

## Pleading Sanity

Pleading Sanity is a support group for lawyers living with mental health challenges in Victoria. A casual, informal group that is independent of any law firms or professional associations.

The group is not chaired by a clinician and it does not provide clinical or counselling services. It is an opportunity to meet with fellow travellers and share your journey.

**“The gift of hope and companionship that people who have walked a similar path can give each other”**

*-Rachel Perkins OBE*

There is no cost to attending meetings. The meetings are held in the CBD, for dates and more information please e-mail [pleadingsanityvictoria@gmail.com](mailto:pleadingsanityvictoria@gmail.com)

If it is your first time coming to a meeting, we can put you in contact with a group member to meet for a coffee first, to discuss the group and address your expectations.

