nevala-Puranen N, Airaksinen O, Jääskeläinen M, Sintonen H, Takala J. Randomized controlled trial of back school with and without peer support. *J Occup Rehabil* 2002;12(1):21-29.
- 557 Tang TS, Sohal PS, Garg AK. Rethinking peer support for diabetes in Vancouver's South-Asian community: a feasibility study. *Diabet Med* (Published online December 2014).
- 558 Wong EY, Jennings CA, Rodgers WM, Selzler AM, Simmonds LG, Hamir R, Stickland MK. Peer educator vs. respiratory therapist support: which form of support better maintains health and functional outcomes following pulmonary rehabilitation? *Patient Educ Couns* 2014;95(1):118-125.
- 559 Kessler D, Egan M, Kubina LA. Peer support for stroke survivors: a case study. *BMC Health Serv Res* 2014;14:256.
- 560 Sandhu S, Veinot P, Embuldeniya G, Brooks S, Sale J, Huang S, Zhao A, Richards D, Bell MJ. Peer-to-peer mentoring for individuals with early inflammatory arthritis: feasibility pilot. *BMJ Open* 2013;3(3).
- 561 Hayes A, Morzinski J, Ertl K, Wurm C, Patterson L, Wilke N, Whittle J. Preliminary description of the feasibility of using peer leaders to encourage hypertension self-management. *WJM* 2010;109(2):85-90.
- 562 Odeen M, Ihlebæk C, Indahl A, Wormgoor ME, Lie SA, Eriksen HR. Effect of peer-based low back pain information and reassurance at the workplace on sick leave: a cluster randomized trial. *J Occup Rehabil* 2013;23(2):209-219.
- 563 Gillespie P, O'Shea E, Paul G, O'Dowd T, Smith SM. Cost effectiveness of peer support for type 2 diabetes. *Int J Technol Assess Health Care* 2012;28(1):3-11.
- 564 Kennedy A, Reeves D, Bower P, Lee V, Middleton E, Richardson G, Gardner C, Gately C, Rogers A. The effectiveness and cost effectiveness of a national lay-led self care support programme for patients with long-term conditions: a pragmatic randomised controlled trial. *J Epidemiol Community Health* 2007;61(3):254-261.
- 565 Landers G, Zhou M. The impact of Medicaid peer support utilization on cost. *Medicare Medicaid Res Rev* 2014;4(1).
- 566 Badger K, Royle D. Helping others heal: burn survivors and peer support. *Soc Work Health Care* 2010;49(1):1-18.
- 567 Stanish HI, Temple VA. Efficacy of a peer-guided exercise programme for adolescents with intellectual disability. *J Appl Res Intellect Disabil* 2012;25(4):319-328.
- 568 Hilding C, Fridlund B. A 3-year follow-up of participation in peer support groups after a cardiac event. *Eur J Cardiovasc Nurs* 2004;3(4):315-320.
- 569 Broadhead RS, Heckathorn DD, Altice FL, van Hulst Y, Carbone M, Friedland GH, O'Connor PG, Selwyn PA. Increasing drug users' adherence to HIV treatment: results of a peer-driven intervention feasibility study. *Soc Sci Med* 2002;55(2):235-246.
- 570 Anderson T, Lipman E, Mills B, Metz H, Teram E, Elbard M, Waymouth M, Sanford M. The recreation mentoring program: a community engagement initiative for children. *J Can Acad Child Adolesc Psychiatry* 2006;15(2):59-63.
- 571 Allcock M, Kaye L, Johnson LS, Carr C, Alick C, Gellin M, Campbell M. The use of motivational interviewing to promote peer-to-peer support for cancer survivors. *Clin J Oncol Nurs* 2012;16(5):E156-E163.
- 572 Shilling V, Bailey S, Logan S, Morris C. Peer support for parents of disabled children part 2: how organizational and process factors influenced shared experience in a one-to-one service, a qualitative study. *Child Care Health Dev* (Published online January 2015).

- 573 Lorhan S, Dennis D, van der Westhuizen M, Hodgson S, Berrang T, Daudt H. The experience of people with lung cancer with a volunteer-based lay navigation intervention at an outpatient cancer center. *Patient Educ Couns* 2014;96(2):237-248.
- 574 Meade CD, Wells KJ, Arevalo M, Calcagno ER, Rivera M, Sarmiento Y, Freeman HP, Roetzheim RG. Lay navigator model for impacting cancer health disparities. *J Cancer Educ* 2014;29(3):449-457.
- 575 Steinberg ML, Fremont A, Khan DC, Huang D, Knapp H, Karaman D, Forge N, Andre K, Chaiken LM, Streeter OE Jr. Lay patient navigator program implementation for equal access to cancer care and clinical trials: essential steps and initial challenges. *Cancer* 2006;107(11):2669-2677.
- 576 Penttinen J, Nevala-Puranen N, Airaksinen O, Jääskeläinen M, Sintonen H, Takala J. Randomized controlled trial of back school with and without peer support. *J Occup Rehabil* 2002;12(1):21-29.
- 577 Lewis MW, Cherrington AL, Gamboa CM, Halanych JH, Martin MY, Safford MM. Assessing peer advisor intervention fidelity using video skits in a peer support implementation trial. *Health Promot Pract* 2014;15(5):759-767.
- 578 Muramoto ML, Hall JR, Nichter M, Nichter M, Aickin M, Connolly T, Matthews E, Campbell JZ, Lando HA. Activating lay health influencers to promote tobacco cessation. *Am J Health Behav* 2014;38(3):392-403.
- 579 Gillard S, Gibson SL, Holley J, Lucock M. Developing a change model for peer worker interventions in mental health services: a qualitative research study. *Epidemiol Psychiatr Sci* 2014;1-11.
- 580 Egger G, Binns A, Cole MA, Ewald D, Davies L, Meldrum H, Stevens J, Noffsinger E. Shared medical appointments - an adjunct for chronic disease management in Australia? *Aust Fam Physician* 2014;43(3):151-154.
- 581 Harden PN, Sherston SN. Optimal management of young adult transplant recipients: the role of integrated multidisciplinary care and peer support. *Ann Saudi Med* 2013;33(5):489-491.
- 582 Staiano AE, Abraham AA, Calvert SL. The Wii Club: Gaming for Weight Loss in Overweight and Obese Youth. *Games Health J* 2012;1(5):377-380.
- 583 Gray CM, Hunt K, Mutrie N, Anderson AS, Leishman J, Dalgarno L, Wyke S. Football Fans in Training: the development and optimization of an intervention delivered through professional sports clubs to help men lose weight, become more active and adopt healthier eating habits. *BMC Public Health* 2013;13:232.
- 584 Middlemass J, Davy Z, Cavanagh K, Linehan C, Morgan K, Lawson S, Siriwardena AN. Integrating online communities and social networks with computerised treatment for insomnia: a qualitative study. *Br J Gen Pract* 2012;62(605):e840-e850.
- 585 Lindenbergh K, Moessner M, Harney J, McLaughlin O, Bauer S. E-health for individualized prevention of eating disorders. *Clin Pract Epidemiol Ment Health* 2011;7:74-83.
- 586 Smarr KL, Musser DR, Shigaki CL, Johnson R, Hanson KD, Siva C. Online self-management in rheumatoid arthritis: a patient-centered model application. *Telemed J E Health* 2011;17(2):104-110.
- 587 Allan K, Hoddinott P, Avenell A. A qualitative study comparing commercial and health service weight loss groups, classes and clubs. *J Hum Nutr Diet* 2011;24(1):23-31.
- 588 Crotty M, Prendergast J, Battersby MW, Rowett D, Graves SE, Leach G, Giles LC. Self-management and peer support among people with arthritis on a hospital joint replacement waiting list: a randomised controlled trial. *Osteoarthritis Cartilage* 2009;17(11):1428-1433.
- 589 Holsley CN, Cummings L. Evaluating a residential asthma camp program and ways to increase physical activity. *Pediatr Nurs* 2008;34(6):459-461,492.
- 590 Gruber KJ. Social support for exercise and dietary habits among college students. *Adolescence* 2008;43(171):557-575.
- 591 Routasalo PE, Tilvis RS, Kautiainen H, Pitkala KH. Effects of psychosocial group rehabilitation on social functioning, loneliness and well-being of lonely, older people: randomized controlled trial. *J Adv Nurs* 2009;65(2):297-305.
- 592 Clark M. Diabetes self-management education: a review of published studies. *Prim Care Diabetes* 2008;2(3):113-120.
- 593 Coleman EA, Eilertsen TB, Kramer AM, Magid DJ, Beck A, Conner D. Reducing emergency visits in older adults with chronic illness. A randomized, controlled trial of group visits. *Eff Clin Pract* 2001;4(2):49-57.
- 594 White VM, Young MA, Farrelly A, Meiser B, Jefford M, Williamson E, Ieropoli S, Duffy J, Winship I. Randomized controlled trial of a telephone-based peer-support program for women carrying a BRCA1 or BRCA2 mutation: impact on psychological distress. *J Clin Oncol* 2014;32(36):4073-4080.
- 595 Horter S, Stringer B, Venis S, du Cros P. "I can also serve as an inspiration": a qualitative study of the TB&Me blogging experience and its role in MDR-TB treatment. *PLoS One* 2014;9(9):e108591.
- 596 McCarron A. An exploration of the perceived effects of a support group for individuals with rheumatoid arthritis. *J Am Assoc Nurse Pract* (Published online July 2014).
- 597 Boogerd EA, Noordam C, Kremer JA, Prins JB, Verhaak CM. Teaming up: feasibility of an online treatment environment for adolescents with type 1 diabetes. *Pediatr Diabetes* 2014;15(5):394-402.
- 598 Kingsnorth S, Gall C, Beayni S, Rigby P. Parents as transition experts? Qualitative findings from a pilot parent-led peer support group. *Child Care Health Dev* 2011;37(6):833-840.
- 599 Morris R, Morris P. Participants' experiences of hospital-based peer support groups for stroke patients and carers. *Disabil Rehabil* 2012;34(4):347-354.
- 600 Pistrang N, Jay Z, Gessler S, Barker C. Telephone peer support for women with gynaecological cancer: recipients' perspectives. *Psychooncology* 2012;21(10):1082-1090.
- 601 Kumar K, John H, Gordhan C, Situnayake D, Raza K, Bacon PA. Breaking communication barriers for RA patients of South Asian origin: the use of a bilingual educational audio CD and linguistically appropriate peer support and education. *Musculoskeletal Care* 2011;9(1):11-18.
- 602 Hughes J, Wood E, Smith G. Exploring kidney patients' experiences of receiving individual peer support. *Health Expect* 2009;12(4):396-406.
- 603 Percy CA, Gibbs T, Potter L, Boardman S. Nurse-led peer support group: experiences of women with polycystic ovary syndrome. *J Adv Nurs* 2009;65(10):2046-2055.
- 604 Quandt SA, Grzywacz JG, Talton JW, Trejo G, Tapia J, D'Agostino RB Jr, Mirabelli MC, Arcury TA. Evaluating the effectiveness of a lay health promoter-led, community-based participatory pesticide safety intervention with farmworker families. *Health Promot Pract* 2013;14(3):425-432.
- 605 Høybye MT, Dalton SO, Deltour I, Bidstrup PE, Frederiksen K, Johansen C. Effect of Internet peer-support groups on psychosocial adjustment to cancer: a randomised study. *Br J Cancer* 2010;102(9):1348-1354.

- 606 Molassiotis A, Callaghan P, Twinn SF, Lam SW, Chung WY, Li CK. A pilot study of the effects of cognitive-behavioral group therapy and peer support/counseling in decreasing psychologic distress and improving quality of life in Chinese patients with symptomatic HIV disease. *AIDS Patient Care STDS* 2002;16(2):83-96.
- 607 Kamalifard M, Yavarikia P, Babapour Kheiroddin J, Salehi Pourmehr H, Irajii Iranagh R. The effect of peers support on postpartum depression: a single-blind randomized clinical trial. *J Caring Sci* 2013;2(3):237-244.
- 608 Shaya FT, Chirikov VV, Howard D, Foster C, Costas J, Snitker S, Frimpter J, Kucharski K. Effect of social networks intervention in type 2 diabetes: a partial randomised study. *J Epidemiol Community Health* 2014;68(4):326-332.
- 609 Heisler M, Vijan S, Makki F, Piette JD. Diabetes control with reciprocal peer support versus nurse care management: a randomized trial. *Ann Intern Med* 2010;153(8):507-515.
- 610 Travis J, Roeder K, Walters H, Piette J, Heisler M, Ganoczy D, Valenstein M, Pfeiffer P. Telephone-based mutual peer support for depression: a pilot study. *Chronic Illn* 2010;6(3):183-191.
- 611 Russell KM, Champion VL, Monahan PO, Millon-Underwood S, Zhao Q, Spacey N, Rush NL, Paskett ED. Randomized trial of a lay health advisor and computer intervention to increase mammography screening in African American women. *Cancer Epidemiol Biomarkers Prev* 2010;19(1):201-210.
- 612 Horgan A, McCarthy G, Sweeney J. An evaluation of an online peer support forum for university students with depressive symptoms. *Arch Psychiatr Nurs* 2013;27(2):84-89.
- 613 Letourneau N, Stewart M, Dennis CL, Hegadoren K, Duffett-Leger L, Watson B. Effect of home-based peer support on maternal-infant interactions among women with postpartum depression: a randomized, controlled trial. *Int J Ment Health Nurs* 2011;20(5):345-357.
- 614 Smith SM, Paul G, Kelly A, Whitford DL, O'Shea E, O'Dowd T. Peer support for patients with type 2 diabetes: cluster randomised controlled trial. *BMJ* 2011;342:d715.
- 615 Greenhalgh T, Campbell-Richards D, Vijayaraghavan S, Collard A, Malik F, Griffin M, Morris J, Claydon A, Macfarlane F. New models of self-management education for minority ethnic groups: pilot randomized trial of a story-sharing intervention. *J Health Serv Res Policy* 2011;16(1):28-36.
- 616 Dale J, Caramlau I, Sturt J, Friede T, Walker R. Telephone peer-delivered intervention for diabetes motivation and support: the telecare exploratory RCT. *Patient Educ Couns* 2009;75(1):91-98.
- 617 Hayes A, Morzinski J, Ertl K, Wurm C, Patterson L, Wilke N, Whittle J. Preliminary description of the feasibility of using peer leaders to encourage hypertension self-management. *WMJ* 2010;109(2):85-90.
- 618 Kennedy A, Reeves D, Bower P, Lee V, Middleton E, Richardson G, Gardner C, Gately C, Rogers A. The effectiveness and cost effectiveness of a national lay-led self care support programme for patients with long-term conditions: a pragmatic randomised controlled trial. *J Epidemiol Community Health* 2007;61(3):254-261.
- 619 Dalgin RS, Maline S, Driscoll P. Sustaining recovery through the night: impact of a peer-run warm line. *Psychiatr Rehabil J* 2011;35(1):65-68.
- 620 Sattoe JN, Jedeloo S, van Staa A. Effective peer-to-peer support for young people with end-stage renal disease: a mixed methods evaluation of Camp COOL. *BMC Nephrol* 2013;14:279.
- 621 Sandhu S, Veinot P, Embuldeniya G, Brooks S, Sale J, Huang S, Zhao A, Richards D, Bell MJ. Peer-to-peer mentoring for individuals with early inflammatory arthritis: feasibility pilot. *BMJ Open* 2013;3(3).
- 622 Hibbard MR, Cantor J, Charatz H, Rosenthal R, Ashman T, Gundersen N, Ireland-Knight L, Gordon W, Avner J, Gartner A. Peer support in the community: initial findings of a mentoring program for individuals with traumatic brain injury and their families. *J Head Trauma Rehabil* 2002;17(2):112-131.
- 623 Sandhu S, Veinot P, Embuldeniya G, Brooks S, Sale J, Huang S, Zhao A, Richards D, Bell MJ. Peer-to-peer mentoring for individuals with early inflammatory arthritis: feasibility pilot. *BMJ Open* 2013;3(3).
- 624 Coull AJ, Taylor VH, Elton R, Murdoch PS, Hargreaves AD. A randomised controlled trial of senior Lay Health Mentoring in older people with ischaemic heart disease: The Braveheart Project. *Age Ageing* 2004;33(4):348-354.
- 625 Doyle M. Peer support and mentorship in a us rare disease community: findings from the cystinosis in emerging adulthood study. *Patient* (Published online September 2014).
- 626 Sandhu S, Veinot P, Embuldeniya G, Brooks S, Sale J, Huang S, Zhao A, Richards D, Bell MJ. Peer-to-peer mentoring for individuals with early inflammatory arthritis: feasibility pilot. *BMJ Open* 2013;3(3).
- 627 Sledge WH, Lawless M, Sells D, Wieland M, O'Connell MJ, Davidson L. Effectiveness of peer support in reducing readmissions of persons with multiple psychiatric hospitalizations. *Psychiatr Serv* 2011;62(5):541-544.
- 628 Allicock M, Carr C, Johnson LS, Smith R, Lawrence M, Kaye L, Gellin M, Manning M. Implementing a one-on-one peer support program for cancer survivors using a motivational interviewing approach: results and lessons learned. *J Cancer Educ* 2014;29(1):91-98.
- 629 Mohr DC, Burke H, Beckner V, Merluzzi N. A preliminary report on a skills-based telephone-administered peer support programme for patients with multiple sclerosis. *Mult Scler* 2005;11(2):222-226.
- 630 Boardman G, McCann T, Kerr D. A peer support programme for enhancing adherence to oral antipsychotic medication in consumers with schizophrenia. *J Adv Nurs* 2014;70(10):2293-2302.
- 631 Chapin RK, Sergeant JF, Landry S, Leedah SN, Rachlin R, Koenig T, Graham A. Reclaiming joy: pilot evaluation of a mental health peer support program for older adults who receive Medicaid. *Gerontologist* 2013;53(2):345-352.
- 632 Chan JC, Sui Y, Oldenburg B, Zhang Y, Chung HH, Goggins W, Au S, Brown N, Ozaki R, Wong RY, Ko GT, Fisher E. Effects of telephone-based peer support in patients with type 2 diabetes mellitus receiving integrated care: a randomized clinical trial. *JAMA Intern Med* 2014;174(6):972-981.
- 633 Shilling V, Bailey S, Logan S, Morris C. Peer support for parents of disabled children part 1: perceived outcomes of a one-to-one service, a qualitative study. *Child Care Health Dev* (Published online December 2014).
- 634 Kornhaber R, Wilson A, Abu-Qamar M, McLean L, Vandervord J. Inpatient peer support for adult burn survivors-A valuable resource: A phenomenological analysis of the Australian experience. *Burns* 2015;41(1):110-117.
- 635 Bouchard L, Montreuil M, Gros C. Peer support among inpatients in an adult mental health setting. *Issues Ment Health Nurs* 2010;31(9):589-598.

