

POSITION DESCRIPTION

Position Title	Peer Worker in a Primary Care Setting
Service Unit/Department	Health Care
Role Reports To	SMIPCS Manager
Location	Central Eastern Sydney
Hours	Part time – by negotiation
Tenure	To June 2019
Salary	SCHADS Level 3, Pay point depending on experience - enhanced by salary packaging

Our Mission

One Door Mental Health is committed to improving the circumstances and welfare of people with a serious mental illness, their relatives and carers, and professionals working in the area. One Door established Health Care as a clinical service providing psychology and allied health services to people with mental illness and their families.

Position Overview

One Door Mental Health has been contracted to provide the Serious Mental Illness Primary Care Supports Service by the Central Eastern Primary Health Network across the PHN Region. This is a new program and replaces the Mental Health Nurse Incentive Program.

The SMIPCS program will provide coordinated clinical care and peer support to consumers aged between 18 and 65 years living or working in the Central and Eastern Sydney region who experience severe mental illness and can be supported in primary care. The program will be delivered within a stepped care approach and will ensure strong linkages to general practice and bulk-billed psychiatric services.

The workforce will comprise experienced mental health nurses working in partnership with peer workers and GPs/psychiatrists to provide ongoing support to people living with mental illness in the community, supported by the One Door Health Care management and clinical leadership team.

This position offers the opportunity to use your specific recovery experience to share experiential knowledge, skills and strategies for living with a mental illness to support people with severe and complex mental illness to live well in the community.

The Peer Worker will work as a team member with a Credentialed Mental Health Nurse, GP or Psychiatrist to provide wraparound support to meet each individual person's needs and wishes to enable them to live well and achieve their recovery goals.

Position Specific Responsibilities

1. Build one to one supportive relationships based on peer support values that focus on the use of lived experience to support consumers' needs and recovery
2. Work with the whole Team in the development of the individual care plans with clarity of identified

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roles and tasks.

3. Provide ongoing support to the client within the context of the care plan
4. Provide the client with education and strategies for the development of self-management and wellness skills
5. Build on knowledge of current services in the area to link clients to relevant services
6. Assist the client to navigate the system and provide support to the client to access new and necessary services
7. Maintain good communication with the rest of the Team
8. Record data in a Client Information Management System (WTCC)
9. Assist in evaluation of the program
10. Other duties as directed.

Behavioural Competencies

1. Self Management
2. Communication
3. Problem Solving
4. Initiative and Enterprise
5. Teamwork
6. Conflict Resolution

Working Relationships

Internal and external roles the individual in this position will need to interact with and the nature of that interaction to fulfil the requirements of this role.

Key Internal working relationships

Person/Service	Key purpose of relationship
Program Manager	Supervision and support
Services team – mental health nurses	Collaboration and team work
Program Coordinator	Coordination of work and support

Key External working relationships

Person/Service	Key purpose of relationship
GPs and Psychiatrists	Collaboration and cooperation
NGO and community mental health	Collaboration and cooperation

Position Criteria

Essential

- A current National Criminal History Check (issued within the past 6 months)
- Lived experience of mental illness and the ability to use that experience to support others
- Relevant qualification in mental health – eg. Certificate IV in Mental Health Peer Work
- Ability to develop rapport with mental health clients
- Understanding of the NSW mental health system
- Understanding of recovery based framework
- Ability to work effectively in the community
- Excellent communication skills
- Computer skills sufficient to the role, including the use of Client Information Management System (CiMS)

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- Current and valid driver's licence
- Current and valid first aid certificate

Desirable

- Experience as a peer worker or recovery support worker
- Access to a comprehensively insured motor vehicle