



Recommended Job Description of a Nebraska Certified Peer Support & Wellness Specialist-

1. Using the 4 Tasks, Peer Support & Wellness Specialists will assist peers in articulating person-centered recovery objectives.
 - a) Assist a person in advocating for person-centered planning
 - b) Assist a person in understanding their own worldview
 - c) Assist a person in understanding the worldview of other peers
 - d) Assist a person in understanding mutuality
 - e) Assist a person in moving forward with their own person-centered recovery plan
2. The Peer Support & Wellness Specialist will document as required a person's:
 - a) Participation in groups and meetings
 - b) How groups and meetings the individuals person-centered objectives
 - c) How a person is choosing to move forward in their own objectives
 - d) How a person is utilizing the 4 tasks to foster new relationships with peers and others
 - e) How a person is understanding information offered and adapting the tools to meet the person's learning style
3. Utilizing the Specific Training, CPSWC will:
 - a) Facilitate Groups & teach others to Facilitate Person Centered Care Dialogues
 - b) Assist people in setting up and maintaining self-help (mutual) support groups
 - c) Assist people in creating new relationships and moving forward with community living goals
 - d) Facilitate dialogues with people on learning versus helping
 - e) Facilitate dialogues on the 4 Tasks.
 - f) Facilitate dialogues with people on worldview and listening differently.
 - g) Facilitate dialogues with people trauma-informed peer support and mutual responsibility
 - h) Facilitate dialogues with people on conflict, working in challenging situations, and self-care
 - i) Facilitate dialogues with people on Person Centered Recovery Planning
4. Utilizing their own recovery experience, the CPSWC will:
 - a) Teach and role model the diversity
 - b) Assist people in obtaining decent affordable housing of his or her choice in the most integrated, independent, and least intrusive or restrictive environment.
 - c) Assist people in obtaining access to the latest in wellness skills
 - d) Model effective communication, relationship, and self-help strategies



5. The CPSWC will maintain a working knowledge of current trends and developments in the behavioral health field by reading books, journals, and other relevant materials.
 - a) Attend continuing education sessions when offered by the OCA
 - b) Attend relevant webinars, seminars, meetings, and trainings when offered
 - c) Develop training tools with other CPSWC's

6. The CPSWC will serve as the moving forward agent by:
 - a) Providing and advocating for effective recovery oriented care
 - b) Assist people in obtaining services that are person-centered
 - c) Inform people with the skills to move forward into relationships with a variety of people in their community of choice
 - d) Assist people in accessing resources of empowerment and advocacy to change discrimination

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