



Centacare

PACE Support

2015

Panic Anxiety

Recovery Programs

West

10:30 - 12:00pm

Centacare Seaton - 413 Grange Road, Seaton, SA 5023

Wednesdays (Fortnightly)

Term 1 - 14/1, 28/1, 11/2, 25/2, 11/3, 25/3, 8/4

Term 2 - 29/4, 13/5, 27/5, 10/6, 24/6

Term 3 - 22/7, 5/7, 19/7, 2/9, 16/9

Term 4 - 14/10, 28/10, 11/11, 25/11, 2/12, 9/12, 16/12

South

10:30 - 12:00pm

Noarlunga GP Plus - 20 Alexander Kelly Drive, Noarlunga, SA 5168

Fridays (Fortnightly)

Term 1 - 23/1, 6/2, 20/2, 6/3, 20/3, 10/4

Term 2 - 1/5, 15/5, 29/5, 12/6, 26/6, 3/7

Term 3 - 24/7, 7/8, 21/8, 4/9, 18/9

Term 4 - 16/10, 30/10, 13/11, 27/11, 4/12, 11/12, 18/12

Recovery Support Groups

West

1:00 - 2:30pm

Centacare Seaton - 413 Grange Road, Seaton, SA 5023

Wednesdays (Monthly)

28/1, 25/2, 25/3, 29/4, 27/5, 24/6, 22/7, 19/8, 16/9, 14/10, 11/11, 9/12

South

1:00 - 2:30pm

Noarlunga GP Plus - 20 Alexander Kelly Drive, Noarlunga, SA 5168

Fridays (Monthly)

30/1, 27/2, 27/3, 1/5, 29/5, 26/6, 24/7, 21/8, 18/9, 16/10, 13/11, 11/12

Please phone 1800 809 304 or 8159 1400 or email pace@centacare.org.au to register

Centacare Catholic Family Services



Centacare



PACE Support

2015

Eating Disorders

Recovery Program

Central

6:00 - 7:30pm

Adelaide City Council Library - 235 Hutt Street, Adelaide, SA 5000

Tuesdays (Fortnightly)

Term 1 - 13/1, 27/1, 10/2, 24/2, 10/3, 24/3, 7/4

Term 2 - 28/4, 12/5, 26/5, 9/6, 23/6

Term 3 - 21/7, 4/8, 18/8, 1/9, 15/9

Term 4 - 13/10, 27/10, 10/11, 24/11, 1/12, 8/12, 15/12

Recovery Support Groups

Central

6:00 - 7:30pm

Adelaide City Council Library - 235 Hutt Street, Adelaide, SA 5000

Mondays (Monthly)

9/2, 9/3, 30/3, 11/5, 1/6, 29/6, 27/6, 24/8, 21/9, 19/10, 16/11, 14/12

Relatives & Friends Support Group

Central

6:00 - 7:30pm

Adelaide City Council Library - 235 Hutt Street, Adelaide, SA 5000

Mondays (Monthly)

19/1, 16/2, 16/3, 27/4, 25/5, 22/6, 20/7, 17/8, 14/9, 12/10, 9/11, 7/12

North

6:00 - 7:30pm

Headspace Edinburgh North - 2 Peachey Road, Edinburgh North, SA 5113

Thursdays (Monthly)

22/1, 19/2, 19/3, 9/4, 7/5, 4/6, 2/7, 13/8, 24/9, 22/10, 19/11, 17/12

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Centacare Catholic Family Services



Centacare



PACE Support 2015

Obsessive Compulsive Disorders

Recovery Program ***Central***

10:30 - 12:00pm

Adelaide City Council Library - 235 Hutt Street, Adelaide, SA 5000

Thursdays (Fortnightly)

Term 1 - 15/1, 29/1, 12/2, 26/2, 12/3, 26/3, 9/4

Term 2 - 30/4, 14/5, 28/5, 11/6, 25/6

Term 3 - 23/7, 6/8, 20/8, 3/9, 17/9

Term 4 - 15/10, 29/10, 12/11, 26/11, 3/12, 10/12, 17/12

Recovery Support Groups

Central

1:00 - 2:30pm

Adelaide City Council Library - 235 Hutt Street, Adelaide, SA 5000

Thursdays (Monthly)

29/1, 26/2, 26/3, 30/4, 28/5, 25/6, 23/7, 20/8, 17/9, 15/10, 12/11, 10/12

Please phone 1800 809 304 or 8159 1400 or email pace@centacare.org.au to register





Centacare



PACE Support 2015

DAIR

West

1:30 - 3:00pm

Centacare Seaton - 413 Grange Road, Seaton, SA 5023

Wednesdays (Monthly)

14/1, 11/2, 11/3, 8/4, 6/5, 3/6, 1/7, 5/8, 2/9, 21/10, 18/11, 16/12

South

1:30 - 3:00pm

Noarlunga GP Plus - 20 Alexander Kelly Drive, Noarlunga, SA 5168

Wednesdays (Monthly)

21/1, 18/2, 18/3, 29/4, 27/5, 24/6, 22/7, 19/8, 16/9, 14/10, 11/11, 9/12

North-East

1:30 - 3:00pm

City of Tea Tree Gully Civic Centre - 571 Montague Road, Modbury, SA, 5092

Fridays (Monthly)

13/2, 13/3, 10/4, 8/5, 5/6, 3/7, 31/7, 28/8, 25/9, 23/10, 20/11, 18/12

North

1:30 - 3:00pm

Bagster Road Community Centre - 17 Bagster Road, Salisbury North, SA 5108

Thursdays (Monthly)

/22/01, 19/2, 19/3, 9/4, 7/5, 4/6, 2/7, 13/8, 10/9, 22/10, 19/11, 17/12

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Centacare Catholic Family Services

www.centacare.org.au

www.pacesupport.org.au



Centacare



PACE Support 2015

Buried In Treasures

North-East

9:30 - 12:00pm

City of Tea Tree Gully Civic Centre - 571 Montague Road, Modbury, SA, 5092

Fridays (15 Sessions)

16/1, 23/1, 30/1, 6/2, 20/2, 27/2, 6/3, 13/3, 20/3, 27/3, 10/4, 1/5, 8/5, 15/5, 29/5

South

9:30 - 12:00pm

Noarlunga GP Plus - 20 Alexander Kelly Drive, Noarlunga, SA 5168

Wednesdays (15 Sessions)

13/5, 20/5, 27/5, 3/6, 17/6, 24/6, 1/7, 22/7, 5/8, 12/8, 19/8, 26/8, 2/9, 9/9, 23/9

West

9:30 - 12:00pm

Centacare Seaton - 413 Grange Road, Seaton, SA 5023

Fridays (15 Sessions)

7/8, 14/8, 21/8, 28/8, 11/9, 18/9, 25/9, 16/10, 30/10, 6/11, 13/11, 20/11, 27/11, 4/12, 18/12

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Centacare Catholic Family Services

www.centacare.org.au

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