- 636 Ezumi H, Ochiai N, Oda M, Saito S, Ago M, Fukuma N, Takenami S. Peer support via video-telephony among frail elderly people living at home. *J Telemed Telecare* 2003;9(1):30-34.
- 637 Parent N, Fortin F. A randomized, controlled trial of vicarious experience through peer support for male first-time cardiac surgery patients: impact on anxiety, self-efficacy expectation, and self-reported activity. *Heart Lung* 2000;29(6):389-400.
- 638 Smith R, Greenwood N. The impact of volunteer mentoring schemes on carers of people with dementia and volunteer mentors: a systematic review. *Am J Alzheimers Dis Other Demen* 2014;29(1):8-17.
- 639 Shilling V, Bailey S, Logan S, Morris C. Peer support for parents of disabled children part 1: perceived outcomes of a one-to-one service, a qualitative study. *Child Care Health Dev* (Published online December 2014).
- 640 Ingram J. A mixed methods evaluation of peer support in Bristol, UK: mothers', midwives' and peer supporters' views and the effects on breastfeeding. *BMC Pregnancy Childbirth* 2013;13:192.
- 641 Tamplin J, Baker FA, Jones B, Way A, Lee S. 'Stroke a Chord': the effect of singing in a community choir on mood and social engagement for people living with aphasia following a stroke. *NeuroRehabilitation* 2013;32(4):929-941.
- 642 Morris BA, Chambers SK, Campbell M, Dwyer M, Dunn J. Motorcycles and breast cancer: the influence of peer support and challenge on distress and posttraumatic growth. *Support Care Cancer* 2012;20(8):1849-1858.
- 643 Chambers SK, Foley E, Galt E, Ferguson M, Clutton S. Mindfulness groups for men with advanced prostate cancer: a pilot study to assess feasibility and effectiveness and the role of peer support. *Support Care Cancer* 2012;20(6):1183-1192.
- 644 Morris BA, Campbell M, Dwyer M, Dunn J, Chambers SK. Survivor identity and post-traumatic growth after participating in challenge-based peer-support programmes. *Br J Health Psychol* 2011;16(3):660-674.
- 645 Klavina A, Block ME. The effect of peer tutoring on interaction behaviors in inclusive physical education. *Adapt Phys Activ Q* 2008;25(2):132-158.
- 646 Stanish HI, Temple VA. Efficacy of a peer-guided exercise programme for adolescents with intellectual disability. *J Appl Res Intellect Disabil* 2012;25(4):319-328.
- 647 Thomas GN, Macfarlane DJ, Guo B, Cheung BM, McGhee SM, Chou KL, Deeks JJ, Lam TH, Tomlinson B. Health promotion in older Chinese: a 12-month cluster randomized controlled trial of pedometer and "peer support". *Med Sci Sports Exerc* 2012;44(6):1157-1166.
- 648 Buman MP, Giacobbi PR Jr, Dzierzewski JM, Aiken Morgan A, McCrae CS, Roberts BL, Marsiske M. Peer volunteers improve long-term maintenance of physical activity with older adults: a randomized controlled trial. *J Phys Act Health* 2011;8 (Suppl 2):S257-S266.
- 649 Pitkala KH, Routasalo P, Kautiainen H, Sintonen H, Tilvis RS. Effects of socially stimulating group intervention on lonely, older people's cognition: a randomized, controlled trial. *Am J Geriatr Psychiatry* 2011;19(7):654-663.
- 650 Murrock CJ, Higgins PA, Killion C. Dance and peer support to improve diabetes outcomes in African American women. *Diabetes Educ* 2009;35(6):995-1003.
- 651 Dorgo S, Robinson KM, Bader J. The effectiveness of a peer-mentored older adult fitness program on perceived physical, mental, and social function. *J Am Acad Nurse Pract* 2009;21(2):116-122.
- 652 Penttinen J, Nevala-Puranen N, Airaksinen O, Jääskeläinen M, Sintonen H, Takala J. Randomized controlled trial of back school with and without peer support. *J Occup Rehabil* 2002;12(1):21-29.
- 653 Rossman B, Greene MM, Meier PP. The role of peer support in the development of maternal identity for "NICU moms". *J Obstet Gynecol Neonatal Nurs* (Published online January 2015).
- 654 White VM, Young MA, Farrelly A, Meiser B, Jefford M, Williamson E, Ieropoli S, Duffy J, Winship I. Randomized controlled trial of a telephone-based peer-support program for women carrying a BRCA1 or BRCA2 mutation: impact on psychological distress. *J Clin Oncol* 2014;32(36):4073-4080.
- 655 Sattoe JN, Jedeloo S, van Staa A. Effective peer-to-peer support for young people with end-stage renal disease: a mixed methods evaluation of Camp COOL. *BMC Nephrol* 2013;14:279.
- 656 Hanson LC, Green MA, Hayes M, Diehl SJ, Warnock S, Corbie-Smith G, Lin FC, Earp JA. Circles of care: implementation and evaluation of support teams for African Americans with cancer. *Health Educ Behav* 2013;41(3):291-298.
- 657 Janssen PA, Gibson K, Bowen R, Spittal PM, Petersen KL. Peer support using a mobile access van promotes safety and harm reduction strategies among sex trade workers in Vancouver's Downtown Eastside. *J Urban Health* 2009;86(5):804-809.
- 658 Lawn S, Battersby MW, Pols RG, Lawrence J, Parry T, Urukalo M. The mental health expert patient: findings from a pilot study of a generic chronic condition self-management programme for people with mental illness. *Int J Soc Psychiatry* 2007;53(1):63-74.
- 659 Kaphingst KA, Lachance CR, Gepp A, D'Anna LH, Rios-Ellis B. Educating underserved Latino communities about family health history using lay health advisors. *Public Health Genomics* 2011;14(4-5):211-221.
- 660 Griffiths C, Motlib J, Azad A, Ramsay J, Eldridge S, Feder G, Khanam R, Munni R, Garrett M, Turner A, Barlow J. Randomised controlled trial of a lay-led self-management programme for Bangladeshi patients with chronic disease. *Br J Gen Pract* 2005;55(520):831-837.
- 661 Kamalifard M, Yavarikia P, Babapour Kheiroddin J, Salehi Pourmehr H, Iraj Iranagh R. The effect of peers support on postpartum depression: a single-blind randomized clinical trial. *J Caring Sci* 2013;2(3):237-244.
- 662 Dorgo S, Robinson KM, Bader J. The effectiveness of a peer-mentored older adult fitness program on perceived physical, mental, and social function. *J Am Acad Nurse Pract* 2009;21(2):116-122.
- 663 Leung YY, Kwan J, Chan P, Poon PK, Leung C, Tam LS, Li EK, Kwok A. A pilot evaluation of Arthritis Self-Management Program by lay leaders in patients with chronic inflammatory arthritis in Hong Kong. *Clin Rheumatol* (Published online October 2014).
- 664 West DS, Bursac Z, Cornell CE, Felix HC, Fausett JK, Krukowski RA, Lensing S, Love SJ, Prewitt TE, Beck C. Lay health educators translate a weight-loss intervention in senior centers: a randomized controlled trial. *Am J Prev Med* 2011;41(4):385-391.
- 665 Mérelle SY, Sorbi MJ, van Doornen LJ, Passchier J. Lay trainers with migraine for a home-based behavioral training: a 6-month follow-up study. *Headache* 2008;48(9):1311-1325.
- 666 Barlow JH, Turner AP, Gilchrist M. A randomised controlled trial of lay-led self-management for myocardial infarction patients who have completed cardiac rehabilitation. *Eur J Cardiovasc Nurs* 2009;8(4):293-301.

- 667 Krukowski RA, Pope RA, Love S, Lensing S, Felix HC, Prewitt TE, West D. Examination of costs for a lay health educator-delivered translation of the Diabetes Prevention Program in senior centers. *Prev Med* 2013;57(4):400-402.
- 668 White VM, Young MA, Farrelly A, Meiser B, Jefford M, Williamson E, Ieropoli S, Duffy J, Winship I. Randomized controlled trial of a telephone-based peer-support program for women carrying a BRCA1 or BRCA2 mutation: impact on psychological distress. *J Clin Oncol* 2014;32(36):4073-4080.
- 669 Sattoe JN, Jedeloo S, van Staa A. Effective peer-to-peer support for young people with end-stage renal disease: a mixed methods evaluation of Camp COOL. *BMC Nephrol* 2013;14:279.
- 670 Ingram J. A mixed methods evaluation of peer support in Bristol, UK: mothers', midwives' and peer supporters' views and the effects on breastfeeding. *BMC Pregnancy Childbirth* 2013;13:192.
- 671 Hwang KO, Ottenbacher AJ, Graham AL, Thomas EJ, Street RL Jr, Vernon SW. Online narratives and peer support for colorectal cancer screening: a pilot randomized trial. *Am J Prev Med* 2013;45(1):98-107.
- 672 McMaster K, Aguinaldo L, Parekh NK. Evaluation of an ongoing psychoeducational inflammatory bowel disease support group in an adult outpatient setting. *Gastroenterol Nurs* 2012;35(6):383-390.
- 673 Kumar K, John H, Gordhan C, Situnayake D, Raza K, Bacon PA. Breaking communication barriers for RA patients of South Asian origin: the use of a bilingual educational audio CD and linguistically appropriate peer support and education. *Musculoskeletal Care* 2011;9(1):11-18.
- 674 Hughes J, Wood E, Smith G. Exploring kidney patients' experiences of receiving individual peer support. *Health Expect* 2009;12(4):396-406.
- 675 Percy CA, Gibbs T, Potter L, Boardman S. Nurse-led peer support group: experiences of women with polycystic ovary syndrome. *J Adv Nurs* 2009;65(10):2046-2055.
- 676 Mohr DC, Burke H, Beckner V, Merluzzi N. A preliminary report on a skills-based telephone-administered peer support programme for patients with multiple sclerosis. *Mult Scler* 2005;11(2):222-226.
- 677 Quandt SA, Grzywacz JG, Talton JW, Trejo G, Tapia J, D'Agostino RB Jr, Mirabelli MC, Arcury TA. Evaluating the effectiveness of a lay health promoter-led, community-based participatory pesticide safety intervention with farmworker families. *Health Promot Pract* 2013;14(3):425-432.
- 678 Kaphingst KA, Lachance CR, Gepp A, D'Anna LH, Rios-Ellis B. Educating underserved Latino communities about family health history using lay health advisors. *Public Health Genomics* 2011;14(4-5):211-221.
- 679 Horner SD, Fouladi RT. Improvement of rural children's asthma self-management by lay health educators. *J Sch Health* 2008;78(9):506-513.
- 680 Griffiths C, Motlib J, Azad A, Ramsay J, Eldridge S, Feder G, Khanam R, Munni R, Garrett M, Turner A, Barlow J. Randomised controlled trial of a lay-led self-management programme for Bangladeshi patients with chronic disease. *Br J Gen Pract* 2005;55(520):831-837.
- 681 Shaya FT, Chirikov VV, Howard D, Foster C, Costas J, Snitker S, Frimpter J, Kucharski K. Effect of social networks intervention in type 2 diabetes: a partial randomised study. *J Epidemiol Community Health* 2014;68(4):326-332.
- 682 Scheiwe A, Hardy R, Watt RG. Four-year follow-up of a randomized controlled trial of a social support intervention on infant feeding practices. *Matern Child Nutr* 2010;6(4):328-337.
- 683 Penttinen J, Nevala-Puranen N, Airaksinen O, Jääskeläinen M, Sintonen H, Takala J. Randomized controlled trial of back school with and without peer support. *J Occup Rehabil* 2002;12(1):21-29.
- 684 Leung YY, Kwan J, Chan P, Poon PK, Leung C, Tam LS, Li EK, Kwok A. A pilot evaluation of Arthritis Self-Management Program by lay leaders in patients with chronic inflammatory arthritis in Hong Kong. *Clin Rheumatol* (Published online October 2014).
- 685 Taylor VM, Bastani R, Burke N, Talbot J, Sos C, Liu Q, Do H, Jackson JC, Yasui Y. Evaluation of a hepatitis B lay health worker intervention for Cambodian Americans. *J Community Health* 2013;38(3):546-553.
- 686 West DS, Bursac Z, Cornell CE, Felix HC, Fausett JK, Krukowski RA, Lensing S, Love SJ, Prewitt TE, Beck C. Lay health educators translate a weight-loss intervention in senior centers: a randomized controlled trial. *Am J Prev Med* 2011;41(4):385-391.
- 687 Russell KM, Champion VL, Monahan PO, Millon-Underwood S, Zhao Q, Spacey N, Rush NL, Paskett ED. Randomized trial of a lay health advisor and computer intervention to increase mammography screening in African American women. *Cancer Epidemiol Biomarkers Prev* 2010;19(1):201-210.
- 688 Mérelle SY, Sorbi MJ, van Doornen LJ, Passchier J. Lay trainers with migraine for a home-based behavioral training: a 6-month follow-up study. *Headache* 2008;48(9):1311-1325.
- 689 Coull AJ, Taylor VH, Elton R, Murdoch PS, Hargreaves AD. A randomised controlled trial of senior Lay Health Mentoring in older people with ischaemic heart disease: The Braveheart Project. *Age Ageing* 2004;33(4):348-354.
- 690 Hwang KO, Ottenbacher AJ, Graham AL, Thomas EJ, Street RL Jr, Vernon SW. Online narratives and peer support for colorectal cancer screening: a pilot randomized trial. *Am J Prev Med* 2013;45(1):98-107.
- 691 Letourneau N, Stewart M, Dennis CL, Hegadoren K, Duffett-Leger L, Watson B. Effect of home-based peer support on maternal-infant interactions among women with postpartum depression: a randomized, controlled trial. *Int J Ment Health Nurs* 2011;20(5):345-357.
- 692 Smith SM, Paul G, Kelly A, Whitford DL, O'Shea E, O'Dowd T. Peer support for patients with type 2 diabetes: cluster randomised controlled trial. *BMJ* 2011;342:d715.
- 693 Greenhalgh T, Campbell-Richards D, Vijayaraghavan S, Collard A, Malik F, Griffin M, Morris J, Claydon A, Macfarlane F. New models of self-management education for minority ethnic groups: pilot randomized trial of a story-sharing intervention. *J Health Serv Res Policy* 2011;16(1):28-36.
- 694 Barlow JH, Turner AP, Gilchrist M. A randomised controlled trial of lay-led self-management for myocardial infarction patients who have completed cardiac rehabilitation. *Eur J Cardiovasc Nurs* 2009;8(4):293-301.
- 695 Hayes A, Morzinski J, Ertl K, Wurm C, Patterson L, Wilke N, Whittle J. Preliminary description of the feasibility of using peer leaders to encourage hypertension self-management. *WMJ* 2010;109(2):85-90.
- 696 Krukowski RA, Pope RA, Love S, Lensing S, Felix HC, Prewitt TE, West D. Examination of costs for a lay health educator-delivered translation of the Diabetes Prevention Program in senior centers. *Prev Med* 2013;57(4):400-402.
- 697 Partridge MR, Caress AL, Brown C, Hennings J, Luker K, Woodcock A, Campbell M. Can lay people deliver asthma self-management education as effectively as primary care based practice nurses? *Thorax* 2008;63(9):778-783.

