

Victoria's Mental Health Services Valuing the lived experience

Adjunct Associate Professor Tracy Beaton

Manager: Consumer & Carer Engagement and Chief Mental Health Nurse

Mental Health Drugs and Regions Division



Mental Health Service System in Victoria

Government's objectives:

Improved consumer and carer experience

- Recovery oriented evidence based practice
- Focus on vulnerable people, particularly families & children
- Integration with health and welfare services
- Strengthen community based care
- Highly skilled specialist mental health workforce
- Increased accountability and transparency



Recovery Oriented Practice



Framework for recovery-oriented practice

The Framework presents an invitation to continue to develop and enhance practice in line with recovery principles. It offers an opportunity to create more positive experiences for people accessing the services.

Doing it with us not for us



Victorian Consumer and Carer Participation Policies

health



Caring together – An action plan for carer involvement in Victorian public mental health services







Consumer and Carer Partnership Dialogues



Mental Health Consumer and Carer Partnership Dialogue health



Department of Health

- New mental health legislation
- Recommissioning the psychiatric disability support sector
- Consumer & carer program review



What are we doing to make it better: Workforce Reform

- Mental health workforce framework
- Implementation plans for PDRSS and clinical mental health services
- Focus on transition to new mental health legislation
- Government, service providers and other organisations working partnership to implement the framework



A framework for change



Community vision

World-class, sustainable specialist mental health system

Consumer, family and carer vision

High-quality, accessible and recoveryoriented specialist mental health services

Workforce vision

A competent and sustainable specialist mental health workforce in Victoria

People Attract and retain a

competent and sustainable workforce

Place Achieve the necessary distribution and skills mix in the workforce

Drivers

Environment

Foster positive learning and working environments

Performance

Build the necessary competencies and support

Enablers

Service system reform and new delivery structures based on local area need and changing demographics.

- Better workforce data and planning methods.
- Clear understanding of the competencies required across the workforce.
- Clearly defined and supported career pathways.
- Clearly defined and well supported roles for people with a lived experience.
- Translation of new and emerging evidence and innovation into practice.
- Stronger stakeholder engagement and partnerships around workforce activity.
- More strategic delivery of mental health-specific content.
- Greater use of new technologies to increase access to learning and development opportunities.

Outcomes

- More people with the necessary attitudes, knowledge, values and skills are attracted to work in the specialist mental health sector.
- The existing workforce is supported, developed and retained.
- The workforce is well planned and distributed on the basis of population and the needs of consumers.
- People with the necessary attitudes, knowledge, values and skills are available where and when they are needed.
- Organisational culture supports and fosters positive working and learning environments.
- Stronger leadership and governance at all levels.
- The workforce delivers high-quality, evidence-based treatment and care.
- The service system is productive, effective and integrated.



Consumer and Carer Workforce Actions

- Clearly defined and well supported roles for people with a lived experience
- Identifying the professional and personal qualities of the mental health workforce through the development of a competency framework, informed by consumers and carers
- A more coordinated and planned approaches to learning and development for the consumer and carer workforce, and greater engagement of consumers and carers in the design and delivery of training for the mental health workforce
- Support the attainment of the Certificate IV in Mental Health Peer Work

Getting it right

