

POSITION DESCRIPTION

Vision A community where individuals are able to maintain an independent lifestyle.

Mission To be responsive, innovative, professional and timely in providing care and support to each other.

Values Trust, Honesty, Reliability, Confidentiality, Client-Focused, Dignity

Position Title:	Peer Support Worker (Group and individual support)
Industrial Award:	Social, Community, Home Care and Disability Services Industry Award 2010
Level/Grade:	Level 3
Reports To:	ARC Group Coordinator
Program:	Actioning Recovery and Citizenship Program
Hours of Work:	Part time (hours negotiable) contract
Direct/Indirect Reports:	ARC Team Coordinator
Last Date PD Reviewed:	December 2017

FOOTPRINTS

Footprints is a well-regarded not-for-profit provider of community based services in Brisbane recognised for quality service and individualized care. We provide support for people with disabilities, older people, their carers and families, people with mental health issues, and people who are experiencing social and financial disadvantage and those at risk of homelessness or homeless persons.

We offer an integrated range of programs and services, for people residing in the community throughout North Brisbane as well as home-based services for older persons and younger people experiencing disabilities within inner Northern and Southern Brisbane.

SECTION A: POSITION SUMMARY

The **purpose of this position** is to participate and co-facilitate recovery-oriented groups in the ARC program. Peer Support Workers will also contribute to the evaluation and review of existing groups as well as providing support to the ARC program and ARC clients in general, providing consultation for the development of new innovative approaches to supporting people in their recovery.

The **Actioning Recovery and Citizenship (ARC) program** delivers a social model of mental health underpinned by the National framework for recovery-oriented mental health services. It offers a 'roadmap' for a range of individually tailored and co-designed strategies for improved health and well being in a responsive and flexible approach, inclusive of peer support.

The ARC program encourages and assists individuals to gain access to the right combination of services, treatments, and specialist supports to self manage their mental and physical health, sustain and maintain suitable tenancy and optimize capacity for inclusion in community life as a full citizen. The ARC model recognises the social determinants of health and the significance of community connection and participation.

The aim of the ARC program is to provide medium term support to individuals with severe and persistent or episodic mental illness, targeting psychosocial interventions that are commensurate with their recovery journey, increase self-management of lifestyle and health needs and the acquisition of the skills and resources to break the cycle of moving through acute care facilities, boarding house or hostel accommodation and homelessness in the Brisbane Metropolitan area.

SECTION B: KEY RESPONSIBILITIES

- Actively participate in adopting a culture and language of hope and optimism.
- Generate interest with Footprints clients about being involved in ARC Groups, which include personal, practical and creative skill development groups. Improving the health and wellbeing of group participants.
- Co-facilitate groups with ARC staff utilising 'lived experience' in an intentional way to support sharing and learning within the group.
- Assist in the preparation of each group e.g. Room set up/pack down, handouts, resources, catering.
- To provide direct outreach, psychosocial support and practical assistance to clients referred the ARC Program under direct guidance of the ARC Coordinators and or Case Manager.
- Introduce and encourage focus on health and wellbeing concepts and strategies to self-manage their condition to reduce dependence on Emergency departments. Support clients by providing support and mentoring as required outside the group process.
- Participate in the relevant group data collection, interview processes and evaluation.
- Debrief with staff after each group and participate in supervision to enable personal support and professional development.
- Present Recovery concepts to client groups drawing on your experiences actively and constructively as living evidence there is hope and life beyond mental illness
- Comply with organisational requirements and polices, particularly in relation to Workplace Health and Safety, confidentiality and privacy, documentation and record keeping.

SECTION C: KEY RELATIONSHIPS

INTERNAL

- ARC Group Coordinator
- ARC Team Coordinator
- ARC Case Managers
- Mental Health Services Manager
- Other Programs within Footprints

EXTERNAL

- Footprints clients
- Other peer support agencies and networks

D: KEY SELECTION CRITERIA SECTION

Essential Criteria

- KSC 1.** Have a lived experience of mental illness and sufficiently progressed and comfortable in your recovery journey to be able to articulate the concepts and principles of recovery to support and assist others who are still finding their way.
- KSC 2.** Have the capacity to undertake the role without undue impact on your mental health, through effective strategies to maintain wellness and have your own WRAP, in the process of completing one (or with demonstrated commitment to achieving one).
- KSC 3.** Be respectful, calm and encouraging towards clients and have patience and understanding of others' recovery journey – including the ability to set boundaries, and be self-aware.
- KSC 4.** Be able to show initiative, think critically and make judgments based on sound reason and the information/evidence presented.
- KSC 5.** Demonstrated experience and understanding of the provision of support services to people living with a mental health issue in the community.
- KSC 6.** Experience in the co-facilitation of group work and working as a member of a team as well as providing outreach services and support.
- KSC7.** Demonstrated understanding and commitment to quality improvement processes, including Workplace Health and Safety.
- KSC8.** Good written and verbal communication skills; and computer literacy.

<hr/> Employee Signature	<hr/> <i>Key Fenton</i> Manager Name
<hr/> Printed Name Date	<hr/> <i>Key Fenton</i> 15.12.17 Manager's Signature Date
I certify that I have read and understand the responsibilities assigned to this position.	I certify that this Position Description is an accurate description of the responsibilities assigned to the position