- 698 Kennedy A, Reeves D, Bower P, Lee V, Middleton E, Richardson G, Gardner C, Gately C, Rogers A. The effectiveness and cost effectiveness of a national lay-led self care support programme for patients with long-term conditions: a pragmatic randomised controlled trial. *J Epidemiol Community Health* 2007;61(3):254-261.
- 699 Gidugu V, Rogers ES, Harrington S, Maru M, Johnson G, Cohee J, Hinkel J. Individual Peer Support: A qualitative study of mechanisms of its effectiveness. *Community Ment Health J* (Published online December 2014).
- 700 White VM, Young MA, Farrelly A, Meiser B, Jefford M, Williamson E, Ieropoli S, Duffy J, Winship I. Randomized controlled trial of a telephone-based peer-support program for women carrying a BRCA1 or BRCA2 mutation: impact on psychological distress. *J Clin Oncol* 2014;32(36):4073-4080.
- 701 McCarron A. An exploration of the perceived effects of a support group for individuals with rheumatoid arthritis. *J Am Assoc Nurse Pract* (Published online July 2014).
- 702 Kessler D, Egan M, Kubina LA. Peer support for stroke survivors: a case study. *BMC Health Serv Res* 2014;14:256.
- 703 Moulton A, Balbierz A, Eisenman S, Neustein E, Walther V, Epstein I. Woman to woman: a peer to peer support program for women with gynecologic cancer. *Soc Work Health Care* 2013;52(10):913-929.
- 704 Embuldeniya G, Veinot P, Bell E, Bell M, Nyhof-Young J, Sale JE, Britten N. The experience and impact of chronic disease peer support interventions: a qualitative synthesis. *Patient Educ Couns* 2013;92(1):3-12.
- 705 Høybye MT, Dalton SO, Deltour I, Bidstrup PE, Frederiksen K, Johansen C. Effect of Internet peer-support groups on psychosocial adjustment to cancer: a randomised study. *Br J Cancer* 2010;102(9):1348-1354.
- 706 Molassiotis A, Callaghan P, Twinn SF, Lam SW, Chung WY, Li CK. A pilot study of the effects of cognitive-behavioral group therapy and peer support/counseling in decreasing psychological distress and improving quality of life in Chinese patients with symptomatic HIV disease. *AIDS Patient Care STDS* 2002;16(2):83-96.
- 707 Kamalifard M, Yavarikia P, Babapour Kheiroddin J, Salehi Pourmehr H, Irajii Iranagh R. The effect of peers support on postpartum depression: a single-blind randomized clinical trial. *J Caring Sci* 2013;2(3):237-244.
- 708 Chapin RK, Sergeant JF, Landry S, Leedahl SN, Rachlin R, Koenig T, Graham A. Reclaiming joy: pilot evaluation of a mental health peer support program for older adults who receive Medicaid. *Gerontologist* 2013;53(2):345-352.
- 709 Travis J, Roeder K, Walters H, Piette J, Heisler M, Ganoczy D, Valenstein M, Pfeiffer P. Telephone-based mutual peer support for depression: a pilot study. *Chronic Illn* 2010;6(3):183-191.
- 710 Kessler D, Egan M, Kubina LA. Peer support for stroke survivors: a case study. *BMC Health Serv Res* 2014;14:256.
- 711 Broadhead RS, Heckathorn DD, Altice FL, van Hulst Y, Carbone M, Friedland GH, O'Connor PG, Selwyn PA. Increasing drug users' adherence to HIV treatment: results of a peer-driven intervention feasibility study. *Soc Sci Med* 2002;55(2):235-246.
- 712 Dalgin RS, Maline S, Driscoll P. Sustaining recovery through the night: impact of a peer-run warm line. *Psychiatr Rehabil J* 2011;35(1):65-68.
- 713 Gidugu V, Rogers ES, Harrington S, Maru M, Johnson G, Cohee J, Hinkel J. Individual Peer Support: A qualitative study of mechanisms of its effectiveness. *Community Ment Health J* (Published online December 2014).
- 714 Tamplin J, Baker FA, Jones B, Way A, Lee S. 'Stroke a Chord': the effect of singing in a community choir on mood and social engagement for people living with aphasia following a stroke. *NeuroRehabilitation* 2013;32(4):929-941.
- 715 Bouchard L, Montreuil M, Gros C. Peer support among inpatients in an adult mental health setting. *Issues Ment Health Nurs* 2010;31(9):589-598.
- 716 Ezumi H, Ochiai N, Oda M, Saito S, Ago M, Fukuma N, Takenami S. Peer support via video-telephony among frail elderly people living at home. *J Telemed Telecare* 2003;9(1):30-34.
- 717 Penttinen J, Nevala-Puranen N, Airaksinen O, Jääskeläinen M, Sintonen H, Takala J. Randomized controlled trial of back school with and without peer support. *J Occup Rehabil* 2002;12(1):21-29.
- 718 Horgan A, McCarthy G, Sweeney J. An evaluation of an online peer support forum for university students with depressive symptoms. *Arch Psychiatr Nurs* 2013;27(2):84-89.
- 719 Klavina A, Block ME. The effect of peer tutoring on interaction behaviors in inclusive physical education. *Adapt Phys Activ Q* 2008;25(2):132-158.
- 720 Stanish HI, Temple VA. Efficacy of a peer-guided exercise programme for adolescents with intellectual disability. *J Appl Res Intellect Disabil* 2012;25(4):319-328.
- 721 Thomas GN, Macfarlane DJ, Guo B, Cheung BM, McGhee SM, Chou KL, Deeks JJ, Lam TH, Tomlinson B. Health promotion in older Chinese: a 12-month cluster randomized controlled trial of pedometry and "peer support". *Med Sci Sports Exerc* 2012;44(6):1157-1166.
- 722 Buman MP, Giacobbi PR Jr, Dzierzewski JM, Aiken Morgan A, McCrae CS, Roberts BL, Marsiske M. Peer volunteers improve long-term maintenance of physical activity with older adults: a randomized controlled trial. *J Phys Act Health* 2011;8 (Suppl 2):S257-S266.
- 723 Murrock CJ, Higgins PA, Killion C. Dance and peer support to improve diabetes outcomes in African American women. *Diabetes Educ* 2009;35(6):995-1003.
- 724 Dorgo S, Robinson KM, Bader J. The effectiveness of a peer-mentored older adult fitness program on perceived physical, mental, and social function. *J Am Acad Nurse Pract* 2009;21(2):116-122.
- 725 Boardman G, McCann T, Kerr D. A peer support programme for enhancing adherence to oral antipsychotic medication in consumers with schizophrenia. *J Adv Nurs* 2014;70(10):2293-2302.
- 726 Odeen M, Ihlebæk C, Indahl A, Wormgoor ME, Lie SA, Eriksen HR. Effect of peer-based low back pain information and reassurance at the workplace on sick leave: a cluster randomized trial. *J Occup Rehabil* 2013;23(2):209-219.
- 727 Gidugu V, Rogers ES, Harrington S, Maru M, Johnson G, Cohee J, Hinkel J. Individual Peer Support: A qualitative study of mechanisms of its effectiveness. *Community Ment Health J* (Published online December 2014).
- 728 van Dam HA, van der Horst FG, Knoop L, Ryckman RM, Crebolder HF, van den Borne BH. Social support in diabetes: a systematic review of controlled intervention studies. *Patient Educ Couns* 2005;59(1):1-12.
- 729 Roustan M, Izquierdo Rodríguez C, Anguera Argilaga MT. Sequential analysis of an interactive peer support group. *Psicothema* 2013;25(3):396-401.

- 730 Van Uden-Kraan CF, Drossaert CH, Taal E, Smit WM, Bernelot Moens HJ, Van de Laar MA. Determinants of engagement in face-to-face and online patient support groups. *J Med Internet Res* 2011;13(4):e106.
- 731 Power S, Hegarty J. Facilitated peer support in breast cancer: a pre- and post-program evaluation of women's expectations and experiences of a facilitated peer support program. *Cancer Nurs* 2010;33(2):E9-E16.
- 732 Hoddinott P, Chalmers M, Pill R. One-to-one or group-based peer support for breastfeeding? Women's perceptions of a breastfeeding peer coaching intervention. *Birth* 2006;33(2):139-146.
- 733 Steginga SK, Pinnock C, Gardner M, Gardiner RA, Dunn J. Evaluating peer support for prostate cancer: the Prostate Cancer Peer Support Inventory. *BJU Int* 2005;95(1):46-50.
- 734 Persily CA. Lay home visiting may improve pregnancy outcomes. *Holist Nurs Pract* 2003;17(5):231-238.
- 735 Mase R, Halasyamani L, Choi H, Heisler M. Who signs up for and engages in a peer support heart failure self-management intervention. *J Cardiovasc Nurs* (Published online June 2014).
- 736 Shor R, Birnbaum M. Meeting unmet needs of families of persons with mental illness: evaluation of a family peer support helpline. *Community Ment Health J* 2012;48(4):482-488.
- 737 Fukuoka Y, Kamitani E, Bonnet K, Lindgren T. Real-time social support through a mobile virtual community to improve healthy behavior in overweight and sedentary adults: a focus group analysis. *J Med Internet Res* 2011;13(3):e49.
- 738 Ieropoli SC, White VM, Jefford M, Akkerman D. What models of peer support do people with colorectal cancer prefer? *Eur J Cancer Care* 2011;20(4):455-465.
- 739 Dennis CL. Postpartum depression peer support: maternal perceptions from a randomized controlled trial. *Int J Nurs Stud* 2010;47(5):560-568.
- 740 Dasch K, Kendall J. What do newly diagnosed cancer patients discuss with survivors? *Del Med J* 2007;79(12):489-492.
- 741 Tilkeridis J, O'Connor L, Pignalosa G, Bramwell M, Jefford M. Peer support for cancer patients. *Aust Fam Physician* 2005;34(4):288-289.
- 742 Dale J, Caramlau I, Docherty A, Sturt J, Hearnshaw H. Telecare motivational interviewing for diabetes patient education and support: a randomised controlled trial based in primary care comparing nurse and peer supporter delivery. *Trials* 2007;8:18.
- 743 Parikh SV, Huniewicz P. E-health: an overview of the uses of the Internet, social media, apps, and websites for mood disorders. *Curr Opin Psychiatry* 2015;28(1):13-17.
- 744 Francomano JA, Harpin SB. Utilizing social networking sites to promote adolescents' health: a pragmatic review of the literature. *Comput Inform Nurs* 2015;33(1):10-20.
- 745 Highton-Williamson E, Priebe S, Giacco D. Online social networking in people with psychosis: A systematic review. *Int J Soc Psychiatry* (Published online November 2014).
- 746 Suomi R, Mäntymäki M, Söderlund S. Promoting health in virtual worlds: lessons from second life. *J Med Internet Res* 2014;16(10):e229.
- 747 Korus M, Cruchley E, Stinson JN, Gold A, Anthony SJ. Usability testing of the Internet program: "Teens Taking Charge: Managing My Transplant Online". *Pediatr Transplant* 2015;19(1):107-117.
- 748 Schweier R, Romppel M, Richter C, Hoberg E, Hahmann H, Scherwinski I, Kosmützky G, Grande G. A web-based peer-modeling intervention aimed at lifestyle changes in patients with coronary heart disease and chronic back pain: sequential controlled trial. *J Med Internet Res* 2014;16(7):e177.
- 749 Daker-White G, Rogers A. What is the potential for social networks and support to enhance future telehealth interventions for people with a diagnosis of schizophrenia: a critical interpretive synthesis. *BMC Psychiatry* 2013;13:279.
- 750 Aarts JW, Faber MJ, den Boogert AG, Cohlen BJ, van der Linden PJ, Kremer JA, Nelen WL. Barriers and facilitators for the implementation of an online clinical health community in addition to usual fertility care: a cross-sectional study. *J Med Internet Res* 2013;15(8):e163.
- 751 Bender JL, Katz J, Ferris LE, Jadad AR. What is the role of online support from the perspective of facilitators of face-to-face support groups? A multi-method study of the use of breast cancer online communities. *Patient Educ Couns* 2013;93(3):472-479.
- 752 Stewart M, Letourneau N, Masuda JR, Anderson S, McGhan S. Online support for children with asthma and allergies. *J Fam Nurs* 2013;19(2):171-197.
- 753 DeAndrea DC, Anthony JC. Online peer support for mental health problems in the United States: 2004-2010. *Psychol Med* 2013;43(11):2277-2288.
- 754 Yli-Uotila T, Rantanen A, Suominen T. Motives of cancer patients for using the Internet to seek social support. *Eur J Cancer Care* 2013;22(2):261-271.
- 755 Masuda JR, Anderson S, Letourneau N, Sloan Morgan V, Stewart M. Reconciling preferences and constraints in online peer support for youth with asthma and allergies. *Health Promot Pract* 2013;14(5):741-750.
- 756 Bender JL, Wiljer D, To MJ, Bedard PL, Chung P, Jewett MA, Matthew A, Moore M, Warde P, Gospodarowicz M. Testicular cancer survivors' supportive care needs and use of online support: a cross-sectional survey. *Support Care Cancer* 2012;20(11):2737-2746.
- 757 Sharkey S, Smithson J, Hewis E, Jones R, Emmens T, Ford T, Owens C. Supportive interchanges and face-work as 'protective talk' in an online self-harm support forum. *Commun Med* 2012;9(1):71-82.
- 758 Ramadas A, Quek KF, Chan CK, Oldenburg B. Web-based interventions for the management of type 2 diabetes mellitus: a systematic review of recent evidence. *Int J Med Inform* 2011;80(6):389-405.
- 759 Lewis S, Thomas SL, Blood RW, Castle D, Hyde J, Komesaroff PA. 'I'm searching for solutions': why are obese individuals turning to the Internet for help and support with 'being fat'? *Health Expect* 2011;14(4):339-350.
- 760 Vilhauer RP, McClintock MK, Matthews AK. Online support groups for women with metastatic breast cancer: a feasibility pilot study. *J Psychosoc Oncol* 2010;28(5):560-586.
- 761 Kinnane NA, Milne DJ. The role of the Internet in supporting and informing carers of people with cancer: a literature review. *Support Care Cancer* 2010;18(9):1123-1136.
- 762 Moen A, Smørdal O, Sem I. Web-based resources for peer support - opportunities and challenges. *Stud Health Technol Inform* 2009;150:302-306.
- 763 Takahashi Y, Uchida C, Miyaki K, Sakai M, Shimbo T, Nakayama T. Potential benefits and harms of a peer support social network service on the internet for people with depressive tendencies: qualitative content analysis and social network analysis. *J Med Internet Res* 2009;11(3):e29.
- 764 Armstrong N, Powell J. Patient perspectives on health advice posted on Internet discussion boards: a qualitative study. *Health Expect* 2009;12(3):313-320.
- 765 Shigaki CL, Smarr KL, Gong Y, Donovan-Hanson K, Siva C, Johnson RA, Ge B, Musser DR. Social interactions in an online self-management program for rheumatoid arthritis. *Chronic Illn* 2008;4(4):239-246.

