

POSITION DESCRIPTION



Position	Carer Peer Support Worker (Mental Health)
Unit	Carer Centred Services: Mental Health Respite
Reporting to	Coordinator Carer Centred Services
Salary	SCHADS Award, Level 4
Award conditions	Social, Community, Home Care and Disability Services Industry Award (SCHADS)
Funding	Mental Health Respite: Carer Support
Position Statement	The Peer Support Worker works collaboratively and aims to assist in improving the wellbeing of families and carers of people with a mental illness by; supporting clients and carer support groups, developing and maintaining relationships with relevant service providers, providing peer support to clients and supporting evaluation of the Mental Health Respite: Carer Support Program.
Accountabilities & Responsibilities	
Client Collaboration	<ul style="list-style-type: none"> • Work collaboratively with the Carer Support Worker to support clients and carer support groups in a non-clinical setting • Act as a coach and mentor, help clients to set goals, share and discuss common experiences with clients and initiate, establish and maintain relationships with clients while developing trust and rapport • Identify and strengthen service provider partnerships to improve support services and referrals for families and carers of people with a mental illness including Local Health District Carer Services, Commonwealth Respite and Carelink Centres, home and community care agencies, mental health carer support groups and other organisations that support carers • Promote referrals to the program • Promote the benefits of specialist carer counselling for carers and families supporting people with a mental illness
Community Development	<ul style="list-style-type: none"> • Develop and maintain links with relevant service providers, carer and consumer groups to improve support for carers of people with a mental illness • Maintain or initiate relationships with community organisations providing support (e.g. support groups) to the program, particularly for carers of people with a mental illness • Deliver guest speaking presentations as appropriate • Support the development and maintenance of local carer support groups
Evaluation	<ul style="list-style-type: none"> • Provide advice on and facilitate carer participation in service delivery • Contribute to and cooperate with the measurement of program outcomes

Education and Training	<ul style="list-style-type: none"> • In collaboration with the Carer Support Worker, assist in the planning, organisation, development, and facilitation of carer support group activities, including education and awareness, and peer support worker training
Organisational Citizenship and Team Work	<ul style="list-style-type: none"> • Demonstrate an active, dedicated commitment to Carers NSW Vision, Goals and Outcomes • Actively seek to understand, communicate and support Carers NSW Vision, Goals and Outcomes to internal and external stakeholders • Ensure a high level of confidentiality and integrity, and liaise with others in a professional, respectful and constructive manner • Participate in Carers NSW initiatives, projects and events • Attend staff meetings and unit meetings • Support volunteers who assist in the work of the unit • Assist in cross-unit project activity • Assist with the general operations of the organisation • Participate in supervision sessions
Professional Development	<ul style="list-style-type: none"> • Attend relevant group seminars and training sessions • Develop individual program for professional development in consultation with Unit Manager
Quality Improvement	<ul style="list-style-type: none"> • Demonstrates ongoing commitment to the Vision, Mission, Values, Strategic Plan, and Business Plan • Understanding and commitment to continuous improvement processes • Understanding of and compliance with Carers NSW Policies and Procedures • Undertakes quality improvements to ensure policies and processes are best practice for quality outcomes to be achieved • Compliance with all other legislative requirements
Diversity & Inclusion	<ul style="list-style-type: none"> • Has the capacity and understanding to work with and support diverse populations • Recognises the rights of others and respects difference in all its forms • Is committed to social justice and social inclusion • Values diversity as a strength and positively utilises diversity
Work Health and Safety	<ul style="list-style-type: none"> • Understanding and compliance with all relevant WHS legislation • Take reasonable care to protect your health and safety and the health and safety of others. • Report all safety hazards, incidents, near misses and injuries • Maintain a clean and orderly work area • Actively participate in safety improvement activities
Selection Criteria	
Essential Qualities	<ul style="list-style-type: none"> • Lived experience of caring for someone with a mental illness • Practical knowledge and understanding of issues facing people with a mental illness and their carers • An approachable and accepting manner and attitude • Effective oral and written communication skills

	<ul style="list-style-type: none"> • Knowledge of the NSW mental health service system and carer services and supports • Understanding of family dynamics and family issues, including in culturally diverse communities • Demonstrated ability to liaise with service providers • Strong commitment to teamwork and good practice • Excellent computer skills • Current NSW driver's licence
<p>Desirable Qualities</p>	<ul style="list-style-type: none"> • Previous or current experience working with families and carers of people with a mental illness • Knowledge of current mental health legislation • Knowledge of local carer support groups and informal carer networks

I have read and understand the requirements of this role as described in this document

Employee Signature

Date