

5-day peer support worker course

Joint Winner: 2013 TheMHS Silver Award
in Education, Training or Workforce Development



Supporting mental health recovery

This course will equip individuals with the basic skills, knowledge, attitudes and behaviours to undertake peer support work. The course is designed to create a safe space for people to share their lived experience and recovery, and to explore and develop personally within this unique learning space. The course is facilitated by qualified peer practitioners with a lived experience who are currently working in the field.

Who is this training for?

The course has been developed for people with a personal lived experience who are:

- employed as a peer support worker
- employed in mental health or community support roles and looking to explore other career opportunities
- volunteering or working casually in peer support;
- undertaking relevant study and have some understanding of peer work
- Mind's peer support workers
- other organisations with a peer workforce

"Since doing Mind's intro to peer work course I've loved being in this role and I constantly refer to the workbook that you produced to guide my practice."

(Course participant)

Learning objectives

This 5-day workshop will enable you to:

- develop confidence in your understanding of best practice, including the principles, values and practices of peer support
- discuss issues and challenges related to disclosure when drawing upon your lived experience with service users and colleagues
- explore how to look after yourself to keep well
- appreciate the importance of collaboration and partnerships as pathways to better outcomes

The course will explore:

- learning to keep yourself well with the demands of employment
- utilising the knowledge, expertise and learning you have gained by living through life challenges, trauma and personal recovery, seeking wellness and utilising services
- sharing your knowledge, experiences and expertise to work with service users and colleagues
- collaborating and partnering with others working for systemic and social change
- working within specific policies, procedures, processes, and legislation

Date

Monday 5 June - Friday 9 June 2017

Venue

Mind Australia
86-92 Mount Street
Heidelberg VIC 3084

Cost

- Full fee for individuals is \$800.00.
- Limited subsidised places at \$150.00 are available for people who hold a current healthcare concession card (if employer is not paying cost of the training).
- Group and partner agency discounts available.

Prices listed are subject to change.

How to register

Please complete the registration form attached and return to learning@mindaustralia.org.au

Registration for the 5-day peer support worker course includes:

- lunch
- morning and afternoon tea
- all workshop materials and handouts
- participant workbook

Further information please contact

learning@mindaustralia.org.au

Mind Connect

1300 286 463

Carer Helpline

1300 550 265

mindaustralia.org.au

5-day peer support worker course registration form

Training details	
Course name	5-day peer support worker course
Course Date (s)	Monday 5 June - Friday 9 June 2017
Venue	Mind Australia, 86-92 Mount Street, Heidelberg VIC 3084

Personal Details	
Name (to go on your certificate)	
Organisation name (if applicable)	
Mailing address	
Contact Phone number	
Email address	
Dietary or access requirements	
Details of requirements	

Payment details	
Name (person who is paying for the course)	
ABN (if applicable)	
Address	
Cost (GST inclusive)	<input type="checkbox"/> \$800 (full fee)

Mind admin use only	
Service	Learning and Development
Program Code	
Account number	

A very limited number of subsidised places are offered every six months to people with a lived experience who have a health care card and who want to work in peer support. Preference is given to people with demonstrated experience in volunteering or working in community support. If you are interested in subsidised places please contact: learning@mindaustralia.org.au

Terms and Conditions: Mind will issue an invoice upon receipt of this completed registration form.

Please return completed form to learning@mindaustralia.org.au

If you have any queries please call (03) 9455 7923