- 766 Cox MF, Scharer K, Clark AJ. Development of a Web-based program to improve communication about sex. *Comput Inform Nurs* 2009;27(1):18-25.
- 767 Kenen RH, Shapiro PJ, Friedman S, Coyne JC. Peer-support in coping with medical uncertainty: discussion of oophorectomy and hormone replacement therapy on a web-based message board. *Psychooncology* 2007;16(8):763-771.
- 768 Kerr C, Murray E, Stevenson F, Gore C, Nazareth I. Internet interventions for long-term conditions: patient and caregiver quality criteria. *J Med Internet Res* 2006;8(3):e13.
- 769 Lasker JN, Sogolow ED, Sharim RR. The role of an online community for people with a rare disease: content analysis of messages posted on a primary biliary cirrhosis mailinglist. *J Med Internet Res* 2005;7(1):e10.
- 770 Ezumi H, Ochiai N, Oda M, Saito S, Ago M, Fukuma N, Takenami S. Peer support via video-telephony among frail elderly people living at home. *J Telemed Telecare* 2003;9(1):30-34.
- 771 Simmons D, Cohn S, Bunn C, Birch K, Donald S, Paddison C, Ward C, Robins P, Prevost AT, Graffy J. Testing a peer support intervention for people with type 2 diabetes: a pilot for a randomised controlled trial. *BMC Fam Pract* 2013;14:5.
- 772 Salzer MS, Schwenk E, Brusilovskiy E. Certified peer specialist roles and activities: results from a national survey. *Psychiatr Serv* 2010;61(5):520-523.
- 773 Nicholas DB, Keilty K. An evaluation of dyadic peer support for caregiving parents of children with chronic lung disease requiring technology assistance. *Soc Work Health Care* 2007;44(3):245-259.
- 774 Rankin N, Williams P, Davis C, Girgis A. The use and acceptability of a one-on-one peer support program for Australian women with early breast cancer. *Patient Educ Couns* 2004;53(2):141-146.
- 775 Larkey LK, Herman PM, Roe DJ, Garcia F, Lopez AM, Gonzalez J, Perera PN, Saboda K. A cancer screening intervention for underserved Latina women by lay educators. *J Womens Health* 2012;21(5):557-566.
- 776 Hanson LC, Green MA, Hayes M, Diehl SJ, Warnock S, Corbie-Smith G, Lin FC, Earp JA. Circles of care: implementation and evaluation of support teams for African Americans with cancer. *Health Educ Behav* 2013;41(3):291-298.
- 777 Hanson LC, Armstrong TD, Green MA, Hayes M, Peacock S, Elliot-Bynum S, Goldmon MV, Corbie-Smith G, Earp JA. Circles of care: development and initial evaluation of a peer support model for African Americans with advanced cancer. *Health Educ Behav* 2013;40(5):536-543.
- 778 Gidugu V, Rogers ES, Harrington S, Maru M, Johnson G, Cohee J, Hinkel J. Individual Peer Support: A qualitative study of mechanisms of its effectiveness. *Community Ment Health J* (Published online December 2014).
- 779 McCarron A. An exploration of the perceived effects of a support group for individuals with rheumatoid arthritis. *J Am Assoc Nurse Pract* (Published online July 2014).
- 780 Muller M, Toth-Cohen S, Mulcahey MJ. Development and evaluation of a hospital-based peer support group for younger individuals with stroke. *Occup Ther Health Care* 2014;28(3):277-295.
- 781 Kornhaber R, Wilson A, Abu-Qamar M, McLean L, Vandervord J. Inpatient peer support for adult burn survivors-A valuable resource: A phenomenological analysis of the Australian experience. *Burns* 2015;41(1):110-117.
- 782 Davis T, Gorgens K, Shriberg J, Godleski M, Meyer L. Making meaning in a burn peer support group: qualitative analysis of attendee interviews. *J Burn Care Res* 2014;35(5):416-425.
- 783 Sattoe JN, Jedeloo S, van Staa A. Effective peer-to-peer support for young people with end-stage renal disease: a mixed methods evaluation of Camp COOL. *BMC Nephrol* 2013;14:279.
- 784 Moulton A, Balbierz A, Eisenman S, Neustein E, Walther V, Epstein I. Woman to woman: a peer to peer support program for women with gynecologic cancer. *Soc Work Health Care* 2013;52(10):913-929.
- 785 Ingram J. A mixed methods evaluation of peer support in Bristol, UK: mothers', midwives' and peer supporters' views and the effects on breastfeeding. *BMC Pregnancy Childbirth* 2013;13:192.
- 786 Gillespie P, O'Shea E, Paul G, O'Dowd T, Smith SM. Cost effectiveness of peer support for type 2 diabetes. *Int J Technol Assess Health Care* 2012;28(1):3-11.
- 787 Kingsnorth S, Gall C, Beayni S, Rigby P. Parents as transition experts? Qualitative findings from a pilot parent-led peer support group. *Child Care Health Dev* 2011;37(6):833-840.
- 788 Morris R, Morris P. Participants' experiences of hospital-based peer support groups for stroke patients and carers. *Disabil Rehabil* 2012;34(4):347-354.
- 789 Chambers SK, Foley E, Galt E, Ferguson M, Clutton S. Mindfulness groups for men with advanced prostate cancer: a pilot study to assess feasibility and effectiveness and the role of peer support. *Support Care Cancer* 2012;20(6):1183-1192.
- 790 Kumar K, John H, Gordhan C, Situnayake D, Raza K, Bacon PA. Breaking communication barriers for RA patients of South Asian origin: the use of a bilingual educational audio CD and linguistically appropriate peer support and education. *Musculoskeletal Care* 2011;9(1):11-18.
- 791 Bouchard L, Montreuil M, Gros C. Peer support among inpatients in an adult mental health setting. *Issues Ment Health Nurs* 2010;31(9):589-598.
- 792 Walker RL, Ashby J, Hoskins OD, Greene FN. Peer-support suicide prevention in a non-metropolitan U.S. community. *Adolescence* 2009;44(174):335-346.
- 793 Hughes J, Wood E, Smith G. Exploring kidney patients' experiences of receiving individual peer support. *Health Expect* 2009;12(4):396-406.
- 794 Percy CA, Gibbs T, Potter L, Boardman S. Nurse-led peer support group: experiences of women with polycystic ovary syndrome. *J Adv Nurs* 2009;65(10):2046-2055.
- 795 Quandt SA, Grzywacz JG, Talton JW, Trejo G, Tapia J, D'Agostino RB Jr, Mirabelli MC, Arcury TA. Evaluating the effectiveness of a lay health promoter-led, community-based participatory pesticide safety intervention with farmworker families. *Health Promot Pract* 2013;14(3):425-432.
- 796 Horner SD, Fouladi RT. Improvement of rural children's asthma self-management by lay health educators. *J Sch Health* 2008;78(9):506-513.
- 797 Griffiths C, Motlib J, Azad A, Ramsay J, Eldridge S, Feder G, Khanam R, Munni R, Garrett M, Turner A, Barlow J. Randomised controlled trial of a lay-led self-management programme for Bangladeshi patients with chronic disease. *Br J Gen Pract* 2005;55(520):831-837.
- 798 Molassiotis A, Callaghan P, Twinn SF, Lam SW, Chung WY, Li CK. A pilot study of the effects of cognitive-behavioral group therapy and peer support/counseling in decreasing psychological distress and improving quality of life in Chinese patients with symptomatic HIV disease. *AIDS Patient Care STDS* 2002;16(2):83-96.
- 799 Shaya FT, Chirikov VV, Howard D, Foster C, Costas J, Snitker S, Frimpter J, Kucharski K. Effect of social networks intervention in type 2 diabetes: a partial randomised study. *J Epidemiol Community Health* 2014;68(4):326-332.

- 800 Field T, Diego M, Delgado J, Medina L. Peer support and interpersonal psychotherapy groups experienced decreased prenatal depression, anxiety and cortisol. *Early Hum Dev* 2013;89(9):621-624.
- 801 Chapin RK, Sergeant JF, Landry S, Leedahl SN, Rachlin R, Koenig T, Graham A. Reclaiming joy: pilot evaluation of a mental health peer support program for older adults who receive Medicaid. *Gerontologist* 2013;53(2):345-352.
- 802 Stanish HI, Temple VA. Efficacy of a peer-guided exercise programme for adolescents with intellectual disability. *J Appl Res Intellect Disabil* 2012;25(4):319-328.
- 803 Thomas GN, Macfarlane DJ, Guo B, Cheung BM, McGhee SM, Chou KL, Deeks JJ, Lam TH, Tomlinson B. Health promotion in older Chinese: a 12-month cluster randomized controlled trial of pedometer and "peer support". *Med Sci Sports Exerc* 2012;44(6):1157-1166.
- 804 Buman MP, Giacobbi PR Jr, Dzierzewski JM, Aiken Morgan A, McCrae CS, Roberts BL, Marsiske M. Peer volunteers improve long-term maintenance of physical activity with older adults: a randomized controlled trial. *J Phys Act Health* 2011;8 (Suppl 2):S257-S266.
- 805 Pitkala KH, Routasalo P, Kautiainen H, Sintonen H, Tilvis RS. Effects of socially stimulating group intervention on lonely, older people's cognition: a randomized, controlled trial. *Am J Geriatr Psychiatry* 2011;19(7):654-663.
- 806 Scheiwe A, Hardy R, Watt RG. Four-year follow-up of a randomized controlled trial of a social support intervention on infant feeding practices. *Matern Child Nutr* 2010;6(4):328-337.
- 807 Murrock CJ, Higgins PA, Killion C. Dance and peer support to improve diabetes outcomes in African American women. *Diabetes Educ* 2009;35(6):995-1003.
- 808 Deering KN, Shannon K, Sinclair H, Parsad D, Gilbert E, Tyndall MW. Piloting a peer-driven intervention model to increase access and adherence to antiretroviral therapy and HIV care among street-entrenched HIV-positive women in Vancouver. *AIDS Patient Care STDS* 2009;23(8):603-609.
- 809 Dorgo S, Robinson KM, Bader J. The effectiveness of a peer-mentored older adult fitness program on perceived physical, mental, and social function. *J Am Acad Nurse Pract* 2009;21(2):116-122.
- 810 McVey GL, Lieberman M, Voorberg N, Wardrope D, Blackmore E. School-based peer support groups: a new approach to the prevention of disordered eating. *Eat Disord* 2003;11(3):169-185.
- 811 Penttinen J, Nevala-Puranen N, Airaksinen O, Jääskeläinen M, Sintonen H, Takala J. Randomized controlled trial of back school with and without peer support. *J Occup Rehabil* 2002;12(1):21-29.
- 812 Leung YY, Kwan J, Chan P, Poon PK, Leung C, Tam LS, Li EK, Kwok A. A pilot evaluation of Arthritis Self-Management Program by lay leaders in patients with chronic inflammatory arthritis in Hong Kong. *Clin Rheumatol* (Published online October 2014).
- 813 Taylor VM, Bastani R, Burke N, Talbot J, Sos C, Liu Q, Do H, Jackson JC, Yasui Y. Evaluation of a hepatitis B lay health worker intervention for Cambodian Americans. *J Community Health* 2013;38(3):546-553.
- 814 West DS, Bursac Z, Cornell CE, Felix HC, Fausett JK, Krukowski RA, Lensing S, Love SJ, Prewitt TE, Beck C. Lay health educators translate a weight-loss intervention in senior centers: a randomized controlled trial. *Am J Prev Med* 2011;41(4):385-391.
- 815 Russell KM, Champion VL, Monahan PO, Millon-Underwood S, Zhao Q, Spacey N, Rush NL, Paskett ED. Randomized trial of a lay health advisor and computer intervention to increase mammography screening in African American women. *Cancer Epidemiol Biomarkers Prev* 2010;19(1):201-210.
- 816 Mérelle SY, Sorbi MJ, van Doornen LJ, Passchier J. Lay trainers with migraine for a home-based behavioral training: a 6-month follow-up study. *Headache* 2008;48(9):1311-1325.
- 817 Tang TS, Sohal PS, Garg AK. Rethinking peer support for diabetes in Vancouver's South-Asian community: a feasibility study. *Diabet Med* (Published online December 2014).
- 818 Mosnaim G, Li H, Martin M, Richardson D, Belice PJ, Avery E, Ryan N, Bender B, Powell L. The impact of peer support and mp3 messaging on adherence to inhaled corticosteroids in minority adolescents with asthma: a randomized, controlled trial. *J Allergy Clin Immunol Pract* 2013;1(5):485-493.
- 819 Letourneau N, Stewart M, Dennis CL, Hegadoren K, Duffett-Leger L, Watson B. Effect of home-based peer support on maternal-infant interactions among women with postpartum depression: a randomized, controlled trial. *Int J Ment Health Nurs* 2011;20(5):345-357.
- 820 Smith SM, Paul G, Kelly A, Whitford DL, O'Shea E, O'Dowd T. Peer support for patients with type 2 diabetes: cluster randomised controlled trial. *BMJ* 2011;342:d715.
- 821 Greenhalgh T, Campbell-Richards D, Vijayaraghavan S, Collard A, Malik F, Griffin M, Morris J, Claydon A, Macfarlane F. New models of self-management education for minority ethnic groups: pilot randomized trial of a story-sharing intervention. *J Health Serv Res Policy* 2011;16(1):28-36.
- 822 Messmer Uccelli M, Mancuso Mohr L, Battaglia MA, Zagami P, Mohr DC. Peer support groups in multiple sclerosis: current effectiveness and future directions. *Mult Scler* 2004;10(1):80-84.
- 823 Hayes A, Morzinski J, Ertl K, Wurm C, Patterson L, Wilke N, Whittle J. Preliminary description of the feasibility of using peer leaders to encourage hypertension self-management. *WMJ* 2010;109(2):85-90.
- 824 Broadhead RS, Heckathorn DD, Altice FL, van Hulst Y, Carbone M, Friedland GH, O'Connor PG, Selwyn PA. Increasing drug users' adherence to HIV treatment: results of a peer-driven intervention feasibility study. *Soc Sci Med* 2002;55(2):235-246.
- 825 Chien WT, Thompson DR. An RCT with three-year follow-up of peer support groups for Chinese families of persons with schizophrenia. *Psychiatr Serv* 2013;64(10):997-1005.
- 826 Odeen M, Ihlebæk C, Indahl A, Wormgoor ME, Lie SA, Eriksen HR. Effect of peer-based low back pain information and reassurance at the workplace on sick leave: a cluster randomized trial. *J Occup Rehabil* 2013;23(2):209-219.
- 827 Gillespie P, O'Shea E, Paul G, O'Dowd T, Smith SM. Cost effectiveness of peer support for type 2 diabetes. *Int J Technol Assess Health Care* 2012;28(1):3-11.
- 828 Krukowski RA, Pope RA, Love S, Lensing S, Felix HC, Prewitt TE, West D. Examination of costs for a lay health educator-delivered translation of the Diabetes Prevention Program in senior centers. *Prev Med* 2013;57(4):400-402.
- 829 Partridge MR, Caress AL, Brown C, Hennings J, Luker K, Woodcock A, Campbell M. Can lay people deliver asthma self-management education as effectively as primary care based practice nurses? *Thorax* 2008;63(9):778-783.

