

Community Mental Health Practitioner Peer Practitioner Level 2 Youth Residential



Mind Australia Limited is a leading community managed specialist mental health service provider. We have been supporting people dealing with the day-to-day impacts of mental illness, as well as their families, friends and carers for 40 years.

We provide practical and motivational support that helps people develop the skills they need to move on, thrive and improve the quality of their lives. It's an approach to mental health and wellbeing that looks at the whole person in the context of their daily life.



Position details

Community Mental Health Practitioner - Peer Practitioner

Position reference	18666
Position type	Part time fixed term until 30 June 2016 working 30.4 hours per week
Classification	Community Mental Health Practitioner (CMHP) Level 2/1
Remuneration	\$53,830 per annum pro rata plus 9.5% superannuation, salary packaging and shift allowances
Service	Sandridge Youth Service
Area/division/state	North Western Division /Youth & Dual Disability/ Victoria
Effective date	July 2017

Position purpose

The peer practitioner will utilise their lived experience of mental ill health and recovery to provide specialist services to clients, families and carers, in line with Mind's Model of Recovery Oriented Practice and according to the values of Mind.

Peer support is an important part of Mind's approach to recovery. The peer practitioner works as part of a multidisciplinary team, with lived experience of mental ill health and recovery being the unique specialist lens that they bring.

Service information

The Mind provides a range of services to individuals in the Northern catchment who experience a mental illness. This is a new role that has been developed specifically for people who have lived experience of mental health challenges and recovery. Through the sharing of your own experience you will encourage and inspire other young people in their recovery journey. The position is based in the Sandridge service which is an innovative and well regarded service that provides accommodation and support services for young people aged between 18 and 25 years, who may have mental health problems have experienced homelessness. Mind has adapted a trauma informed practice across all of its youth programs and at Sandridge this is utilised to inform practice and support its residents. The aims of the service is to provide an integrated response to supporting its clients , through supporting young people to explore and extend their life choices, manage crisis and develop their ability to take up sustainable long-term independent living. Sandridge can accommodate up to seven young people in shared living units for a period of up to 12 months.



Key responsibilities

Peer Work	<ul style="list-style-type: none"> • Utilise your own lived experience of mental ill health and recovery to inform your work and the work of the team • Disclose your lived experience in an appropriate and purposeful manner to support, empower, bring hope and support the recovery of clients • Draw on the broader lived experience knowledgebase to inform your practice • Support the team to understand and deliver services that are consistent with recovery oriented practice
Provide direct support to individual customers	<ul style="list-style-type: none"> • Work with young people providing individual person centered care and meaningful life through supporting them through a staged approach to recovery: <ul style="list-style-type: none"> – Welcoming and engagement – Strengths identification and individual recovery plan development – Skill and capacity development – Engagement and maintenance of natural supports – Service exit and on-going self-management support • Support customers in a range of areas including: <ul style="list-style-type: none"> – Understanding and managing clients own mental health – Developing daily living skills and capacity for self-care – Crisis and incident management – Addressing stigma – Having an awareness of trauma – Managing issues associated with drug and alcohol issues – Support to maintain or create meaningful activity through participating in community life, including education and employment and utilising public transport • Purposefully engage with customers using techniques including: <ul style="list-style-type: none"> – Brief intervention – Motivational interviewing and coaching – Family inclusive practice – Trauma informed practice – Conflict resolution • Behaviour support for dual diagnosis
Provide support to families and carers	<ul style="list-style-type: none"> • Support family and carer roles through understanding their concerns and the provision of information, education and referrals • Facilitate, as appropriate, the re-engagement and maintenance of family and carer relationships • Work intensively with families and carers at the time of transition back to community
Undertake group work	<ul style="list-style-type: none"> • Plan and develop group work programs that will assist customers to build their skills, focus on their recovery and work towards transitioning back to their natural community • Deliver group work programs as the lead/co-facilitator based on peer values and principles • Engage and support clients to plan and co-facilitate groups/events • Evaluate and review group work programs
Work with other services in the residential cluster	<ul style="list-style-type: none"> • Run group workshops and outings with other services • Work at other services as required.

<p>Work with local service providers</p>	<ul style="list-style-type: none"> • Engage with customers to fully understand their need for assistance from local youth service providers with clinical mental health, physical health, education and employment, eligible entitlements and benefits, housing, transport, recreation and social connections • Make linkages and build relationships and referral pathways to maintain or create a range of local supports for customers that facilitate them living the life of their choosing in their own community
<p>Other</p>	<ul style="list-style-type: none"> • Documents all activities using Mind’s ICT system and processes • Actively participate, contributing to your team and wider organisational initiatives • As a member of a multidisciplinary team utilize your lived experience to inform the work of the team • Undertake relevant training and professional development, including regular supervision including the Mind 5 day peer support training and Peer Practitioner Community of Practice • Take personal responsibility for the quality and safety of work undertaken • Other duties as delegated

Reporting relationships

Reports directly to Service Manager

Position requirements

Core Requirements

- Lived experience of mental ill health and recovery and the ability and willingness to use this to inform your work and the work of the team.
- Tertiary qualifications (minimum certificate IV) in Mental Health, Psychology, Social Work, Occupational Therapy or other health related field as designated by Mind.
- Current valid Driver's Licence.
- Current National Police Record Check.
- Current Working With Children Check Check.
- Not listed on the Disability Worker Exclusion Scheme list.

Desirable

- Experience and strong connections in the homelessness sector

Key capabilities

1	Responsiveness (PA-Res-1)	Adapts to changing priorities flexibly, proactively and easily
2	Resilience (PA-RES-2)	Maintains flexibility, patience and focus through ongoing change
3	Communication (RS-Com-1)	Communications clearly, professionally and appropriately
4	Customer service (RS-Cus-1)	Provides consistent, professional, ethical and responsive customer service to clients and stakeholders
5	Commitment to team (RS-Ctm -1)	Actively cooperates and contributes to team discussions with a focus on creating solutions
6	Problem solving (RE-Pro-1)	Applies logic, judgement and data to address issues and invites collaboration

Conditions of employment

This position is part time fixed term working 30.4 hours per week until 30 June 2018. Working days will generally Monday to Friday worked between the hours of 8am to 6pm as required.

Please note that the work pattern may be subject to change to meet the needs of the service.

You are able to salary package a tax free amount, which is currently up to \$15,900 per FBT year, plus other items including meal and entertainment and accommodation. The amount available for salary packaging will be subject to Commonwealth legislation as it applies from time to time and on the basis that Mind will not incur any liabilities for FBT. Mind offers salary packaging through an outsourced provider (currently RACV Salary Solutions).

Other conditions are as per Mind's industrial agreement.

Employer superannuation contribution will be paid as legislative required.

Appointment is subject to a six month probationary period of employment.

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