

# Community Mental Health Practitioner Level 2 Peer Practitioner



Mind Australia Limited is a leading community managed specialist mental health service provider. We have been supporting people dealing with the day-to-day impacts of mental illness, as well as their families, friends and carers for 40 years.

We provide practical and motivational support that helps people develop the skills they need to move on, thrive and improve the quality of their lives. It's an approach to mental health and wellbeing that looks at the whole person in the context of their daily life.



## Position details

### Community Mental Health Practitioner - Peer Practitioner

Position reference	17599
Position type	Part time fixed term until 30 June 2018 working 20 hours per week.
Classification	Community Mental Health Practitioner (CMHP) Level 2/1
Remuneration	\$53,830.59 per annum pro rata plus 9.5% superannuation, salary packaging and shift allowances
Service	Broadmeadows Prevention and Recovery Centre (PARC)
Area/division/state	North West Residential Services/North West /Victoria
Effective date	April 2017

## Position purpose

To provide services to clients, families and carers in line with Mind's Model of Recovery Oriented Practice and according to the values of Mind. The service type is residential, which provides recovery oriented services to adults who require intensive, residential rehabilitation.

## Service information

The Broadmeadows Prevention and Recovery Care Service (PARC) is an exciting new component of the mental health service system in the catchment area for North West Mental Health Service. It is a 10 bed residential service provided in a home like environment in Broadmeadows. Funded by the Department of Human Services the service offers a combination of recovery focused services and clinical services, using the expertise of Mind and North West Area Mental Health Service together in a formal partnership model. The service is designed as a "step-up step-down" program for people with mental illness who need more intensive treatment and support than can be provided in their own home, but who don't need an inpatient stay. Prospective clients may move directly from the community to the PARC Service, or from the Psychiatric In-Patient Unit in Broadmeadows. Clients may stay for up to 28 days, depending on need, but they may stay for a shorter period of time.



## Key responsibilities

<p><b>Provide direct support to individual customers</b></p>	<ul style="list-style-type: none"> <li>• Work with customers to enable them return to their place of residence and a meaningful life through supporting them through a staged approach to recovery:             <ul style="list-style-type: none"> <li>– Welcoming and engagement</li> <li>– Strengths identification and individual recovery plan development</li> <li>– Skill and capacity development</li> <li>– Engagement and maintenance of natural supports</li> <li>– Service exit and on-going self-management support</li> </ul> </li> <li>• Support customers in a range of areas including:             <ul style="list-style-type: none"> <li>– Understanding and managing customer’s own mental health</li> <li>– Developing daily living skills and capacity for self-care</li> <li>– Crisis and incident management</li> <li>– Addressing stigma and managing issues arising from trauma</li> <li>– Managing physical health</li> <li>– Support the management of drug and alcohol issues</li> <li>– Support to maintain or create meaningful activity through participating in community life, including education and employment and utilising public transport</li> </ul> </li> <li>• Purposefully engage with customers using techniques including:             <ul style="list-style-type: none"> <li>– Brief intervention</li> <li>– Motivational interviewing and coaching</li> <li>– Family inclusive practice</li> <li>– Trauma informed practice</li> <li>– Conflict resolution</li> </ul> </li> <li>• Behaviour support for dual diagnosis</li> </ul>
<p><b>Provide support to families and carers</b></p>	<ul style="list-style-type: none"> <li>• Support family and carer roles through understanding their concerns and the provision of information, education and referrals</li> <li>• Facilitate, as appropriate, the re-engagement and maintenance of family and carer relationships</li> <li>• Work with families and carers at the time of transition back to community</li> </ul>
<p><b>Provide support to team members</b></p>	<ul style="list-style-type: none"> <li>• Provide lived experience perspective to team and systematic advocacy to support team members in carrying out their responsibilities</li> </ul>
<p><b>Undertake group work</b></p>	<ul style="list-style-type: none"> <li>• Plan and develop group work programs that will assist customers to build their skills, focus on their recovery and work towards transitioning back to their natural community</li> <li>• Deliver group work programs as the lead/co-facilitator</li> <li>• Evaluate and review group work programs</li> </ul>
<p><b>Work with other services in the residential cluster (if applicable)</b></p>	<ul style="list-style-type: none"> <li>• Deliver group workshops and outings with other services</li> <li>• Work at other services as required</li> </ul>
<p><b>Work with local service providers</b></p>	<ul style="list-style-type: none"> <li>• Engage with customers to fully understand their need for assistance from local service providers with clinical mental health, physical health, education and employment, eligible entitlements and benefits, housing, transport, recreation and social connections</li> <li>• Make linkages and build relationships and referral pathways to maintain or create a range of local supports for customers that facilitate them living the life of their choosing in their own community</li> </ul>
<p><b>Housekeeping</b></p>	<ul style="list-style-type: none"> <li>• Contribute to the day to day operations of the residential service through undertaking a range of housekeeping duties including:             <ul style="list-style-type: none"> <li>• Preparing rooms for new residents</li> <li>• Washing linen</li> <li>• Food shopping and meal preparation</li> <li>• Ensuring all communal areas are home-like and welcoming at all times</li> </ul> </li> </ul>
<p><b>Other</b></p>	<ul style="list-style-type: none"> <li>• Documents all activities using Mind’s ICT system and processes</li> <li>• Actively participate, contributing to your team and wider organisational initiatives</li> <li>• Undertake relevant training and professional development, including regular supervision.</li> <li>• Take personal responsibility for the quality and safety of work undertaken</li> <li>• Contribute to service delivery improvements</li> <li>• Other duties as delegated</li> </ul>

## Reporting relationships

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Reports directly to the Service Manager

## Position requirements

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### Core Requirements

- Tertiary qualifications (minimum certificate IV) in Mental Health, Psychology, Social Work, Occupational Therapy or other health related field as designated by Mind
- The Peer Support Worker is required to have a personal lived experience and recovery journey of mental illness and therefore provides the added value of their lived experience to the team learning and client support work.
- Current valid Driver's License.
- Current National Police Record Check.
- Current Working With Children Check (Employee).
- Not listed on the Disability Worker Exclusion Scheme list

## Key capabilities

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1	Resilience (PA-RES-2)	Remains calm and optimistic and supports others in working through challenges
2	Responsiveness (PA-Res-2)	Models resourcefulness and a positive, solution focused approach to a changing environment
3	Customer service (RS-Cus-2)	Models and promotes flexible and customer focused standards of customer service
4	Communication (RS-Com-2)	Models effective clear confident communication, active listening and supports others to do the same
5	Commitment to team (RS-Ctm -1)	Actively cooperates and contributes to team discussions with a focus on creating solutions
6	Problem solving (RE-Pro-2)	Applies logic, judgment and data to address issues and invites collaboration

## Conditions of employment

This position is part time fixed term working 20 per week until 30 June 2018. Working days will generally be Monday to Sunday worked across a 24 hour rotating roster which includes days, evenings, weekend, night and sleepover shifts as required.

Please note that the work pattern may be subject to change to meet the needs of the service.

You are able to salary package a tax free amount, which is currently up to \$15,900 per FBT year, plus other items including meal and entertainment and accommodation. The amount available for salary packaging will be subject to Commonwealth legislation as it applies from time to time and on the basis that Mind will not incur any liabilities for FBT. Mind offers salary packaging through an outsourced provider (currently RACV Salary Solutions).

Other conditions are as per Mind's industrial agreement.

Employer superannuation contribution will be paid according to the legislative requirement.

Appointment is subject to a six month probationary period of employment.

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