- 830 Kennedy A, Reeves D, Bower P, Lee V, Middleton E, Richardson G, Gardner C, Gately C, Rogers A. The effectiveness and cost effectiveness of a national lay-led self care support programme for patients with long-term conditions: a pragmatic randomised controlled trial. *J Epidemiol Community Health* 2007;61(3):254-261.
- 831 White VM, Young MA, Farrelly A, Meiser B, Jefford M, Williamson E, Ieropoli S, Duffy J, Winship I. Randomized controlled trial of a telephone-based peer-support program for women carrying a BRCA1 or BRCA2 mutation: impact on psychological distress. *J Clin Oncol* 2014;32(36):4073-4080.
- 832 Kessler D, Egan M, Kubina LA. Peer support for stroke survivors: a case study. *BMC Health Serv Res* 2014;14:256.
- 833 Dennis CL. The process of developing and implementing a telephone-based peer support program for postpartum depression: evidence from two randomized controlled trials. *Trials* 2014;15:131.
- 834 Allicock M, Carr C, Johnson LS, Smith R, Lawrence M, Kaye L, Gellin M, Manning M. Implementing a one-on-one peer support program for cancer survivors using a motivational interviewing approach: results and lessons learned. *J Cancer Educ* 2014;29(1):91-98.
- 835 Street AF, Wakelin K, Hordern A, Bruce N, Horey D. Dignity and deferral narratives as strategies in facilitated technology-based support groups for people with advanced cancer. *Nurs Res Pract* 2012;2012:647836.
- 836 Pistrang N, Jay Z, Gessler S, Barker C. Telephone peer support for women with gynaecological cancer: recipients' perspectives. *Psychooncology* 2012;21(10):1082-1090.
- 837 Mohr DC, Burke H, Beckner V, Merluzzi N. A preliminary report on a skills-based telephone-administered peer support programme for patients with multiple sclerosis. *Mult Scler* 2005;11(2):222-226.
- 838 Kamalifard M, Yavarikia P, Babapour Kheiroddin J, Salehi Pourmehr H, Iraj Iranagh R. The effect of peers support on postpartum depression: a single-blind randomized clinical trial. *J Caring Sci* 2013;2(3):237-244.
- 839 Boardman G, McCann T, Kerr D. A peer support programme for enhancing adherence to oral antipsychotic medication in consumers with schizophrenia. *J Adv Nurs* 2014;70(10):2293-2302.
- 840 Small N, Blickem C, Blakeman T, Panagioti M, Chew-Graham CA, Bower P. Telephone based self-management support by 'lay health workers' and 'peer support workers' to prevent and manage vascular diseases: a systematic review and meta-analysis. *BMC Health Serv Res* 2013;13:533.
- 841 Piette JD, Resnicow K, Choi H, Heisler M. A diabetes peer support intervention that improved glycemic control: mediators and moderators of intervention effectiveness. *Chronic Illn* 2013;9(4):258-267.
- 842 Heisler M, Vijan S, Makki F, Piette JD. Diabetes control with reciprocal peer support versus nurse care management: a randomized trial. *Ann Intern Med* 2010;153(8):507-515.
- 843 Travis J, Roeder K, Walters H, Piette J, Heisler M, Ganoczy D, Valenstein M, Pfeiffer P. Telephone-based mutual peer support for depression: a pilot study. *Chronic Illn* 2010;6(3):183-191.
- 844 Dale J, Caramlau IO, Lindenmeyer A, Williams SM. Peer support telephone calls for improving health. *Cochrane Database Syst Rev* 2008;(4):CD006903.
- 845 Heisler M, Halasyamani L, Resnicow K, Neaton M, Shanahan J, Brown S, Piette JD. "I am not alone": the feasibility and acceptability of interactive voice response-facilitated telephone peer support among older adults with heart failure. *Congest Heart Fail* 2007;13(3):149-157.
- 846 Heisler M, Piette JD. "I help you, and you help me": facilitated telephone peer support among patients with diabetes. *Diabetes Educ* 2005;31(6):869-879.
- 847 Solomon LJ, Scharoun GM, Flynn BS, Secker-Walker RH, Sepinwall D. Free nicotine patches plus proactive telephone peer support to help low-income women stop smoking. *Prev Med* 2000;31(1):68-74.
- 848 Chan JC, Sui Y, Oldenburg B, Zhang Y, Chung HH, Goggins W, Au S, Brown N, Ozaki R, Wong RY, Ko GT, Fisher E. Effects of telephone-based peer support in patients with type 2 diabetes mellitus receiving integrated care: a randomized clinical trial. *JAMA Intern Med* 2014;174(6):972-981.
- 849 Wong EY, Jennings CA, Rodgers WM, Selzler AM, Simmonds LG, Hamir R, Stickland MK. Peer educator vs. respiratory therapist support: which form of support better maintains health and functional outcomes following pulmonary rehabilitation? *Patient Educ Couns* 2014;95(1):118-125.
- 850 Heisler M, Halasyamani L, Cowen ME, Davis MD, Resnicow K, Strawderman RL, Choi H, Mase R, Piette JD. Randomized controlled effectiveness trial of reciprocal peer support in heart failure. *Circ Heart Fail* 2013;6(2):246-253.
- 851 Dennis CL, Hodnett E, Kenton L, Weston J, Zupancic J, Stewart DE, Kiss A. Effect of peer support on prevention of postnatal depression among high risk women: multisite randomised controlled trial. *BMJ* 2009;338:a3064.
- 852 Dale J, Caramlau I, Sturt J, Friede T, Walker R. Telephone peer-delivered intervention for diabetes motivation and support: the telecare exploratory RCT. *Patient Educ Couns* 2009;75(1):91-98.
- 853 Barg FK, Weiner MG, Joseph S, Pandit K, Turner BJ. Qualitative analysis of peer coaches' experiences with counseling African Americans about reducing heart disease risk. *J Gen Intern Med* 2012;27(2):167-172.
- 854 Dalgin RS, Maline S, Driscoll P. Sustaining recovery through the night: impact of a peer-run warm line. *Psychiatr Rehabil J* 2011;35(1):65-68.
- 855 Heisler M, Halasyamani L, Cowen ME, Davis MD, Resnicow K, Strawderman RL, Choi H, Mase R, Piette JD. Randomized controlled effectiveness trial of reciprocal peer support in heart failure. *Circ Heart Fail* 2013;6(2):246-253.
- 856 Rotheram-Borus MJ, Tomlinson M, Gwegwe M, Comulada WS, Kaufman N, Keim M. Diabetes buddies: peer support through a mobile phone buddy system. *Diabetes Educ* 2012;38(3):357-365.
- 857 Naslund JA, Grande SW, Aschbrenner KA, Elwyn G. Naturally occurring peer support through social media: the experiences of individuals with severe mental illness using YouTube. *PLoS One* 2014;9(10):e110171.
- 858 Horter S, Stringer B, Venis S, du Cros P. "I can also serve as an inspiration": a qualitative study of the TB&Me blogging experience and its role in MDR-TB treatment. *PLoS One* 2014;9(9):e108591.
- 859 Chang T, Chopra V, Zhang C, Woolford SJ. The role of social media in online weight management: systematic review. *J Med Internet Res* 2013;15(11):e262.

- 860 Batenburg A, Das E. Emotional approach coping and the effects of online peer-led support group participation among patients with breast cancer: a longitudinal study. *J Med Internet Res* 2014;16(11):e256.
- 861 Kozlowski D, Provost SC, Tucker J, van der Zwan R. Dusted community: piloting a virtual peer-to-peer support community for people with an asbestos-related diagnosis and their families. *J Psychosoc Oncol* 2014;32(4):463-475.
- 862 McKechnie V, Barker C, Stott J. The effectiveness of an Internet support forum for carers of people with dementia: a pre-post cohort study. *J Med Internet Res* 2014;16(2):e68.
- 863 Booger EA, Noordam C, Kremer JA, Prins JB, Verhaak CM. Teaming up: feasibility of an online treatment environment for adolescents with type 1 diabetes. *Pediatr Diabetes* 2014;15(5):394-402.
- 864 Hwang KO, Ottenbacher AJ, Graham AL, Thomas EJ, Street RL Jr, Vernon SW. Online narratives and peer support for colorectal cancer screening: a pilot randomized trial. *Am J Prev Med* 2013;45(1):98-107.
- 865 Nieuwboer CC, Fukkink RG, Hermanns JM. Peer and professional parenting support on the Internet: a systematic review. *Cyberpsychol Behav Soc Netw* 2013;16(7):518-528.
- 866 Stewart M, Letourneau N, Masuda JR, Anderson S, McGhan S. Impacts of online peer support for children with asthma and allergies: It just helps you every time you can't breathe well". *J Pediatr Nurs* 2013;28(5):439-452.
- 867 Proudfoot JG, Jayawant A, Whitton AE, Parker G, Manicavasagar V, Smith M, Nicholas J. Mechanisms underpinning effective peer support: a qualitative analysis of interactions between expert peers and patients newly-diagnosed with bipolar disorder. *BMC Psychiatry* 2012;12:196.
- 868 Street AF, Wakelin K, Hordern A, Bruce N, Horey D. Dignity and deferral narratives as strategies in facilitated technology-based support groups for people with advanced cancer. *Nurs Res Pract* 2012;2012:647836.
- 869 Nicholas DB, Chahauer A, Brownstone D, Hetherington R, McNeill T, Bouffet E. Evaluation of an online peer support network for fathers of a child with a brain tumor. *Soc Work Health Care* 2012;51(3):232-245.
- 870 Aho AL, Paavilainen E, Kaunonen M. Mothers' experiences of peer support via an Internet discussion forum after the death of a child. *Scand J Caring Sci* 2012;26(3):417-426.
- 871 Seçkin G. I am proud and hopeful: age-based comparisons in positive coping affect among women who use online peer-support. *J Psychosoc Oncol* 2011;29(5):573-591.
- 872 Seçkin G. Informational and decisional empowerment in online health support communities: initial psychometric validation of the Cyber Info-Decisional Empowerment Scale (CIDES) and preliminary data from administration of the scale. *Support Care Cancer* 2011;19(12):2057-2061.
- 873 Swartwood RM, Veach PM, Kuhne J, Lee HK, Ji K. Surviving grief: An analysis of the exchange of hope in online grief communities. *Omega* 2011;63(2):161-181.
- 874 Stewart M, Letourneau N, Masuda JR, Anderson S, McGhan S. Online solutions to support needs and preferences of parents of children with asthma and allergies. *J Fam Nurs* 2011;17(3):357-379.
- 875 Vilhauer RP. Perceived benefits of online support groups for women with metastatic breast cancer. *Women Health* 2009;49(5):381-404.
- 876 Griffiths KM, Calear AL, Banfield M. Systematic review on Internet Support Groups (ISGs) and depression (1): Do ISGs reduce depressive symptoms? *J Med Internet Res* 2009;11(3):e40.
- 877 Setoyama Y, Nakayama K, Yamazaki Y. Peer support from online community on the internet among patients with breast cancer in Japan. *Stud Health Technol Inform* 2009;146:886.
- 878 Ezumi H, Ochiai N, Oda M, Saito S, Ago M, Fukuma N, Takenami S. Peer support via video-telephony among frail elderly people living at home. *J Telemed Telecare* 2003;9(1):30-34.
- 879 Robbins RN, Mellins CA, Leu CS, Rowe J, Warne P, Abrams EJ, Witte S, Stein DJ, Remien RH. Enhancing lay counselor capacity to improve patient outcomes with multimedia technology. *AIDS Behav* (Published online January 2015).
- 880 Andersson G, Ljótsson B, Weise C. Internet-delivered treatment to promote health. *Curr Opin Psychiatry* 2011;24(2):168-172.
- 881 Høybye MT, Dalton SO, Deltour I, Bidstrup PE, Frederiksen K, Johansen C. Effect of Internet peer-support groups on psychosocial adjustment to cancer: a randomised study. *Br J Cancer* 2010;102(9):1348-1354.
- 882 Salzer MS, Palmer SC, Kaplan K, Brusilovskiy E, Ten Have T, Hampshire M, Metz J, Coyne JC. A randomized, controlled study of Internet peer-to-peer interactions among women newly diagnosed with breast cancer. *Psychooncology* 2010;19(4):441-446.
- 883 Hill W, Schillo L, Weinert C. Effect of a computer-based intervention on social support for chronically ill rural women. *Rehabil Nurs* 2004;29(5):169-173.
- 884 Cotter AP, Durant N, Agne AA, Cherrington AL. Internet interventions to support lifestyle modification for diabetes management: a systematic review of the evidence. *J Diabetes Complications* 2014;28(2):243-251.
- 885 Bender JL, Radhakrishnan A, Diorio C, Englesakis M, Jadad AR. Can pain be managed through the Internet? A systematic review of randomized controlled trials. *Pain* 2011;152(8):1740-1750.
- 886 Klatt C, Berg CJ, Thomas JL, Ehlinger E, Ahluwalia JS, An LC. The role of peer e-mail support as part of a college smoking-cessation website. *Am J Prev Med* 2008;35(6 Suppl):S471-S478.
- 887 Niela-Vilén H, Axelin A, Salanterä S, Melender HL. Internet-based peer support for parents: a systematic integrative review. *Int J Nurs Stud* 2014;51(11):1524-1537.
- 888 McKechnie V, Barker C, Stott J. The effectiveness of an Internet support forum for carers of people with dementia: a pre-post cohort study. *J Med Internet Res* 2014;16(2):e68.
- 889 Mosnaim G, Li H, Martin M, Richardson D, Belice PJ, Avery E, Ryan N, Bender B, Powell L. The impact of peer support and mp3 messaging on adherence to inhaled corticosteroids in minority adolescents with asthma: a randomized, controlled trial. *J Allergy Clin Immunol Pract* 2013;1(5):485-493.
- 890 Hwang KO, Ottenbacher AJ, Graham AL, Thomas EJ, Street RL Jr, Vernon SW. Online narratives and peer support for colorectal cancer screening: a pilot randomized trial. *Am J Prev Med* 2013;45(1):98-107.
- 891 Horgan A, McCarthy G, Sweeney J. An evaluation of an online peer support forum for university students with depressive symptoms. *Arch Psychiatr Nurs* 2013;27(2):84-89.
- 892 Proudfoot J, Parker G, Manicavasagar V, Hadzi-Pavlovic D, Whitton A, Nicholas J, Smith M, Burckhardt R. Effects of adjunctive peer support on perceptions of illness control and understanding in an online psychoeducation program for bipolar disorder: a randomised controlled trial. *J Affect Disord* 2012;142(1-3):98-105.
- 893 Kaplan K, Salzer MS, Solomon P, Brusilovskiy E, Cousounis P. Internet peer support for individuals with psychiatric disabilities: A randomized controlled trial. *Soc Sci Med* 2011;72(1):54-62.

- 894 Rossman B, Greene MM, Meier PP. The role of peer support in the development of maternal identity for "NICU moms". *J Obstet Gynecol Neonatal Nurs* (Published online January 2015).
- 895 Gidugu V, Rogers ES, Harrington S, Maru M, Johnson G, Cohee J, Hinkel J. Individual Peer Support: A qualitative study of mechanisms of its effectiveness. *Community Ment Health J* (Published online December 2014).
- 896 Shilling V, Bailey S, Logan S, Morris C. Peer support for parents of disabled children part 1: perceived outcomes of a one-to-one service, a qualitative study. *Child Care Health Dev* (Published online December 2014).
- 897 Meyer A, Coroiu A, Korner A. One-to-one peer support in cancer care: a review of scholarship published between 2007 and 2014. *Eur J Cancer Care* (Published online December 2014).
- 898 White VM, Young MA, Farrelly A, Meiser B, Jefford M, Williamson E, Ieropoli S, Duffy J, Winship I. Randomized controlled trial of a telephone-based peer-support program for women carrying a BRCA1 or BRCA2 mutation: impact on psychological distress. *J Clin Oncol* 2014;32(36):4073-4080.
- 899 Kornhaber R, Wilson A, Abu-Qamar M, McLean L, Vandervord J. Inpatient peer support for adult burn survivors-A valuable resource: A phenomenological analysis of the Australian experience. *Burns* 2015;41(1):110-117.
- 900 Ingram J. A mixed methods evaluation of peer support in Bristol, UK: mothers', midwives' and peer supporters' views and the effects on breastfeeding. *BMC Pregnancy Childbirth* 2013;13:192.
- 901 Allcock M, Carr C, Johnson LS, Smith R, Lawrence M, Kaye L, Gellin M, Manning M. Implementing a one-on-one peer support program for cancer survivors using a motivational interviewing approach: results and lessons learned. *J Cancer Educ* 2014;29(1):91-98.
- 902 Tolley JS, Foroushani PS. What do we know about one-to-one peer support for adults with a burn injury? A scoping review. *J Burn Care Res* 2014;35(3):233-242.
- 903 Tsai J, Rosenheck RA. Outcomes of a group intensive peer-support model of case management for supported housing. *Psychiatr Serv* 2012;63(12):1186-1194.
- 904 Pistrang N, Jay Z, Gessler S, Barker C. Telephone peer support for women with gynaecological cancer: recipients' perspectives. *Psychooncology* 2012;21(10):1082-1090.
- 905 Heisler M, Spencer M, Forman J, Robinson C, Shultz C, Palmisano G, Graddy-Dansby G, Kieffer E. Participants' assessments of the effects of a community health worker intervention on their diabetes self-management and interactions with healthcare providers. *Am J Prev Med* 2009;37(6 Suppl 1):S270-S279.
- 906 Hughes J, Wood E, Smith G. Exploring kidney patients' experiences of receiving individual peer support. *Health Expect* 2009;12(4):396-406.
- 907 Weber BA, Roberts BL, Yarandi H, Mills TL, Chumbler NR, Wajzman Z. The impact of dyadic social support on self-efficacy and depression after radical prostatectomy. *J Aging Health* 2007;19(4):630-645.
- 908 Mohr DC, Burke H, Beckner V, Merluzzi N. A preliminary report on a skills-based telephone-administered peer support programme for patients with multiple sclerosis. *Mult Scler* 2005;11(2):222-226.
- 909 Preyde M, Ardal F. Effectiveness of a parent "buddy" program for mothers of very preterm infants in a neonatal intensive care unit. *CMAJ* 2003;168(8):969-973.
- 910 Ezumi H, Ochiai N, Oda M, Saito S, Ago M, Fukuma N, Takenami S. Peer support via video-telephony among frail elderly people living at home. *J Telemed Telecare* 2003;9(1):30-34.
- 911 Parent N, Fortin F. A randomized, controlled trial of vicarious experience through peer support for male first-time cardiac surgery patients: impact on anxiety, self-efficacy expectation, and self-reported activity. *Heart Lung* 2000;29(6):389-400.
- 912 Kaphingst KA, Lachance CR, Gepp A, D'Anna LH, Rios-Ellis B. Educating underserved Latino communities about family health history using lay health advisors. *Public Health Genomics* 2011;14(4-5):211-221.
- 913 Kamalifard M, Yavarikia P, Babapour Kheiroddin J, Salehi Pourmehr H, Iraj Iranagh R. The effect of peers support on postpartum depression: a single-blind randomized clinical trial. *J Caring Sci* 2013;2(3):237-244.
- 914 Boardman G, McCann T, Kerr D. A peer support programme for enhancing adherence to oral antipsychotic medication in consumers with schizophrenia. *J Adv Nurs* 2014;70(10):2293-2302.
- 915 Small N, Blickem C, Blakeman T, Panagioti M, Chew-Graham CA, Bower P. Telephone based self-management support by 'lay health workers' and 'peer support workers' to prevent and manage vascular diseases: a systematic review and meta-analysis. *BMC Health Serv Res* 2013;13:533.
- 916 Chapin RK, Sergeant JF, Landry S, Leedahl SN, Rachlin R, Koenig T, Graham A. Reclaiming joy: pilot evaluation of a mental health peer support program for older adults who receive Medicaid. *Gerontologist* 2013;53(2):345-352.
- 917 Stanish HI, Temple VA. Efficacy of a peer-guided exercise programme for adolescents with intellectual disability. *J Appl Res Intellect Disabil* 2012;25(4):319-328.
- 918 Heisler M, Vijan S, Makki F, Piette JD. Diabetes control with reciprocal peer support versus nurse care management: a randomized trial. *Ann Intern Med* 2010;153(8):507-515.
- 919 Travis J, Roeder K, Walters H, Piette J, Heisler M, Ganoczy D, Valenstein M, Pfeiffer P. Telephone-based mutual peer support for depression: a pilot study. *Chronic Illn* 2010;6(3):183-191.
- 920 Klatt C, Berg CJ, Thomas JL, Ehlinger E, Ahluwalia JS, An LC. The role of peer e-mail support as part of a college smoking-cessation website. *Am J Prev Med* 2008;35(6 Suppl):S471-S478.
- 921 Heisler M, Piette JD. "I help you, and you help me": facilitated telephone peer support among patients with diabetes. *Diabetes Educ* 2005;31(6):869-879.
- 922 Solomon LJ, Scharoun GM, Flynn BS, Secker-Walker RH, Sepinwall D. Free nicotine patches plus proactive telephone peer support to help low-income women stop smoking. *Prev Med* 2000;31(1):68-74.
- 923 Taylor VM, Bastani R, Burke N, Talbot J, Sos C, Liu Q, Do H, Jackson JC, Yasui Y. Evaluation of a hepatitis B lay health worker intervention for Cambodian Americans. *J Community Health* 2013;38(3):546-553.
- 924 Wong EY, Jennings CA, Rodgers WM, Selzler AM, Simmonds LG, Hamir R, Stickland MK. Peer educator vs. respiratory therapist support: which form of support better maintains health and functional outcomes following pulmonary rehabilitation? *Patient Educ Couns* 2014;95(1):118-125.
- 925 Heisler M, Halasyamani L, Cowen ME, Davis MD, Resnicow K, Strawderman RL, Choi H, Mase R, Piette JD. Randomized controlled effectiveness trial of reciprocal peer support in heart failure. *Circ Heart Fail* 2013;6(2):246-253.
- 926 Rotheram-Borus MJ, Tomlinson M, Gwegwe M, Comulada WS, Kaufman N, Keim M. Diabetes buddies: peer support through a mobile phone buddy system. *Diabetes Educ* 2012;38(3):357-365.

- 927 Letourneau N, Stewart M, Dennis CL, Hegadoren K, Duffett-Leger L, Watson B. Effect of home-based peer support on maternal-infant interactions among women with postpartum depression: a randomized, controlled trial. *Int J Ment Health Nurs* 2011;20(5):345-357.
- 928 Dale J, Caramlau I, Sturt J, Friede T, Walker R. Telephone peer-delivered intervention for diabetes motivation and support: the telecare exploratory RCT. *Patient Educ Couns* 2009;75(1):91-98.
- 929 Shilling V, Bailey S, Logan S, Morris C. Peer support for parents of disabled children part 1: perceived outcomes of a one-to-one service, a qualitative study. *Child Care Health Dev* (Published online December 2014).
- 930 Tolley JS, Foroushani PS. What do we know about one-to-one peer support for adults with a burn injury? A scoping review. *J Burn Care Res* 2014;35(3):233-242.
- 931 Pistrang N, Jay Z, Gessler S, Barker C. Telephone peer support for women with gynaecological cancer: benefits and challenges for supporters. *Psychooncology* 2013;22(4):886-894.
- 932 Broadhead RS, Heckathorn DD, Altice FL, van Hulst Y, Carbone M, Friedland GH, O'Connor PG, Selwyn PA. Increasing drug users' adherence to HIV treatment: results of a peer-driven intervention feasibility study. *Soc Sci Med* 2002;55(2):235-246.
- 933 Dalgin RS, Maline S, Driscoll P. Sustaining recovery through the night: impact of a peer-run warm line. *Psychiatr Rehabil J* 2011;35(1):65-68.
- 934 Sledge WH, Lawless M, Sells D, Wieland M, O'Connell MJ, Davidson L. Effectiveness of peer support in reducing readmissions of persons with multiple psychiatric hospitalizations. *Psychiatr Serv* 2011;62(5):541-544.
- 935 Partridge MR, Caress AL, Brown C, Hennings J, Luker K, Woodcock A, Campbell M. Can lay people deliver asthma self-management education as effectively as primary care based practice nurses? *Thorax* 2008;63(9):778-783.
- 936 Heisler M, Halasyamani L, Cowen ME, Davis MD, Resnicow K, Strawderman RL, Choi H, Mase R, Piette JD. Randomized controlled effectiveness trial of reciprocal peer support in heart failure. *Circ Heart Fail* 2013;6(2):246-253.
- 937 Riegel B, Carlson B. Is individual peer support a promising intervention for persons with heart failure? *J Cardiovasc Nurs* 2004;19(3):174-183.
- 938 Davis T, Gorgens K, Shriberg J, Godleski M, Meyer L. Making meaning in a burn peer support group: qualitative analysis of attendee interviews. *J Burn Care Res* 2014;35(5):416-425.
- 939 Yopp JM, Rosenstein DL. A support group for fathers whose partners died from cancer. *Clin J Oncol Nurs* 2013;17(2):169-173.
- 940 McMaster K, Aguinaldo L, Parekh NK. Evaluation of an ongoing psychoeducational inflammatory bowel disease support group in an adult outpatient setting. *Gastroenterol Nurs* 2012;35(6):383-390.
- 941 Montgomery P, Mossey S, Adams S, Bailey PH. Stories of women involved in a postpartum depression peer support group. *Int J Ment Health Nurs* 2012;21(6):524-532.
- 942 Gillespie P, O'Shea E, Paul G, O'Dowd T, Smith SM. Cost effectiveness of peer support for type 2 diabetes. *Int J Technol Assess Health Care* 2012;28(1):3-11.
- 943 Kingsnorth S, Gall C, Beayni S, Rigby P. Parents as transition experts? Qualitative findings from a pilot parent-led peer support group. *Child Care Health Dev* 2011;37(6):833-840.
- 944 Morris R, Morris P. Participants' experiences of hospital-based peer support groups for stroke patients and carers. *Disabil Rehabil* 2012;34(4):347-354.
- 945 Chambers SK, Foley E, Galt E, Ferguson M, Clutton S. Mindfulness groups for men with advanced prostate cancer: a pilot study to assess feasibility and effectiveness and the role of peer support. *Support Care Cancer* 2012;20(6):1183-1192.
- 946 Kumar K, John H, Gordhan C, Situnayake D, Raza K, Bacon PA. Breaking communication barriers for RA patients of South Asian origin: the use of a bilingual educational audio CD and linguistically appropriate peer support and education. *Musculoskeletal Care* 2011;9(1):11-18.
- 947 Castelein S, Bruggeman R, van Busschbach JT, van der Gaag M, Stant AD, Knegtering H, Wiersma D. The effectiveness of peer support groups in psychosis: a randomized controlled trial. *Acta Psychiatr Scand* 2008;118(1):64-72.
- 948 Gregg ME, Toumbourou JW. Sibling peer support group for young people with a sibling using drugs: a pilot study. *J Psychoactive Drugs* 2003;35(3):311-319.
- 949 Shaya FT, Chirikov VV, Howard D, Foster C, Costas J, Snitker S, Frimpter J, Kucharski K. Effect of social networks intervention in type 2 diabetes: a partial randomised study. *J Epidemiol Community Health* 2014;68(4):326-332.
- 950 Field T, Diego M, Delgado J, Medina L. Peer support and interpersonal psychotherapy groups experienced decreased prenatal depression, anxiety and cortisol. *Early Hum Dev* 2013;89(9):621-624.
- 951 Mérelle SY, Sorbi MJ, van Doornen LJ, Passchier J. Lay trainers with migraine for a home-based behavioral training: a 6-month follow-up study. *Headache* 2008;48(9):1311-1325.
- 952 Greenhalgh T, Campbell-Richards D, Vijayaraghavan S, Collard A, Malik F, Griffin M, Morris J, Claydon A, Macfarlane F. New models of self-management education for minority ethnic groups: pilot randomized trial of a story-sharing intervention. *J Health Serv Res Policy* 2011;16(1):28-36.
- 953 Gillespie P, O'Shea E, Paul G, O'Dowd T, Smith SM. Cost effectiveness of peer support for type 2 diabetes. *Int J Technol Assess Health Care* 2012;28(1):3-11.
- 954 Stant AD, Castelein S, Bruggeman R, van Busschbach JT, van der Gaag M, Knegtering H, Wiersma D. Economic aspects of peer support groups for psychosis. *Community Ment Health J* 2011;47(1):99-105.
- 955 McCarron A. An exploration of the perceived effects of a support group for individuals with rheumatoid arthritis. *J Am Assoc Nurse Pract* (Published online July 2014).
- 956 Tamplin J, Baker FA, Jones B, Way A, Lee S. 'Stroke a Chord': the effect of singing in a community choir on mood and social engagement for people living with aphasia following a stroke. *NeuroRehabilitation* 2013;32(4):929-941.
- 957 Haltiwanger EP, Brutus H. A culturally sensitive diabetes peer support for older Mexican-Americans. *Occup Ther Int* 2012;19(2):67-75.
- 958 Bouchard L, Montreuil M, Gros C. Peer support among inpatients in an adult mental health setting. *Issues Ment Health Nurs* 2010;31(9):589-598.
- 959 Walker RL, Ashby J, Hoskins OD, Greene FN. Peer-support suicide prevention in a non-metropolitan U.S. community. *Adolescence* 2009;44(174):335-346.
- 960 McDonald RM, Brown PJ. Exploration of social support systems for older adults: a preliminary study. *Contemp Nurse* 2008;29(2):184-194.
- 961 Munn-Giddings C, McVicar A. Self-help groups as mutual support: what do carers value? *Health Soc Care Community* 2007;15(1):26-34.

- 962 Ussher J, Kirsten L, Butow P, Sandoval M. What do cancer support groups provide which other supportive relationships do not? The experience of peer support groups for people with cancer. *Soc Sci Med* 2006;62(10):2565-2576.
- 963 Horner SD, Fouladi RT. Improvement of rural children's asthma self-management by lay health educators. *J Sch Health* 2008;78(9):506-513.
- 964 Newbould J, Taylor D, Bury M. Lay-led self-management in chronic illness: a review of the evidence. *Chronic Illn* 2006;2(4):249-261.
- 965 Griffiths C, Motlib J, Azad A, Ramsay J, Eldridge S, Feder G, Khanam R, Munni R, Garrett M, Turner A, Barlow J. Randomised controlled trial of a lay-led self-management programme for Bangladeshi patients with chronic disease. *Br J Gen Pract* 2005;55(520):831-837.
- 966 Klavina A, Block ME. The effect of peer tutoring on interaction behaviors in inclusive physical education. *Adapt Phys Activ Q* 2008;25(2):132-158.
- 967 Molassiotis A, Callaghan P, Twinn SF, Lam SW, Chung WY, Li CK. A pilot study of the effects of cognitive-behavioral group therapy and peer support/counseling in decreasing psychologic distress and improving quality of life in Chinese patients with symptomatic HIV disease. *AIDS Patient Care STDS* 2002;16(2):83-96.
- 968 Thomas GN, Macfarlane DJ, Guo B, Cheung BM, McGhee SM, Chou KL, Deeks JJ, Lam TH, Tomlinson B. Health promotion in older Chinese: a 12-month cluster randomized controlled trial of pedometer and "peer support". *Med Sci Sports Exerc* 2012;44(6):1157-1166.
- 969 Haltiwanger EP, Brutus H. A culturally sensitive diabetes peer support for older Mexican-Americans. *Occup Ther Int* 2012;19(2):67-75.
- 970 Pitkala KH, Routasalo P, Kautiainen H, Sintonen H, Tilvis RS. Effects of socially stimulating group intervention on lonely, older people's cognition: a randomized, controlled trial. *Am J Geriatr Psychiatry* 2011;19(7):654-663.
- 971 Murrock CJ, Higgins PA, Killion C. Dance and peer support to improve diabetes outcomes in African American women. *Diabetes Educ* 2009;35(6):995-1003.
- 972 Dorgo S, Robinson KM, Bader J. The effectiveness of a peer-mentored older adult fitness program on perceived physical, mental, and social function. *J Am Acad Nurse Pract* 2009;21(2):116-122.
- 973 Peterson U, Bergström G, Samuelsson M, Asberg M, Nygren A. Reflecting peer-support groups in the prevention of stress and burnout: randomized controlled trial. *J Adv Nurs* 2008;63(5):506-516.
- 974 McVey GL, Lieberman M, Voorberg N, Wardrope D, Blackmore E. School-based peer support groups: a new approach to the prevention of disordered eating. *Eat Disord* 2003;11(3):169-185.
- 975 Funck-Brentano I, Dalban C, Veber F, Quartier P, Hefez S, Costagliola D, Blanche S. Evaluation of a peer support group therapy for HIV-infected adolescents. *AIDS* 2005;19(14):1501-1508.
- 976 Penttinen J, Nevala-Puranen N, Airaksinen O, Jääskeläinen M, Sintonen H, Takala J. Randomized controlled trial of back school with and without peer support. *J Occup Rehabil* 2002;12(1):21-29.
- 977 Leung YY, Kwan J, Chan P, Poon PK, Leung C, Tam LS, Li EK, Kwok A. A pilot evaluation of Arthritis Self-Management Program by lay leaders in patients with chronic inflammatory arthritis in Hong Kong. *Clin Rheumatol* (Published online October 2014).
- 978 Nguyen TT, Love MB, Liang C, Fung LC, Nguyen T, Wong C, Gildengorin G, Woo K. A pilot study of lay health worker outreach and colorectal cancer screening among Chinese Americans. *J Cancer Educ* 2010;25(3):405-412.
- 979 Russell KM, Champion VL, Monahan PO, Millon-Underwood S, Zhao Q, Spacey N, Rush NL, Paskett ED. Randomized trial of a lay health advisor and computer intervention to increase mammography screening in African American women. *Cancer Epidemiol Biomarkers Prev* 2010;19(1):201-210.
- 980 Smith SM, Paul G, Kelly A, Whitford DL, O'Shea E, O'Dowd T. Peer support for patients with type 2 diabetes: cluster randomised controlled trial. *BMJ* 2011;342:d715.
- 981 McVey GL, Lieberman M, Voorberg N, Wardrope D, Blackmore E, Tweed S. Replication of a peer support program designed to prevent disordered eating: is a life skills approach sufficient for all middle school students? *Eat Disord* 2003;11(3):187-195.
- 982 Messmer Uccelli M, Mancuso Mohr L, Battaglia MA, Zagami P, Mohr DC. Peer support groups in multiple sclerosis: current effectiveness and future directions. *Mult Scler* 2004;10(1):80-84.
- 983 Hildingh C, Fridlund B. Participation in peer support groups after a cardiac event: a 12-month follow-up. *Rehabil Nurs* 2003;28(4):123-128.
- 984 Furze G, Cox H, Morton V, Chuang LH, Lewin RJ, Nelson P, Carty R, Norris H, Patel N, Elton P. Randomized controlled trial of a lay-facilitated angina management programme. *J Adv Nurs* 2012;68(10):2267-2279.
- 985 West DS, Bursac Z, Cornell CE, Felix HC, Fausett JK, Krukowski RA, Lensing S, Love SJ, Prewitt TE, Beck C. Lay health educators translate a weight-loss intervention in senior centers: a randomized controlled trial. *Am J Prev Med* 2011;41(4):385-391.
- 986 Hayes A, Morzinski J, Ertl K, Wurm C, Patterson L, Wilke N, Whittle J. Preliminary description of the feasibility of using peer leaders to encourage hypertension self-management. *WJM* 2010;109(2):85-90.
- 987 Chien WT, Thompson DR. An RCT with three-year follow-up of peer support groups for Chinese families of persons with schizophrenia. *Psychiatr Serv* 2013;64(10):997-1005.
- 988 Krukowski RA, Pope RA, Love S, Lensing S, Felix HC, Prewitt TE, West D. Examination of costs for a lay health educator-delivered translation of the Diabetes Prevention Program in senior centers. *Prev Med* 2013;57(4):400-402.
- 989 Kennedy A, Reeves D, Bower P, Lee V, Middleton E, Richardson G, Gardner C, Gately C, Rogers A. The effectiveness and cost effectiveness of a national lay-led self care support programme for patients with long-term conditions: a pragmatic randomised controlled trial. *J Epidemiol Community Health* 2007;61(3):254-261.
- 990 McInnes RJ, Stone DH. The process of implementing a community-based peer breast-feeding support programme: the Glasgow experience. *Midwifery* 2001;17(1):65-73.
- 991 Gillard S, White R, Miller S, Turner K. Open access support groups for people experiencing personality disorders: Do group members' experiences reflect the theoretical foundations of the SUN project? *Psychol Psychother* (Published online May 2014).
- 992 Green MA, Lucas J, Hanson LC, Armstrong T, Hayes M, Peacock S, Elliott-Bynum S, Goldmon M, Corbie-Smith G. Carrying the burden: perspectives of African American pastors on peer support for people with cancer. *J Relig Health* 2014;53(5):1382-1397.
- 993 Ashing-Giwa K, Tapp C, Rosales M, McDowell K, Martin V, Santifer RH, Clark P, Steward J, Lewis L, Mitchell E. Peer-based models of supportive care: the impact of peer support groups in African American breast cancer survivors. *Oncol Nurs Forum* 2012;39(6):585-591.
- 994 Ellis JL, Morzinski JA. Training lay volunteers to promote health in central-city African American churches. *J Christ Nurs* 2013;30(2):112-116.

- 995 Quinn MT, McNabb WL. Training lay health educators to conduct a church-based weight-loss program for African American women. *Diabetes Educ* 2001;27(2):231-238.
- 996 Larsen LS, Larsen BH, Birkelund R. An ambiguous relationship - a qualitative meta-synthesis of hospitalized somatic patients' experience of interaction with fellow patients. *Scand J Caring Sci* 2013;27(3):495-505.
- 997 Chan AO, Kee JP, Chan YH. Awareness and utilization of peer support programs in Singapore public general hospitals. *Int J Emerg Ment Health* 2012;14(3):217-223.
- 998 Burns-Lynch B, Salzer MS. Adopting innovations--lessons learned from a peer-based hospital diversion program. *Community Ment Health J* 2001;37(6):511-521.
- 999 Paul G, Keogh K, D'Eath M, Smith SM. Implementing a peer-support intervention for people with type 2 diabetes: a qualitative study. *Fam Pract* 2013;30(5):593-603.
- 1000 Paul G, Smith SM, Whitford D, O'Kelly F, O'Dowd T. Development of a complex intervention to test the effectiveness of peer support in type 2 diabetes. *BMC Health Serv Res* 2007;7:136.
- 1001 Dossa A, Capitman JA. Lay health mentors in community-based older adult disability prevention programs: provider perspectives. *Res Gerontol Nurs* 2011;4(2):106-116.
- 1002 Sattoe JN, Jedeloo S, van Staa A. Effective peer-to-peer support for young people with end-stage renal disease: a mixed methods evaluation of Camp COOL. *BMC Nephrol* 2013;14:279.
- 1003 Polcin DL, Korcha R, Bond J, Galloway G. What did we learn from our study on sober living houses and where do we go from here? *J Psychoactive Drugs* 2010;42(4):425-433.
- 1004 Hanson LC, Green MA, Hayes M, Diehl SJ, Warnock S, Corbie-Smith G, Lin FC, Earp JA. Circles of care: implementation and evaluation of support teams for African Americans with cancer. *Health Educ Behav* 2013;41(3):291-298.
- 1005 Ingram J. A mixed methods evaluation of peer support in Bristol, UK: mothers', midwives' and peer supporters' views and the effects on breastfeeding. *BMC Pregnancy Childbirth* 2013;13:192.
- 1006 Ezumi H, Ochiai N, Oda M, Saito S, Ago M, Fukuma N, Takenami S. Peer support via video-telephony among frail elderly people living at home. *J Telemed Telecare* 2003;9(1):30-34.
- 1007 Quandt SA, Grzywacz JG, Talton JW, Trejo G, Tapia J, D'Agostino RB Jr, Mirabelli MC, Arcury TA. Evaluating the effectiveness of a lay health promoter-led, community-based participatory pesticide safety intervention with farmworker families. *Health Promot Pract* 2013;14(3):425-432.
- 1008 Scheiwe A, Hardy R, Watt RG. Four-year follow-up of a randomized controlled trial of a social support intervention on infant feeding practices. *Matern Child Nutr* 2010;6(4):328-337.
- 1009 Travis J, Roeder K, Walters H, Piette J, Heisler M, Ganoczy D, Valenstein M, Pfeiffer P. Telephone-based mutual peer support for depression: a pilot study. *Chronic Illn* 2010;6(3):183-191.
- 1010 Taylor VM, Bastani R, Burke N, Talbot J, Sos C, Liu Q, Do H, Jackson JC, Yasui Y. Evaluation of a hepatitis B lay health worker intervention for Cambodian Americans. *J Community Health* 2013;38(3):546-553.
- 1011 Mérelle SY, Sorbi MJ, van Doornen LJ, Passchier J. Lay trainers with migraine for a home-based behavioral training: a 6-month follow-up study. *Headache* 2008;48(9):1311-1325.
- 1012 Letourneau N, Stewart M, Dennis CL, Hegadoren K, Duffett-Leger L, Watson B. Effect of home-based peer support on maternal-infant interactions among women with postpartum depression: a randomized, controlled trial. *Int J Ment Health Nurs* 2011;20(5):345-357.
- 1013 Sledge WH, Lawless M, Sells D, Wieland M, O'Connell MJ, Davidson L. Effectiveness of peer support in reducing readmissions of persons with multiple psychiatric hospitalizations. *Psychiatr Serv* 2011;62(5):541-544.
- 1014 Sattoe JN, Jedeloo S, van Staa A. Effective peer-to-peer support for young people with end-stage renal disease: a mixed methods evaluation of Camp COOL. *BMC Nephrol* 2013;14:279.
- 1015 Walker RL, Ashby J, Hoskins OD, Greene FN. Peer-support suicide prevention in a non-metropolitan U.S. community. *Adolescence* 2009;44(174):335-346.
- 1016 Shaya FT, Chirikov VV, Howard D, Foster C, Costas J, Snitker S, Frimpter J, Kucharski K. Effect of social networks intervention in type 2 diabetes: a partial randomised study. *J Epidemiol Community Health* 2014;68(4):326-332.
- 1017 Stanish HI, Temple VA. Efficacy of a peer-guided exercise programme for adolescents with intellectual disability. *J Appl Res Intellect Disabil* 2012;25(4):319-328.
- 1018 Thomas GN, Macfarlane DJ, Guo B, Cheung BM, McGhee SM, Chou KL, Deeks JJ, Lam TH, Tomlinson B. Health promotion in older Chinese: a 12-month cluster randomized controlled trial of pedometer and "peer support". *Med Sci Sports Exerc* 2012;44(6):1157-1166.
- 1019 Leung YY, Kwan J, Chan P, Poon PK, Leung C, Tam LS, Li EK, Kwok A. A pilot evaluation of Arthritis Self-Management Program by lay leaders in patients with chronic inflammatory arthritis in Hong Kong. *Clin Rheumatol* (Published online October 2014).
- 1020 West DS, Bursac Z, Cornell CE, Felix HC, Fausett JK, Krukowski RA, Lensing S, Love SJ, Prewitt TE, Beck C. Lay health educators translate a weight-loss intervention in senior centers: a randomized controlled trial. *Am J Prev Med* 2011;41(4):385-391.
- 1021 Hayes A, Morzinski J, Ertl K, Wurm C, Patterson L, Wilke N, Whittle J. Preliminary description of the feasibility of using peer leaders to encourage hypertension self-management. *WMIJ* 2010;109(2):85-90.
- 1022 Broadhead RS, Heckathorn DD, Altice FL, van Hulst Y, Carbone M, Friedland GH, O'Connor PG, Selwyn PA. Increasing drug users' adherence to HIV treatment: results of a peer-driven intervention feasibility study. *Soc Sci Med* 2002;55(2):235-246.
- 1023 Krukowski RA, Pope RA, Love S, Lensing S, Felix HC, Prewitt TE, West D. Examination of costs for a lay health educator-delivered translation of the Diabetes Prevention Program in senior centers. *Prev Med* 2013;57(4):400-402.
- 1024 Muller M, Toth-Cohen S, Mulcahey MJ. Development and evaluation of a hospital-based peer support group for younger individuals with stroke. *Occup Ther Health Care* 2014;28(3):277-295.
- 1025 Kessler D, Egan M, Kubina LA. Peer support for stroke survivors: a case study. *BMC Health Serv Res* 2014;14:256.
- 1026 Kornhaber R, Wilson A, Abu-Qamar M, McLean L, Vandervord J. Inpatient peer support for adult burn survivors-A valuable resource: A phenomenological analysis of the Australian experience. *Burns* 2015;41(1):110-117.
- 1027 Haas BM, Price L, Freeman JA. Qualitative evaluation of a community peer support service for people with spinal cord injury. *Spinal Cord* 2013;51(4):295-299.
- 1028 Parent N, Fortin F. A randomized, controlled trial of vicarious experience through peer support for male first-time cardiac surgery patients: impact on anxiety, self-efficacy expectation, and self-reported activity. *Heart Lung* 2000;29(6):389-400.
- 1029 Kingsnorth S, Gall C, Beayni S, Rigby P. Parents as transition experts? Qualitative findings from a pilot parent-led peer support group. *Child Care Health Dev* 2011;37(6):833-840.

- 1030 Morris R, Morris P. Participants' experiences of hospital-based peer support groups for stroke patients and carers. *Disabil Rehabil* 2012;34(4):347-354.
- 1031 Bouchard L, Montreuil M, Gros C. Peer support among inpatients in an adult mental health setting. *Issues Ment Health Nurs* 2010;31(9):589-598.
- 1032 Hughes J, Wood E, Smith G. Exploring kidney patients' experiences of receiving individual peer support. *Health Expect* 2009;12(4):396-406.
- 1033 Percy CA, Gibbs T, Potter L, Boardman S. Nurse-led peer support group: experiences of women with polycystic ovary syndrome. *J Adv Nurs* 2009;65(10):2046-2055.
- 1034 Foster LW, McLellan L, Rybicki L, Dabney J, Copelan E, Bolwell B. Validating the positive impact of in-hospital lay care-partner support on patient survival in allogeneic BMT: a prospective study. *Bone Marrow Transplant* 2013;48(5):671-677.
- 1035 Kessler D, Egan M, Kubina LA. Peer support for stroke survivors: a case study. *BMC Health Serv Res* 2014;14:256.
- 1036 Moulton A, Balbierz A, Eisenman S, Neustein E, Walther V, Epstein I. Woman to woman: a peer to peer support program for women with gynecologic cancer. *Soc Work Health Care* 2013;52(10):913-929.
- 1037 McMaster K, Aguinaldo L, Parekh NK. Evaluation of an ongoing psychoeducational inflammatory bowel disease support group in an adult outpatient setting. *Gastroenterol Nurs* 2012;35(6):383-390.
- 1038 Gillespie P, O'Shea E, Paul G, O'Dowd T, Smith SM. Cost effectiveness of peer support for type 2 diabetes. *Int J Technol Assess Health Care* 2012;28(1):3-11.
- 1039 Haltiwanger EP, Brutus H. A culturally sensitive diabetes peer support for older Mexican-Americans. *Occup Ther Int* 2012;19(2):67-75.
- 1040 Kaphingst KA, Lachance CR, Gepp A, D'Anna LH, Rios-Ellis B. Educating underserved Latino communities about family health history using lay health advisors. *Public Health Genomics* 2011;14(4-5):211-221.
- 1041 Yeung DY, Kwok SY, Chung A. Institutional peer support mediates the impact of physical declines on depressive symptoms of nursing home residents. *J Adv Nurs* 2013;69(4):875-885.
- 1042 Haltiwanger EP, Brutus H. A culturally sensitive diabetes peer support for older Mexican-Americans. *Occup Ther Int* 2012;19(2):67-75.
- 1043 Heisler M, Vijan S, Makki F, Piette JD. Diabetes control with reciprocal peer support versus nurse care management: a randomized trial. *Ann Intern Med* 2010;153(8):507-515.
- 1044 Murrock CJ, Higgins PA, Killion C. Dance and peer support to improve diabetes outcomes in African American women. *Diabetes Educ* 2009;35(6):995-1003.
- 1045 McVey GL, Lieberman M, Voorberg N, Wardrope D, Blackmore E. School-based peer support groups: a new approach to the prevention of disordered eating. *Eat Disord* 2003;11(3):169-185.
- 1046 Russell KM, Champion VL, Monahan PO, Millon-Underwood S, Zhao Q, Spacey N, Rush NL, Paskett ED. Randomized trial of a lay health advisor and computer intervention to increase mammography screening in African American women. *Cancer Epidemiol Biomarkers Prev* 2010;19(1):201-210.
- 1047 Smith SM, Paul G, Kelly A, Whitford DL, O'Shea E, O'Dowd T. Peer support for patients with type 2 diabetes: cluster randomised controlled trial. *BMJ* 2011;342:d715.
- 1048 Goodall M, Barton GR, Bower P, Byrne P, Cade JE, Capewell S, Cleghorn CL, Kennedy LA, Martindale AM, Roberts C, Woolf S, Gabbay MB. Food for thought: pilot randomized controlled trial of lay health trainers supporting dietary change to reduce cardiovascular disease in deprived communities. *J Public Health* 2014;36(4):635-643.
- 1049 Gillespie P, O'Shea E, Paul G, O'Dowd T, Smith SM. Cost effectiveness of peer support for type 2 diabetes. *Int J Technol Assess Health Care* 2012;28(1):3-11.
- 1050 Roberts NJ, Boyd KA, Briggs AH, Caress AL, Partridge MR. Nurse led versus lay educators support for those with asthma in primary care: a costing study. *BMC Pulm Med* 2012;12:52.
- 1051 Cherrington A, Martin MY, Hayes M, Halanych JH, Wright MA, Appel SJ, Andreae SJ, Safford M. Intervention mapping as a guide for the development of a diabetes peer support intervention in rural Alabama. *Prev Chronic Dis* 2012;9:E36.
- 1052 Wittmann D, He C, Mitchell S, Wood DP Jr, Hola V, Thelen-Perry S, Montie JE. A one-day couple group intervention to enhance sexual recovery for surgically treated men with prostate cancer and their partners: a pilot study. *Urol Nurs* 2013;33(3):140-147.
- 1053 Walker RL, Ashby J, Hoskins OD, Greene FN. Peer-support suicide prevention in a non-metropolitan U.S. community. *Adolescence* 2009;44(174):335-346.
- 1054 Hughes J, Wood E, Smith G. Exploring kidney patients' experiences of receiving individual peer support. *Health Expect* 2009;12(4):396-406.
- 1055 Kaphingst KA, Lachance CR, Gepp A, D'Anna LH, Rios-Ellis B. Educating underserved Latino communities about family health history using lay health advisors. *Public Health Genomics* 2011;14(4-5):211-221.
- 1056 Montgomery P, Mossey S, Adams S, Bailey PH. Stories of women involved in a postpartum depression peer support group. *Int J Ment Health Nurs* 2012;21(6):524-532.
- 1057 McVey GL, Lieberman M, Voorberg N, Wardrope D, Blackmore E. School-based peer support groups: a new approach to the prevention of disordered eating. *Eat Disord* 2003;11(3):169-185.
- 1058 White VM, Young MA, Farrelly A, Meiser B, Jefford M, Williamson E, Ieropoli S, Duffy J, Winship I. Randomized controlled trial of a telephone-based peer-support program for women carrying a BRCA1 or BRCA2 mutation: impact on psychological distress. *J Clin Oncol* 2014;32(36):4073-4080.
- 1059 McCarron A. An exploration of the perceived effects of a support group for individuals with rheumatoid arthritis. *J Am Assoc Nurse Pract* (Published online July 2014).
- 1060 Sandhu S, Veinot P, Embuldeniya G, Brooks S, Sale J, Huang S, Zhao A, Richards D, Bell MJ. Peer-to-peer mentoring for individuals with early inflammatory arthritis: feasibility pilot. *BMJ Open* 2013;3(3).
- 1061 Pistrang N, Jay Z, Gessler S, Barker C. Telephone peer support for women with gynaecological cancer: recipients' perspectives. *Psychooncology* 2012;21(10):1082-1090.
- 1062 Griffiths C, Motlib J, Azad A, Ramsay J, Eldridge S, Feder G, Khanam R, Munni R, Garrett M, Turner A, Barlow J. Randomised controlled trial of a lay-led self-management programme for Bangladeshi patients with chronic disease. *Br J Gen Pract* 2005;55(520):831-837.
- 1063 Molassiotis A, Callaghan P, Twinn SF, Lam SW, Chung WY, Li CK. A pilot study of the effects of cognitive-behavioral group therapy and peer support/counseling in decreasing psychologic distress and improving quality of life in Chinese patients with symptomatic HIV disease. *AIDS Patient Care STDS* 2002;16(2):83-96.

- 1064 Kamalifard M, Yavarikia P, Babapour Kheiroddin J, Salehi Pourmehr H, Irajii Iranagh R. The effect of peers support on postpartum depression: a single-blind randomized clinical trial. *J Caring Sci* 2013;2(3):237-244.
- 1065 Boardman G, McCann T, Kerr D. A peer support programme for enhancing adherence to oral antipsychotic medication in consumers with schizophrenia. *J Adv Nurs* 2014;70(10):2293-2302.
- 1066 Shaya FT, Chirikov VV, Howard D, Foster C, Costas J, Snitker S, Frimpter J, Kucharski K. Effect of social networks intervention in type 2 diabetes: a partial randomised study. *J Epidemiol Community Health* 2014;68(4):326-332.
- 1067 Field T, Diego M, Delgado J, Medina L. Peer support and interpersonal psychotherapy groups experienced decreased prenatal depression, anxiety and cortisol. *Early Hum Dev* 2013;89(9):621-624.
- 1068 Sandhu S, Veinot P, Embuldeniya G, Brooks S, Sale J, Huang S, Zhao A, Richards D, Bell MJ. Peer-to-peer mentoring for individuals with early inflammatory arthritis: feasibility pilot. *BMJ Open* 2013;3(3).
- 1069 Chapin RK, Sergeant JF, Landry S, Leedahl SN, Rachlin R, Koenig T, Graham A. Reclaiming joy: pilot evaluation of a mental health peer support program for older adults who receive Medicaid. *Gerontologist* 2013;53(2):345-352.
- 1070 Stanish HI, Temple VA. Efficacy of a peer-guided exercise programme for adolescents with intellectual disability. *J Appl Res Intellect Disabil* 2012;25(4):319-328.
- 1071 Pitkala KH, Routasalo P, Kautiainen H, Sintonen H, Tilvis RS. Effects of socially stimulating group intervention on lonely, older people's cognition: a randomized, controlled trial. *Am J Geriatr Psychiatry* 2011;19(7):654-663.
- 1072 Travis J, Roeder K, Walters H, Piette J, Heisler M, Ganoczy D, Valenstein M, Pfeiffer P. Telephone-based mutual peer support for depression: a pilot study. *Chronic Illn* 2010;6(3):183-191.
- 1073 Murrock CJ, Higgins PA, Killion C. Dance and peer support to improve diabetes outcomes in African American women. *Diabetes Educ* 2009;35(6):995-1003.
- 1074 Dorgo S, Robinson KM, Bader J. The effectiveness of a peer-mentored older adult fitness program on perceived physical, mental, and social function. *J Am Acad Nurse Pract* 2009;21(2):116-122.
- 1075 Penttinen J, Nevala-Puranen N, Airaksinen O, Jääskeläinen M, Sintonen H, Takala J. Randomized controlled trial of back school with and without peer support. *J Occup Rehabil* 2002;12(1):21-29.
- 1076 Leung YY, Kwan J, Chan P, Poon PK, Leung C, Tam LS, Li EK, Kwok A. A pilot evaluation of Arthritis Self-Management Program by lay leaders in patients with chronic inflammatory arthritis in Hong Kong. *Clin Rheumatol* (Published online October 2014).
- 1077 West DS, Bursac Z, Cornell CE, Felix HC, Fausett JK, Krukowski RA, Lensing S, Love SJ, Prewitt TE, Beck C. Lay health educators translate a weight-loss intervention in senior centers: a randomized controlled trial. *Am J Prev Med* 2011;41(4):385-391.
- 1078 Russell KM, Champion VL, Monahan PO, Millon-Underwood S, Zhao Q, Spacey N, Rush NL, Paskett ED. Randomized trial of a lay health advisor and computer intervention to increase mammography screening in African American women. *Cancer Epidemiol Biomarkers Prev* 2010;19(1):201-210.
- 1079 Tang TS, Sohal PS, Garg AK. Rethinking peer support for diabetes in Vancouver's South-Asian community: a feasibility study. *Diabet Med* (Published online December 2014).
- 1080 Mosnaim G, Li H, Martin M, Richardson D, Belice PJ, Avery E, Ryan N, Bender B, Powell L. The impact of peer support and mp3 messaging on adherence to inhaled corticosteroids in minority adolescents with asthma: a randomized, controlled trial. *J Allergy Clin Immunol Pract* 2013;1(5):485-493.
- 1081 Wong EY, Jennings CA, Rodgers WM, Selzler AM, Simmonds LG, Hamir R, Stickland MK. Peer educator vs. respiratory therapist support: which form of support better maintains health and functional outcomes following pulmonary rehabilitation? *Patient Educ Couns* 2014;95(1):118-125.
- 1082 Proudfoot J, Parker G, Manicavasagar V, Hadzi-Pavlovic D, Whitton A, Nicholas J, Smith M, Burckhardt R. Effects of adjunctive peer support on perceptions of illness control and understanding in an online psychoeducation program for bipolar disorder: a randomised controlled trial. *J Affect Disord* 2012;142(1-3):98-105.
- 1083 Letourneau N, Stewart M, Dennis CL, Hegadoren K, Duffett-Leger L, Watson B. Effect of home-based peer support on maternal-infant interactions among women with postpartum depression: a randomized, controlled trial. *Int J Ment Health Nurs* 2011;20(5):345-357.
- 1084 Greenhalgh T, Campbell-Richards D, Vijayaraghavan S, Collard A, Malik F, Griffin M, Morris J, Claydon A, Macfarlane F. New models of self-management education for minority ethnic groups: pilot randomized trial of a story-sharing intervention. *J Health Serv Res Policy* 2011;16(1):28-36.
- 1085 Messmer Uccelli M, Mancuso Mohr L, Battaglia MA, Zagami P, Mohr DC. Peer support groups in multiple sclerosis: current effectiveness and future directions. *Mult Scler* 2004;10(1):80-84.
- 1086 Goodall M, Barton GR, Bower P, Byrne P, Cade JE, Capewell S, Cleghorn CL, Kennedy LA, Martindale AM, Roberts C, Woolf S, Gabbay MB. Food for thought: pilot randomized controlled trial of lay health trainers supporting dietary change to reduce cardiovascular disease in deprived communities. *J Public Health* 2014;36(4):635-643.
- 1087 Sandhu S, Veinot P, Embuldeniya G, Brooks S, Sale J, Huang S, Zhao A, Richards D, Bell MJ. Peer-to-peer mentoring for individuals with early inflammatory arthritis: feasibility pilot. *BMJ Open* 2013;3(3).
- 1088 Boogerd EA, Noordam C, Kremer JA, Prins JB, Verhaak CM. Teaming up: feasibility of an online treatment environment for adolescents with type 1 diabetes. *Pediatr Diabetes* 2014;15(5):394-402.
- 1089 Chan JC, Sui Y, Oldenburg B, Zhang Y, Chung HH, Goggins W, Au S, Brown N, Ozaki R, Wong RY, Ko GT, Fisher E. Effects of telephone-based peer support in patients with type 2 diabetes mellitus receiving integrated care: a randomized clinical trial. *JAMA Intern Med* 2014;174(6):972-981.
- 1090 Smith SM, Paul G, Kelly A, Whitford DL, O'Shea E, O'Dowd T. Peer support for patients with type 2 diabetes: cluster randomised controlled trial. *BMJ* 2011;342:d715.
- 1091 Sledge WH, Lawless M, Sells D, Wieland M, O'Connell MJ, Davidson L. Effectiveness of peer support in reducing readmissions of persons with multiple psychiatric hospitalizations. *Psychiatr Serv* 2011;62(5):541-544.
- 1092 Bouchard L, Montreuil M, Gros C. Peer support among inpatients in an adult mental health setting. *Issues Ment Health Nurs* 2010;31(9):589-598.
- 1093 Høybye MT, Dalton SO, Deltour I, Bidstrup PE, Frederiksen K, Johansen C. Effect of Internet peer-support groups on psychosocial adjustment to cancer: a randomised study. *Br J Cancer* 2010;102(9):1348-1354.

- 1094 Dalgin RS, Maline S, Driscoll P. Sustaining recovery through the night: impact of a peer-run warm line. *Psychiatr Rehabil J* 2011;35(1):65-68.
- 1095 Montgomery P, Mossey S, Adams S, Bailey PH. Stories of women involved in a postpartum depression peer support group. *Int J Ment Health Nurs* 2012;21(6):524-532.
- 1096 Griffiths C, Motlib J, Azad A, Ramsay J, Eldridge S, Feder G, Khanam R, Munni R, Garrett M, Turner A, Barlow J. Randomised controlled trial of a lay-led self-management programme for Bangladeshi patients with chronic disease. *Br J Gen Pract* 2005;55(520):831-837.
- 1097 Molassiotis A, Callaghan P, Twinn SF, Lam SW, Chung WY, Li CK. A pilot study of the effects of cognitive-behavioral group therapy and peer support/counseling in decreasing psychological distress and improving quality of life in Chinese patients with symptomatic HIV disease. *AIDS Patient Care STDS* 2002;16(2):83-96.
- 1098 Boardman G, McCann T, Kerr D. A peer support programme for enhancing adherence to oral antipsychotic medication in consumers with schizophrenia. *J Adv Nurs* 2014;70(10):2293-2302.
- 1099 Field T, Diego M, Delgado J, Medina L. Peer support and interpersonal psychotherapy groups experienced decreased prenatal depression, anxiety and cortisol. *Early Hum Dev* 2013;89(9):621-624.
- 1100 Chapin RK, Sergeant JF, Landry S, Leedahl SN, Rachlin R, Koenig T, Graham A. Reclaiming joy: pilot evaluation of a mental health peer support program for older adults who receive Medicaid. *Gerontologist* 2013;53(2):345-352.
- 1101 Stanish HI, Temple VA. Efficacy of a peer-guided exercise programme for adolescents with intellectual disability. *J Appl Res Intellect Disabil* 2012;25(4):319-328.
- 1102 Travis J, Roeder K, Walters H, Piette J, Heisler M, Ganoczy D, Valenstein M, Pfeiffer P. Telephone-based mutual peer support for depression: a pilot study. *Chronic Illn* 2010;6(3):183-191.
- 1103 Grebely J, Knight E, Genoway KA, Viljoen M, Khara M, Elliott D, Gallagher L, Storms M, Raffa JD, DeVlaming S, Duncan F, Conway B. Optimizing assessment and treatment for hepatitis C virus infection in illicit drug users: a novel model incorporating multidisciplinary care and peer support. *Eur J Gastroenterol Hepatol* 2010;22(3):270-277.
- 1104 Murrock CJ, Higgins PA, Killion C. Dance and peer support to improve diabetes outcomes in African American women. *Diabetes Educ* 2009;35(6):995-1003.
- 1105 Deering KN, Shannon K, Sinclair H, Parsad D, Gilbert E, Tyndall MW. Piloting a peer-driven intervention model to increase access and adherence to antiretroviral therapy and HIV care among street-entrenched HIV-positive women in Vancouver. *AIDS Patient Care STDS* 2009;23(8):603-609.
- 1106 Leung YY, Kwan J, Chan P, Poon PK, Leung C, Tam LS, Li EK, Kwok A. A pilot evaluation of Arthritis Self-Management Program by lay leaders in patients with chronic inflammatory arthritis in Hong Kong. *Clin Rheumatol* (Published online October 2014).
- 1107 Tang TS, Sohal PS, Garg AK. Rethinking peer support for diabetes in Vancouver's South-Asian community: a feasibility study. *Diabet Med* (Published online December 2014).
- 1108 Mosnaim G, Li H, Martin M, Richardson D, Belice PJ, Avery E, Ryan N, Bender B, Powell L. The impact of peer support and mp3 messaging on adherence to inhaled corticosteroids in minority adolescents with asthma: a randomized, controlled trial. *J Allergy Clin Immunol Pract* 2013;1(5):485-493.
- 1109 Heisler M, Halasyamani L, Cowen ME, Davis MD, Resnicow K, Strawderman RL, Choi H, Mase R, Piette JD. Randomized controlled effectiveness trial of reciprocal peer support in heart failure. *Circ Heart Fail* 2013;6(2):246-253.
- 1110 Messmer Uccelli M, Mancuso Mohr L, Battaglia MA, Zagami P, Mohr DC. Peer support groups in multiple sclerosis: current effectiveness and future directions. *Mult Scler* 2004;10(1):80-84.
- 1111 Broadhead RS, Heckathorn DD, Altice FL, van Hulst Y, Carbone M, Friedland GH, O'Connor PG, Selwyn PA. Increasing drug users' adherence to HIV treatment: results of a peer-driven intervention feasibility study. *Soc Sci Med* 2002;55(2):235-246.
- 1112 Heisler M, Halasyamani L, Cowen ME, Davis MD, Resnicow K, Strawderman RL, Choi H, Mase R, Piette JD. Randomized controlled effectiveness trial of reciprocal peer support in heart failure. *Circ Heart Fail* 2013;6(2):246-253.
- 1113 Greenhalgh T, Campbell-Richards D, Vijayaraghavan S, Collard A, Malik F, Griffin M, Morris J, Claydon A, Macfarlane F. New models of self-management education for minority ethnic groups: pilot randomized trial of a story-sharing intervention. *J Health Serv Res Policy* 2011;16(1):28-36.
- 1114 McCarron A. An exploration of the perceived effects of a support group for individuals with rheumatoid arthritis. *J Am Assoc Nurse Pract* (Published online July 2014).
- 1115 Russell KM, Champion VL, Monahan PO, Millon-Underwood S, Zhao Q, Spacey N, Rush NL, Paskett ED. Randomized trial of a lay health advisor and computer intervention to increase mammography screening in African American women. *Cancer Epidemiol Biomarkers Prev* 2010;19(1):201-210.
- 1116 Chan JC, Sui Y, Oldenburg B, Zhang Y, Chung HH, Goggins W, Au S, Brown N, Ozaki R, Wong RY, Ko GT, Fisher E. Effects of telephone-based peer support in patients with type 2 diabetes mellitus receiving integrated care: a randomized clinical trial. *JAMA Intern Med* 2014;174(6):972-981.
- 1117 Naslund JA, Grande SW, Aschbrenner KA, Elwyn G. Naturally occurring peer support through social media: the experiences of individuals with severe mental illness using YouTube. *PLoS One* 2014;9(10):e110171.
- 1118 Kozlowski D, Provost SC, Tucker J, van der Zwan R. Dusted community: piloting a virtual peer-to-peer support community for people with an asbestos-related diagnosis and their families. *J Psychosoc Oncol* 2014;32(4):463-475.
- 1119 Boogerd EA, Noordam C, Kremer JA, Prins JB, Verhaak CM. Teaming up: feasibility of an online treatment environment for adolescents with type 1 diabetes. *Pediatr Diabetes* 2014;15(5):394-402.
- 1120 Cotter AP, Durant N, Agne AA, Cherrington AL. Internet interventions to support lifestyle modification for diabetes management: a systematic review of the evidence. *J Diabetes Complications* 2014;28(2):243-251.
- 1121 Yeung DY, Kwok SY, Chung A. Institutional peer support mediates the impact of physical declines on depressive symptoms of nursing home residents. *J Adv Nurs* 2013;69(4):875-885.